City of Albuquerque My Care Family

Coverage for: Individual or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-261-7737 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-855-261-7737 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$175 Individual / \$350 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, COVID- 19 screening, testing, treatment & vaccines/boosters & any service that have a copayment are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,350 Individual / \$12,700 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits.	Even though you pay these expenses, they don't count toward the out of pocket limit. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your out-of-pocket maximums.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.phs.org or call 1-855-261-7737 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>).
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



All $\underline{\text{copayment}}$ and $\underline{\text{coinsurance}}$ costs shown in this chart are after your $\underline{\text{deductible}}$ has been met, if a $\underline{\text{deductible}}$ applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Adult/Child: \$40/\$10 copayment/visit only deductible does not apply - all other services deductible applies	Not covered	There is zero cost sharing for any telehealth service. does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Specialist visit	Adult/Child: \$55/\$40 copayment/visit only deductible does not apply - all other services deductible applies	Not covered	There is zero cost sharing for any telehealth service. does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Preventive care/screening/immunization	No charge <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for. No charge for anything related to COVID-19 screening, testing, vaccines/boosters, or medical treatment.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge deductible does not apply	Not covered		
	Imaging (CT/PET scans, MRIs)	Adult/Child: PET/MRI: \$200/\$100 copayment /test; CT: \$125/ \$75 copayment /test deductible applies	Not covered	Prior authorization may be required or benefits may be denied.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at phs.org/formsanddocuments	Generic drugs (Tier 1)	\$10 <u>copayment</u> (retail) \$20 <u>copayment</u> (mail order)	Not covered		
	Preferred brand drugs (Tier 2)	\$30 <u>copayment</u> (retail) \$75 <u>copayment</u> (mail order)	Not covered	**Administered by Express Scripts - contact at 1-877-	
	Non-preferred drugs (Tier 3)	\$50 <u>copayment</u> (retail) \$150 <u>copayment</u> (mail order)	Not covered	860-9256.**	
	Self-Administered Specialty (Tier 4)	20% up to a maximum of \$400 per prescription (retail)/ Not available (mail order)	Not covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance up to \$500/visit-Adult and \$200/visit-Child after deductible is met	Not covered	Prior Authorization may be required or benefits may be denied.	
	Physician/surgeon fees	Included in facility fee deductible does not apply	Not covered	Prior Authorization may be required or benefits may be denied.	

Common	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Emergency room care	\$200 copayment/visit deductible applies	\$200 copayment/visit deductible applies	Waived if admitted into a hospital, then hospital copay applies. No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
If you need immediate medical attention	Emergency medical transportation	\$50 copayment /occurrence ground; \$100 copayment /occurrence air deductible applies; No charge inter-facility deductible does not apply	\$50 copayment /occurrence ground; \$100 copayment /occurrence air deductible applies; No charge inter-facility deductible does not apply	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.	
	<u>Urgent care</u>	Adult/Child: \$40/\$10 copayment/visit deductible applies	Adult/Child: \$40/\$10 copayment/visit deductible applies	Lab and X-ray <u>deductible</u> does not apply. No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care. There is zero cost sharing for any telehealth service.	
If you have a hospital	Facility fee (e.g., hospital room)	Adult/Child: \$500/\$350 copayment/admission deductible applies	Not covered	Prior Authorization may be required or benefits may be denied.	
stay	Physician/surgeon fees	Included in facility fee deductible does not apply	Not covered	Prior Authorization may be required or benefits may be denied.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Adult/Child: \$40/\$10 copayment /visit deductible does not apply	Not covered	None	
	Inpatient services	Adult/Child: \$500/\$350 copayment /admission deductible applies	Not covered	Prior authorization may be required or benefits may be denied.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Office visits	\$40 <u>copayment</u> /visit up to \$300/pregnancy <u>deductible</u> does not apply	Not covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Cost sharing does not apply for preventive services. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
If you are pregnant	Childbirth/delivery professional services	No charge deductible does not apply	Not Covered	Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery facility services	\$500 <u>copayment</u> /admission <u>deductible</u> does not apply	Not covered	Prior authorization may be required or benefits may be denied. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Home health care	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.	
If you need help recovering or have other special health needs	Rehabilitation services	Adult/Child: Inpt: \$500/\$350 copayment /admission deductible applies Outpt: \$40/\$10 copayment/visit deductible does not apply	Not covered	Coverage is limited up to 24 visits/plan year; combined. Prior authorization may be required or benefits may be denied.	
	Habilitation services	Adult/Child: Inpt: \$500/\$350 copayment /admission deductible applies Outpt: \$40/\$10 copayment/visit deductible does not apply	Not covered	None	
	Skilled nursing care	Adult/Child: \$500/\$350 copayment/admission deductible applies	Not covered	Coverage is limited up to 60 days/ <u>plan</u> year. Prior authorization may be required or benefits may be denied.	
	Durable medical equipment	50% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Prior authorization may be required or benefits may be denied.	
	Hospice services	Adult/Child: \$500/\$350 copayment/admission deductible applies	Not covered	Prior authorization may be required or benefits may be denied. Waived if transferred directly from an inpatient facility.	

Common Medical Event	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	Included in office visit copayment deductible does not apply	Not covered	Coverage is limited to refraction eye exam associated with post cataract surgery or Keratoconus correction.
	Children's glasses	50% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Coverage is limited to eyeglasses/contact lenses within 12 months following cataract surgery, correction of Keratoconus or when related to Genetic Inborn Errors of Metabolism. Prior authorization may be required or benefits may be denied.
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Cosmetic Surgery

Long-Term Care

Routine Eve Care (Adult)

Dental Care (Adult)

- Non-Emergency Care When Traveling Outside the U.S.
- Routine Foot Care * Only covered when medically necessary for diabetes. See SPD for details.

Dental check-up (Child)

Private-Duty Nursing

Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (20 visits per Contract Year unless for Rehabilitative or Habilitative Svc)
- Chiropractic Care (20 visits per Contract Year unless for Rehabilitative or Habilitative Svc)
- Infertility Treatment

Bariatric Surgery

Hearing Aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>appeal</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-855-261-7737.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-261-7737. 如果需要中文的帮助,请拨打这个号码 1-855-261-7737.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-261-7737. Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal can hospital delivery)	are and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge	The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge	The plan's overall deductibleSpecialistHospital (Facility)Other	\$175 \$55 \$500 No Charge
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$175	Deductibles	\$0	Deductibles	\$175
Copayments	\$800	Copayments	\$3,700	Copayments	\$600
Coinsurance \$0		Coinsurance	\$0	Coinsurance	\$100
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$800	Limits or exclusions	\$0
The total Peg would pay is	\$975	The total Joe would pay is	\$4,500	The total Mia would pay is	\$875

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.