

Group HMO Gold 3 w/Gym Off

Coverage for: Individual or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-356-2219 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-356-2219 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$3,500 /Individual / \$7,000 /Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, Behavioral Health services, any benefit where there is no charge, Covid-19 screening, testing, treatment, vaccines, boosters and any service that has a copayment.	This <u>plan</u> covers some items & services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5500 Individual / \$11000 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out of pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See Docs. Individual and Family or Group HMO/POS Network at https://www2.phs.org/providers/?insurance_plans=individual-and-family-or-group-hmopos or call 1-800-923-6980 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out of network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	<u>Specialist</u> visit	\$90 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	There is zero cost sharing for any telehealth service Copayment does not include Medical Drugs which have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, of medical treatment. Prior authorization is not require for gynecological or obstetrical ultrasounds.	
	Preventive care/screening/immunization	No charge <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for. There is zero cost sharing for any telehealth service. No charge for anything related to COVID-19 screening, testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	<u>Diagnostic test</u> (x-ray, blood work)	No charge <u>deductible</u> does not apply.	Not covered	Drier Authorization may be required or her effective	
	Imaging (CT/PET scans, MRIs)	\$750 <u>copayment</u> /test <u>deductible</u> does not apply.	Not covered	Prior Authorization may be required or benefits may be denied.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://client.formul arynavigator.com/ Search.aspx?siteCode=0324498195	Preferred Generic Drugs (Tier 1)	No charge (retail) per 30-day supply deductible does not apply / No charge (mail order) deductible does not apply	No charge (retail) per 30-day supply deductible does not apply / Mail Order benefits administered by OptumRx Home Delivery		
	Non-Preferred Generic Drugs (Tier 2)	\$20 copayment (retail) per 30-day supply deductible does not apply / \$30 copayment (mail order) deductible does not apply	\$20 copayment (retail) per 30-day supply deductible does not apply / Mail Order benefits administered by OptumRx Home Delivery	Max 90-day supply at retail. Tier 4 Self-Administered specialty limited to 30-day supply and Not covered at Mail. Preferred insulin or medically necessary alternative will not exceed \$25 copayment per 30-day	
	Preferred Brand Drugs (Tier 3)	\$75 copayment (retail) per 30-day supply deductible does not apply / \$150 copayment (mail order) deductible does not apply	\$75 copayment (retail) per 30-day supply deductible does not apply / Mail Order benefits administered by OptumRx Home Delivery apply	supply, after deductible has been met. Prior authorization may be required. Pharmacy Transactions where Manufacturer discount or Copay assistance cards are used will not count towards Deductible or Out of Pocket. Refer to the formulary for a complete listing and coverage details.	
	Non-preferred drugs (Tier 4)	\$150 copayment (retail) 30-day supply deductible does not apply / \$375 copayment (mail order) deductible does not apply	\$150 copayment (retail) 30-day supply deductible does not apply / Mail Order benefits administered by OptumRx Home Delivery	Prior authorization may be required.	
	Self-Administered Specialty (Tier 5)	20% coinsurance (retail) after deductible is met - Limited to 30-day supply maximum / Not covered (mail order)	Not Covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Emergency room care	\$500 copayment/visit deductible does not apply	\$500 copayment/visit deductible does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	Emergency medical transportation	\$250 copayment/ground 20% coinsurance/Air Ambulance after deductible is met	\$250 copayment/ground 20% coinsurance/Air Ambulance after deductible is met	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	<u>Urgent care</u>	\$30 <u>copayment</u> /visit <u>deductible</u> does not apply	\$30 <u>copayment</u> /visit <u>deductible</u> does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
If you have a hospital	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
stay	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge deductible does not apply	Not covered	There is no cost-sharing for behavioral health services or drugs. Acute Medical Detoxification Benefits are Covered for no less than 30 outpatient visits for alcohol dependency treatment.	
	Inpatient services	No charge <u>deductible</u> does not apply	Not covered	There is no cost-sharing for behavioral health services or drugs. Acute Medical Detoxification Benefits are Covered and will cover no less than 30 days in an alcohol dependency treatment center	
If you are pregnant	Office visits	\$300 <u>copayment</u> per pregnancy <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery professional services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u> after <u>deductible</u> is met	Not Covered	Coverage is limited to 100 days/plan year. Prior authorization may be required or benefits may be denied.	
	Rehabilitation services	\$30 <u>copayment</u> /visit <u>deductible</u> does not apply	Not Covered	Prior authorization may be required or benefits may be denied.	
	Habilitation services	\$30 <u>copayment</u> /visit <u>deductible</u> does not apply	Not Covered		
	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u> is met	Not Covered	Coverage is limited to 60 days/plan year. Prior authorization may be required or benefits may be denied.	
	Durable medical equipment	45% <u>coinsurance</u> after <u>deductible</u> is met	Not Covered	Prior authorization may be required or benefits may be denied.	
	Hospice services	\$200 <u>copayment</u> /day <u>deductible</u> does not apply	Not Covered	Prior authorization may be required or benefits may be denied.	
If your child needs dental or eye care	Children's eye exam	No Charge deductible does not apply	\$55.00 copayment deductible does not apply	One eye refraction exam associated with post cataract surgery or keratoconus correction per year is covered additional charges may apply.	
	Children's glasses	No charge <u>deductible</u> does not apply	\$40.00 copayment deductible does not apply	Eyeglasses and contact lenses within 12 months following cataract surgery, correction of keratoconus or when related to Genetic Inborn Errors of Metabolism is limited to once a year; additional charges may apply. Prior authorization may be required or benefits may be denied.	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)

- Long-Term Care
- Non-Emergency Care When Traveling Outside the U.S.
- Private-Duty Nursing
- Routine Foot Care * Only covered when medically necessary for diabetes. See GSA for details.

Dental check up (Child) - Coverage is available in the Insurance market and can be purchased as a stand-alone product.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion Services (excepted and non-excepted)
- Chiropractic Care (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Routine Eye Care (Adult) limited to one eye exam per year only

- Acupuncture (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Hearing Aids

Weight Loss Programs

Bariatric Surgery

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>appeal</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助,请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Bab (9 months of in-network pre-natal hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductibleSpecialistHospital (Facility)Other	\$3,500 \$90 20% 20%	The plan's overall deductibleSpecialistHospital (Facility)Other	\$3,500 \$90 20% 20%	The plan's overall deductibleSpecialistHospital (Facility)Other	\$3,500 \$90 20% 20%
This EXAMPLE event includes service Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Servic Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and bloo</i> Specialist visit (<i>anesthesia</i>)	es d work)	This EXAMPLE event includes service Primary care physician office visits (in disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose in the context of the	cluding meter)	This EXAMPLE event includes service Emergency room care (including me supplies) Diagnostic test (x-ray) Durable medical equipment (crutche Rehabilitation services (physical their	dical s) rapy)
Total Example Cost	\$12,700.00	Total Example Cost	\$5,600.00	Total Example Cost	\$2,800.00
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,500.00	Deductibles	\$800.00	Deductibles	\$300.00
Copayments	\$300.00	Copayments	\$900.00	Copayments	\$1,200.00
Coinsurance	\$1,000.00	Coinsurance	\$0.00	Coinsurance	\$0.00
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60.00	Limits or exclusions	\$20.00	Limits or exclusions	\$0.00
The total Peg would pay is	\$4,860.00	The total Joe would pay is	\$1,720.00	The total Mia would pay is	\$1,500.00

The **plan** would be responsible for the other costs of these EXAMPLE covered services.