

Endoscopic Ultrasonography



 **PRESBYTERIAN**

IMPORTANT!

Please read these instructions one week prior to your procedure

It will take you several days to prepare for this test. You may also need to stop taking certain medications up to a week in advance. Please read these instructions well in advance of your procedure date. We recommend that you post these instructions in a visible location at home to remind you of the various steps you will need to take.

You will need to take the day off from work.

You will need someone to drive you home after your procedure. You cannot drive yourself home because you will be receiving sedation medication.

We require that you contact us at least 72-hours before your scheduled test if you wish to cancel your test.

**Presbyterian Medical Group
Gastroenterology**

(505) 224-7000

Patient responsibility

- If there are any changes with your insurance(s), please notify our office prior to your procedure date.
- After your procedure is scheduled, you may receive a call from the Presbyterian Registration department to verify your information and insurance coverage. You may call the department with registration questions at **559-1009**.
- If you need financial assistance with the cost of the procedure, or if you have financial or billing questions, please call 923-6600.
- If your insurance requires a referral, it must be current at the time of your procedure, or you may be liable for payment.
- Remember to bring your insurance card(s) with you the day of your procedure.

If you are taking blood thinners

- Five days prior to your procedure, stop any Coumadin (warfarin), Plavix (clopidogrel), Persantine (dipyridamole), or Ticlid (ticlopidine).
- Three days prior to your procedure, stop any Xarelto (rivaroxaban) or Pradaxa (dabigatran etexilate).
- Two days prior to your procedure, stop Eliquis (apixaban) use. Do not discontinue these medications without instructions from your cardiologist, prescribing physician or Coumadin clinic. Contact the prescribing physician for instructions. If your physician does not want you to stop these medications, please notify our office at 224-7000.

DO NOT take the following medications:

- **Alka Seltzer, Pepto Bismol, Iron supplements**

The night before

- Do not eat or drink after midnight.
- If you develop a cold, fever, cough, sore throat or chest pain before your appointment, please notify our office.

On the day of your procedure

- Diabetic medications: **DO NOT** take your morning dose the day of the procedure. If you have complicated diabetes, you may want to contact your primary care doctor for instructions.
- By 6 a.m. the day of your procedure, please take your blood pressure, cardiac and seizure medications.
- Bring inhalers, reading glasses, and hearing aids if you use them.
- Remove all jewelry and leave valuables at home.

Upper Endoscopic Gastrointestinal Ultrasonography

What you should know:

- Upper gastrointestinal (gas-tro-in-TES-ti-nal) endoscopic (EN-do-skop-ik) ultrasound (UL-trah-sownd) is a procedure to check the different parts of the upper gastrointestinal tract (GIT). The upper GIT includes the esophagus (food pipe), stomach, and duodenum (first part of the small intestine). Upper GI endoscopic ultrasound is used to help diagnose and treat diseases that affect the upper GIT. These may include tumors, bleeding, polyps (growths), or diverticuli (pouches in the intestinal wall). This procedure may also examine structures close to the GIT, such as the pancreas, bile ducts, and lymph nodes.
- With upper GI endoscopic ultrasound, caregivers use an echoendoscope to help see the GIT. An echoendoscope is a thin and flexible (bendable) metal tube with a small transducer (sensor) on its tip. This transducer works using a water-filled balloon which produces an ultrasound (high energy sound waves). As the sensor touches a certain upper GI part, pictures are seen on a TV-like screen. Some echoendoscopes have a tiny camera to give caregivers a clearer view of the organ while watching the images on a monitor. With upper GI endoscopic ultrasound, conditions of the GIT may be diagnosed, and treatment given as soon as possible.

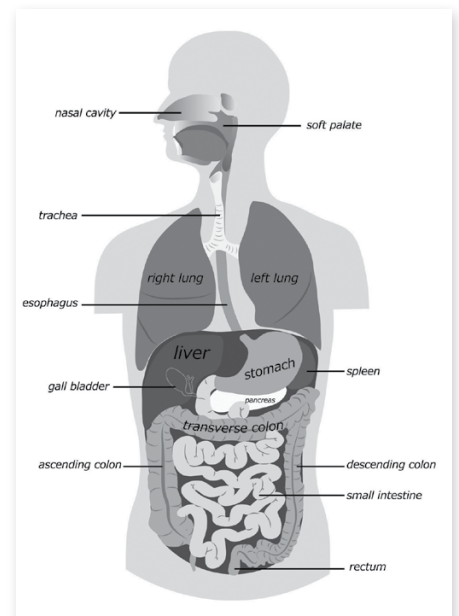
Risks:

- Upper GI endoscopic ultrasound is a safe procedure but may also cause unpleasant side effects. You may have bleeding, an abnormal heartbeat, high blood pressure, or trouble breathing. Your esophagus, stomach, or duodenum may get perforated (torn) due to increased pressure while the scope is passing through. Following your caregiver's advice during and after the procedure may decrease your chance of having any problems.
- Without this procedure, your disease may not be diagnosed and proper treatment may not be given. The signs and symptoms you have may continue and worsen. You may have problems eating, digesting food, or moving your bowel that may lead to other serious medical problems. Ask your caregiver if you are worried or have questions about your procedure, medicine, or care.

Call our office at 224-7000 if you have the following symptoms after your

procedure:

- Nausea
- Vomiting
- Fever
- Chills
- Bleeding
- Abdominal pain



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