



## 2023 SUMMARY OF BENEFITS

**Presbyterian Senior Care (HMO-POS)  
New Mexico Retiree Health Care Authority  
(NMRHCA) Plan I and Plan II**



This is a summary of health and drug services covered by Presbyterian Senior Care (HMO-POS) NMRHCA Plan I and Plan II, January 1, 2023 to December 31, 2023.

### **To enroll in Presbyterian Senior Care (HMO-POS):**

- You must be entitled to Medicare Part A and enrolled in Medicare Part B.
- You must live in New Mexico.

This plan covers services from either in-network or out-of-network providers, as long as the services are covered benefits and are medically necessary. If you choose to receive care from out-of-network providers, there will likely be a higher out-of-pocket cost for you.

### **\$0 copay for these valuable benefits and more!**

- Hearing exam
- Telehealth visits with in-network providers
- Preferred generic drugs
- PresRN nurse advice line
- Lab services
- Diagnostic tests
- Foot care
- Diabetic test strips and lancets
- Outpatient mental health visits

# SUMMARY OF BENEFITS

## Presbyterian Senior Care (HMO-POS) NMRHCA

	Plan 1 In-Network You pay	Plan II In-Network You pay	Out-of- Network You pay
<b>Maximum Annual Out-of-Pocket Responsibility</b> <i>(This is the most you pay in a calendar year for covered medical and hospital services. It does not include prescription drugs.)</i>	<b>\$2,500</b>	<b>\$3,000</b>	<b>\$7,500 (combined)</b>
<b>Inpatient Hospital Care*</b> <i>(per admission)</i> <ul style="list-style-type: none"> <li>• Additional Days</li> </ul>	\$125 per day Days 1 - 3 \$0	\$225 per day Days 1 - 5 \$0	Plan I \$750 per admit Plan II \$300 per day Days 1 - 5
<b>Ambulatory Surgery Center / Outpatient Surgery*</b>	\$125	\$275	20%
<b>Doctor Visits</b> <i>(no referral required)</i> <ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Specialists</li> <li>• Telehealth visits (video, telephone or online visits for primary care, specialists and urgent care)</li> </ul>	\$10 \$30 \$0	\$10 \$40 \$0	\$35 \$60 Out-of-network copays apply
<b>Preventive Care and Routine Physicals</b>	\$0	\$0	\$35
<b>Emergency Care</b> <i>(worldwide)</i> <i>(This copay is waived if admitted to the hospital.)</i>	\$65	\$75	Plan I \$65 Plan II \$75
<b>Urgently Needed Services</b>	\$10	\$10	\$65
<b>Diagnostic Services/ Labs/Imaging</b> <ul style="list-style-type: none"> <li>• Lab services</li> <li>• Diagnostic tests and procedures</li> <li>• Outpatient x-rays</li> <li>• Diagnostic radiology service* (such as CT, MRA, MRI, PET scans)</li> </ul>	\$0 \$0 \$0 \$0	\$0 \$0 \$0 \$250	20% 10% 10% 20%

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	Plan 1 In-Network You pay	Plan II In-Network You pay	Out-of- Network You pay
<b>Hearing Services</b> <i>(does not go toward maximum out-of-pocket responsibility)</i> <ul style="list-style-type: none"> <li>Hearing exam</li> <li>Hearing aid <i>(from TruHearing®)</i></li> </ul>	\$0 \$699 - \$999	\$0 \$699 - \$999	\$60 Not covered
<b>Dental Services</b> <ul style="list-style-type: none"> <li>Medicare covered</li> <li>Routine</li> </ul>	\$30 Not covered	\$40 Not covered	\$60 Not covered
<b>Vision Services</b> <ul style="list-style-type: none"> <li>Annual routine exam</li> <li>Diagnosis/treatment of diseases and conditions of eye</li> <li>Eyewear after cataract surgery</li> </ul>	\$0 \$10 \$10	\$0 \$10 10%	\$60 \$60 25%
<b>Mental Health Services</b> <ul style="list-style-type: none"> <li>Inpatient visit*                             <ul style="list-style-type: none"> <li>– Additional days</li> </ul> </li> <li>Outpatient group therapy visit</li> <li>Outpatient individual therapy visit (including virtual)</li> </ul>	\$125 per day Days 1 - 3 \$0	\$225 per day Days 1 - 5 \$0	Plan I \$750 per admit Plan II \$300 per day Days 1 - 5 50% 50%
<b>Skilled Nursing Facility (SNF)*</b> <ul style="list-style-type: none"> <li>Days 1 - 20</li> <li>Days 21 - 100 <i>(Our plan covers up to 100 days in a SNF.)</i></li> </ul>	\$0 per day \$40 per day	\$0 per day \$40 per day	\$0 per day \$60 per day
<b>Rehabilitation Services</b> <ul style="list-style-type: none"> <li>Cardiac and Pulmonary rehab</li> <li>Occupational, Physical, and Speech and Language therapy visits <i>(\$0 for telehealth visits)</i></li> </ul>	\$0 \$10	\$0 \$15	\$35 \$35
<b>Ambulance (ground and air)</b>	\$75	\$150	Plan I - \$75 Plan II - \$150

\* Prior authorization required.

