City of Albuquerque Independent

Coverage for: Individual or Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-261-7737 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-855-261-7737 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: \$175/Individual / \$350/Family Out-of-Network: \$500/Individual / \$1,000/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, Covid-19 screening, testing, treatment, vaccines/boosters & any service that have a copayment are covered before you meet your deductible.	This <u>plan</u> covers some items & services even if you haven't met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,350 Individual / \$12,700 Family Out-of-Network \$12,700 Individual/ \$25,400 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits.	Even though you pay these expenses, they don't count toward the out of pocket limit. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your out-of-pocket maximums.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.phs.org or call 1-855-261-7737 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$40 <u>copayment</u> /visit only - <u>deductible</u> does not apply - all other services <u>deductible</u> applies	40% <u>coinsurance</u> <u>deductible</u> applies	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	<u>Specialist</u> visit	\$55 <u>copayment</u> /visit only - <u>deductible</u> does not apply - all other services <u>deductible</u> applies	40% <u>coinsurance</u> <u>deductible</u> applies	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Preventive care/screening/immunization	No charge deductible does not apply	40% coinsurance deductible applies	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge deductible does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization must be obtained for services from	
	Imaging (CT/PET scans, MRIs)	PET/MRI: \$125 copayment/test; CT: \$75 copayment/test - deductible applies	40% <u>coinsurance</u> <u>deductible</u> applies	a non-participating provider, otherwise, member will be responsible for a 40% deductible.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at phs.org/formsanddocuments	Generic drugs (Tier 1)	\$10 <u>copayment</u> (retail) \$20 <u>copayment</u> (mail order)	Not covered		
	Preferred brand drugs (Tier 2)	\$35 <u>copayment</u> (retail) \$87.50 <u>copayment</u> (mail order)	Not covered	**Administered by Express Scripts - contact at 1-877-	
	Non-preferred drugs (Tier 3)	\$55 <u>copayment</u> (retail) \$165 <u>copayment</u> (mail order)	Not covered	860-9256.**	
	Self-Administered Specialty (Tier 4)	20% up to a maximum of \$400 per prescription (retail)/ Not available (mail order)	Not covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance up to a maximum of \$500 copayment/visit after deductible is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
	Physician/surgeon fees	Included in facility fee deductible does not apply	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% after deductible is met.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need immediate medical attention	Emergency room care	\$200 <u>copayment</u> /visit <u>deductible</u> applies	\$200 <u>copayment</u> /visit <u>deductible</u> applies	In-network: copayment waived if admitted into hospital, then hospital copayment and deductible will apply. No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	Emergency medical transportation	\$50 copayment ground; \$100 copayment air - deductible applies; No charge ground inter- facility deductible does not apply	\$50 copayment ground; \$100 copayment air - deductible applies; No charge ground inter- facility deductible does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	<u>Urgent care</u>	\$45 <u>copayment</u> /visit <u>deductible</u> applies	\$45 <u>copayment</u> /visit <u>deductible</u> applies	Deductible does not apply for lab and x-ray. No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care. There is zero cost sharing for any telehealth service.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 <u>copayment</u> /admission <u>deductible</u> applies	40% coinsurance deductible applies	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% deductible.	
	Physician/surgeon fees	Included in facility fee deductible does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% <u>deductible</u> .	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$40 <u>copayment</u> /visit <u>deductible</u> does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	None	
	Inpatient services	\$500 <u>copayment</u> /admission <u>deductible</u> applies	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% deductible.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you are pregnant	Office visits		40% <u>coinsurance</u> <u>deductible</u> applies	Depending on the type of services, a copayment, coinsurance, or deductible may apply. Cost sharing does not apply for preventive services. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery professional services	No charge deductible does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery facility services		40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization is not required for gynecological or obstetrical ultrasounds.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need help recovering or have other special health needs	Home health care	No charge deductible does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% deductible and 15% penalty.	
	Rehabilitation services	Inpatient: \$500 copayment/admission; Outpatient: \$40 copayment/visit - deductible does not apply	40% coinsurance deductible applies	Coverage is limited up to 24 visits combined/plan year; combined in- and out-of-network. Prior authorization may be required or benefits may be denied.	
	<u>Habilitation services</u>	Inpatient: \$500 copayment/admission; Outpatient: \$40 copayment/visit deductible does not apply	40% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization may be required or benefits may be denied.	
	Skilled nursing care	\$500 <u>copayment</u> /admission <u>deductible</u> applies	40% coinsurance deductible applies	Coverage is limited up to 60 days/plan year. Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% deductible.	
	Durable medical equipment	50% <u>coinsurance</u> <u>deductible</u> applies	50% <u>coinsurance</u> <u>deductible</u> applies	Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 50% deductible.	
	Hospice services	\$500 <u>copayment</u> /admission <u>deductible</u> applies	40% <u>coinsurance</u> <u>deductible</u> applies	Waived if transferred directly from an inpatient hospital, rehabilitation, or skilled nursing facility. Prior authorization must be obtained for services from a non-participating provider, otherwise, member will be responsible for a 40% deductible.	
If your child needs dental or eye care	Children's eye exam	Included in office visit copayment - deductible does not apply	40% coinsurance deductible applies	Coverage is limited to refraction eye exam associated with post cataract surgery or Keratoconus correction.	
	Children's glasses	50% <u>coinsurance</u> <u>deductible</u> applies	50% <u>coinsurance</u> <u>deductible</u> applies	Coverage is limited to eyeglasses/contact lenses within 12 months following cataract surgery, correction of Keratoconus or when related to Genetic Inborn Errors of Metabolism. Prior authorization may be required or benefits may be denied.	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)
- Dental check-up (Child)

- Long-Term Care
- Non-Emergency Care When Traveling Outside the U.S.
- Private-Duty Nursing

- Routine Eye Care (Adult)
- Routine Foot Care * Only covered when medically necessary for diabetes. See SPD for details.
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (20 visits per Contract Year unless for Rehabilitative or Habilitative Svc)
- Chiropractic Care (20 visits per Contract Year unless for Rehabilitative or Habilitative Svc)
- Infertility Treatment

Bariatric Surgery

Hearing Aids

Your Rights to Continue Coverage: If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a <u>premium</u>, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-356-2219. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>appeal</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-855-261-7737.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-261-7737.

如果需要中文的帮助,请拨打这个号码 1-855-261-7737.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-261-7737.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal on hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge	The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge	The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$175	Deductibles	\$0	Deductibles	\$175
Copayments	\$800	Copayments	\$3,700	Copayments	\$600
Coinsurance	Coinsurance \$0		\$0	Coinsurance	\$100
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$800	Limits or exclusions	\$0
The total Peg would pay is	\$975	The total Joe would pay is	\$4,500	The total Mia would pay is	\$875

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.