Ind HMO Gold 1 with GYM On

Coverage for: Individual or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-923-7528 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-855-923-7528 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 /Individual / \$0 /Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, Behavioral Health services, any benefit where there is no charge, Covid-19 screening, testing, treatment, vaccines, boosters and any service that has a copayment.	This <u>plan</u> covers some items & services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,950 Individual / \$13,900 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out of pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See Individual Select HMO Network at https://www2.phs.org/providers/?insurance_plans=individual-select-hmo or call 1-800-923-6980 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out of network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All $\underline{\text{copayment}}$ and $\underline{\text{coinsurance}}$ costs shown in this chart are after your $\underline{\text{deductible}}$ has been met, if a $\underline{\text{deductible}}$ applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$50 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	<u>Specialist</u> visit	\$90 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Preventive care/screening/immunization	No charge <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. There is zero cost sharing for any telehealth service. No charge for anything related to COVID-19 screening, testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
If you have a test	Diagnostic test (x-ray, blood work)	\$100 copayment x-ray / \$20 copayment /visit for blood work deductible does not apply	Not covered	Prior Authorization may be required or benefits may be denied.	
	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u> after <u>deductible</u> has been met	Not covered	De dellied.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Preferred Generic Drugs (Tier 1)	No charge (retail) per 30-day supply deductible does not apply / No charge (mail order) deductible does not apply	No charge (retail) per 30-day supply deductible does not apply / No charge (mail order) deductible does not apply		
If you need drugs to treat your illness or condition	Non-Preferred Generic Drugs (Tier 2)	\$15 copayment (retail) per 30-day supply deductible does not apply / \$45 copayment (mail order) deductible does not apply	\$15 copayment (retail) per 30-day supply deductible does not apply / \$45 copayment (mail order) deductible does not apply	Max 90-day supply at retail. Tier 4 Self-Administered specialty limited to 30-day supply and Not covered at Mail. Preferred insulin or medically necessary	
More information about prescription drug coverage is available at https://client.formul arynavigator.com/Search.aspx?siteCode=0324498195	Preferred Brand Drugs (Tier 3)	\$50 copayment (retail) per 30-day supply deductible does not apply / \$150 copayment (mail order) deductible does not apply	\$50 copayment (retail) per 30-day supply deductible does not apply / \$150 copayment (mail order) deductible does not apply	alternative will not exceed \$25 copayment per 30-da supply. Prior authorization may be required or benef may be denied Pharmacy Transactions where Manufacturer discount or Copay assistance cards ar used will not count towards Deductible or Out of Pocket.	
	Non-preferred drugs (Tier 4)	\$125 copayment (retail) per 30-day supply deductible does not apply / \$375 copayment (mail order) deductible does not apply	\$125 copayment (retail) per 30-day supply deductible does not apply / \$375 copayment (mail order) deductible does not apply	Refer to the formulary for a complete listing and coverage details.	
	Self-Administered Specialty (Tier 5)	50% coinsurance (retail) deductible applies - Limited to 30-day supply maximum / Not covered (mail order)	Not covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
surgery	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Emergency room care	\$750 copayment/visit deductible does not apply	\$750 <u>copayment</u> /visit <u>deductible</u> does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care. There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge.	
If you need immediate medical attention	Emergency medical transportation	30% <u>coinsurance</u> after <u>deductible</u> is met	30% coinsurance after deductible is met	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	<u>Urgent care</u>	\$50 <u>copayment</u> /visit <u>deductible</u> does not apply	\$50 <u>copayment</u> /visit <u>deductible</u> does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care. There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge.	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
stay	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior Authorization may be required or benefits may be denied.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge <u>deductible</u> does not apply	Not covered	There is no cost-sharing for behavioral health services or drugs. Acute Medical Detoxification Benefits are Covered for no less than 30 outpatient visits for alcohol dependency treatment.	
	Inpatient services	No charge <u>deductible</u> does not apply	Not covered	There is no cost-sharing for behavioral health services or drugs. Acute Medical Detoxification Benefits are Covered and will cover no less than 30 days in an alcohol dependency treatment center	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you are pregnant	Office visits	\$300 <u>copayment</u> per pregnancy <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery professional services	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery facility services	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	
If you need help recovering or have other special health needs	Home health care	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Coverage is limited to 100 days/calendar year. Prior authorization may be required or benefits may be denied.	
	Rehabilitation services	\$50 <u>copayment</u> <u>deductible</u> does not apply	Not covered	Prior authorization may be required or benefits may be denied.	
	Habilitation services	\$50 <u>copayment</u> <u>deductible</u> does not apply	Not covered		
	Skilled nursing care	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Coverage is limited to 60 days/plan year. Prior authorization may be required or benefits may be denied.	
	Durable medical equipment	50% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
	Hospice services	30% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)		
If your child needs dental or eye care	Children's eye exam	No charge deductible does not apply	\$55 <u>copayment</u> <u>deductible</u> does not apply	One eye refraction exam associated with post cataract surgery or keratoconus correction per year is covered, additional charges may apply.	
	Children's glasses	No charge <u>deductible</u> does not apply	\$40 <u>copayment</u> <u>deductible</u> does not apply	Eyeglasses and contact lenses within 12 months following cataract surgery or for the correction of keratoconus or hen related to Genetic Inborn Errors of Metabolism, is limited to once a year, additional charges may apply.	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Cosmetic Surgery

Long-Term Care

Private-Duty Nursing

Dental Care (Adult)

- Non-Emergency Care When Traveling Outside the U.S.
- Routine Foot Care * Only covered when medically necessary for diabetes. See GSA for details.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion Services (excepted and non-excepted)
- Chiropractic Care (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Routine Eye Care (Adult) limited to one eye exam per year only

- Acupuncture (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Hearing Aids

Weight Loss Programs

Bariatric Surgery

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>appeal</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219. 如果需要中文的帮助,请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0
Specialist	\$90	Specialist	\$90	Specialist	\$90
Hospital (Facility)	30%	Hospital (Facility)	30%	Hospital (Facility)	30%
Other	30%	Other	30%	Other	30%
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia) Total Example Cost \$12,700.00 In this example, Peg would pay:		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) Total Example Cost \$5,600.00 In this example, Joe would pay:		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) Total Example Cost \$2,800.00 In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0.00	Deductibles	\$0.00	Deductibles	\$0.00
Copayments	\$800.00	Copayments	\$1,100.00	Copayments	\$900.00
Coinsurance	\$2,500.00	Coinsurance	\$400.00	Coinsurance	\$400.00
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60.00	Limits or exclusions	\$20.00	Limits or exclusions	\$0.00
The total Peg would pay is	\$3,360.00	The total Joe would pay is	\$1,520.00	The total Mia would pay is	\$1,300.00

The **plan** would be responsible for the other costs of these EXAMPLE covered services.