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## Presbyterian Senior Care (HMO-POS) NMRHCA

	Plan 1 In-Network You pay	Plan II In-Network You pay	Out-of- Network You pay
<b>Routine Transportation</b>	Not covered	Not covered	Not covered
<b>Medicare Part B Drugs*</b>			
<ul style="list-style-type: none"> <li>Chemotherapy Drugs and other drugs administered by a medical professional</li> </ul>	\$50	10%	20%
<ul style="list-style-type: none"> <li>Purchased at a retail pharmacy</li> </ul>	\$0	\$0	20%
<p>Effective April 1, 2023: Certain Part B rebatable drugs may be subject to lower coinsurance.</p> <p>Effective July 1, 2023: For insulin given through DME (i.e., insulin pumps), the deductible does not apply, and cost is subject to a coinsurance cap of \$35 for a one-month supply of insulin.</p>			
<b>Foot Care</b> ( <i>podiatry services</i> )			
<ul style="list-style-type: none"> <li>Foot exams and treatment (<i>Medicare covered</i>)</li> </ul>	\$0	\$0	\$60
<b>Medical Equipment/Supplies*</b>			
<ul style="list-style-type: none"> <li>Durable Medical Equipment (<i>e.g., wheelchairs, oxygen, continuous glucose monitors/supplies</i>)</li> </ul>	\$10	10%	25%
<ul style="list-style-type: none"> <li>Prosthetics (<i>e.g., braces, artificial limbs</i>)</li> </ul>	\$10	10%	25%
<b>Wellness Programs</b> ( <i>e.g., fitness</i> )	\$0 SilverSneakers® Fitness Program is included. For participating locations visit <a href="http://www.silversneakers.com">www.silversneakers.com</a>		
<b>Acupuncture</b>			
<ul style="list-style-type: none"> <li>Medicare covered</li> </ul>	\$15	\$15	\$60
<ul style="list-style-type: none"> <li>Routine (<i>limited to 25 visits/year</i>)</li> </ul>	\$15	\$15	\$60
<b>Chiropractic</b>			
<ul style="list-style-type: none"> <li>To correct subluxation</li> </ul>	\$20	\$20	\$60
<ul style="list-style-type: none"> <li>Routine (<i>limited to 25 visits/year</i>)</li> </ul>	\$20	\$20	\$60
<b>Home Health Care*</b>	\$0	\$0	\$0

# SUMMARY OF BENEFITS

## Presbyterian Senior Care (HMO-POS) NMRHCA Plan I Prescription Drug Benefit

**Coverage Starts**      **Catastrophic Coverage**  
**There is no coverage limit and no coverage gap with Plan I.**

Part D Covered Drugs	30-day supply	90-day mail order (preferred)	
<b>Tier 1:</b> Preferred Generic	\$0	\$0	\$4.15 or 5% for generics (whichever is greater)
<b>Tier 2:</b> Non-Preferred Generic	\$10	\$20	
<b>Tier 3:</b> Preferred Brand	\$45	\$112.50	\$10.35 or 5% for brand names (whichever is greater)
<b>Tier 4:</b> Non-Preferred Brand	\$95	\$285	
<b>Tier 5:</b> Specialty Drugs	33% up to \$100	NA	

Catastrophic coverage begins after **your** out-of-pocket costs = \$7,400

## Presbyterian Senior Care (HMO-POS) NMRHCA Plan II Prescription Drug Benefit

**Initial Coverage**      **Coverage Gap "Donut Hole"**      **Catastrophic Coverage**  
 Limit \$4,660; includes what both **you** and **your plan** pay

Part D Covered Drugs	30-day supply	90-day mail order (preferred)	30-day supply	90-day mail order (preferred)	
<b>Tier 1:</b> Preferred Generic	\$0	\$0	25% generic and brand	Refer to Formulary. Tier 1 and 2 drugs noted with "GC" are \$0 or \$10.	Refer to Formulary. Tier 1 and 2 drugs noted with "GC" are \$0 or \$20.
<b>Tier 2:</b> Non-Preferred Generic	\$10	\$20			
<b>Tier 3:</b> Preferred Brand	\$45	\$112.50			
<b>Tier 4:</b> Non-Preferred Brand	\$95	\$285			
<b>Tier 5:</b> Specialty Drugs	27%	NA			

Catastrophic coverage begins after **your** out-of-pocket costs = \$7,400

**For both Plan I and Plan II, your copay will be no more than \$35 for a 30-day supply of covered insulins.**

# SUMMARY OF BENEFITS

Improve Your Fitness with Free SilverSneakers® Memberships

**The SilverSneakers Fitness program is included at no additional cost to you.**

Visit more than 15,000 participating nationwide locations, including Planet Fitness, Anytime Fitness, Defined Fitness, Chuze Fitness, YMCA and more.

- Enroll at multiple locations at any time.
- Reach and maintain a healthy body weight.
- Take fitness classes at convenient venues.
- Expand your circle of friends and enjoy social activities.



For participating locations visit [www.silversneakers.com](http://www.silversneakers.com).



# SUMMARY OF BENEFITS

## Enjoy Better Hearing and Comprehensive Care

Good hearing is important to your overall health. That's why we cover a routine annual hearing exam for no copay.



**TruHearing** Select

### 2023 Hearing Aid Coverage

Your plan covers up to two hearing aids per year (one per ear per year).

TruHearing Advanced	TruHearing Premium	Routine Exam
32 Channels   11 Styles	48 Channels   14 Styles	TruHearing Network Provider
\$699 copay/aid	\$999 copay/aid	\$0 exam copay

### Your Comprehensive Hearing Benefit Includes:

#### State-of-the-Art Technology

- Enjoy natural, lifelike sound in virtually all listening situations.
- Hear speech clearly, even in noisy environments.
- Stream audio and phone calls directly to your ears from most smartphones.



#### Personalized Care

- Guidance and assistance from a TruHearing consultant.
- Local, professional care from an accredited provider in your area.
- A hearing exam plus one year of follow-up visits for fitting and adjustments.

#### Help Along Your Way

- A worry-free purchase with a 60-day trial and three-year warranty.
- 80 free batteries per aid included with non-rechargeable models.
- Guides to help you adapt to your new hearing aids at [TruHearing.com/GetStarted](https://www.truhearing.com/GetStarted).

**Call TruHearing to learn more and schedule an appointment.**

**1-866-202-0110 | TTY 711 | 8 a.m. - 8 p.m., Monday - Friday**

# VALUE-ADDED ITEMS AND SERVICES



## Travel Worldwide and Be Protected with Assist America®

Enjoy the protection of Assist America's global emergency travel assistance services 24 hours a day, 365 days a year, for up to 90 days. This unique program immediately connects you to doctors, hospitals, pharmacies and other services when experiencing a medical emergency while traveling 100 miles or more away from your permanent residence or in another country.

Services include:

- Emergency medical evacuation and repatriation
- Prescription assistance
- Medical monitoring
- Interpreter and legal referrals
- Return of mortal remains
- Free mobile app and much more



For benefit details, visit [www.assistamerica.com](http://www.assistamerica.com) or call 1-800-872-1414.

*These additional services/items are not part of the plan benefit package or the Medicare benefit.*

### Low-Income Subsidy (LIS) and Other Medicare/Medicaid Savings Programs

If you qualify for Low-Income Subsidy (LIS), your prescription drug coverage gap (also known as the donut hole) in your drug coverage is eliminated. You also pay reduced copays for your Part D drugs. Those who qualify for Extra Help may also qualify for Medicare Savings Programs that help pay Part A and/or Part B premiums. Medicaid programs may also lower your copays, depending on the level for which you qualify.

### Find Out If You Qualify for Assistance

Presbyterian offers a personal service that helps you find out if you qualify for these money-saving programs. A trusted partner since 2006, My Advocate®, helps you apply for Extra Help / Low-Income Subsidy and Medicare Savings Programs.

**Call My Advocate® at 1-866-851-0324.**

You also have the option to contact:

- 1-800-Medicare (1-800-633-4227), 24 hours a day, seven days a week (TTY 1-877-486-2048)
- Social Security, 1-800-772-1213 (TTY 1-800-325-0778)
- NM State Human Services Department, 1-888-997-2583 (TTY 1-855-227-5485)



# SUMMARY OF BENEFITS

For more information about Presbyterian Medicare Advantage plans, please call us at the phone numbers below or visit us at [www.phs.org/medicare](http://www.phs.org/medicare).

## **Presbyterian Medicare Sales Consultants**

(505) 923-8458 or 1-800-347-4766 (TTY 711)

Hours: 8 a.m. to 8 p.m., 7 days a week (except holidays) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

## **Presbyterian Customer Service Center (for members)**

(505) 923-6060 or 1-800-797-5343 (TTY 711)

Hours: 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31 and Monday to Friday (except holidays) from April 1 through September 30.

You can see our plan's provider and pharmacy directory if you visit our website at [www.phs.org/medicare](http://www.phs.org/medicare) and select **Providers** at the top of the page.

For coverage and costs of Original Medicare, look in your current **Medicare & You** handbook. View it online at [www.medicare.gov](http://www.medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

To learn how we safeguard your Protected Health Information and your rights, call us at (505) 923-6060 or 1-800-797-5343 (TTY 711) or visit [www.phs.org/medicare](http://www.phs.org/medicare) and select **Privacy Notice** at the bottom of the page.

Out-of-network/non-contracted providers are under no obligation to treat Presbyterian Senior Care (HMO-POS) members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

To get a complete list of services we cover, contact the plan or please refer to the Evidence of Coverage. You may easily download a copy of the Evidence of Coverage from our website, [www.phs.org/medicare](http://www.phs.org/medicare), and select **For Members** at the top of the page. You may also request a copy by calling customer service.

Presbyterian Senior Care (HMO-POS) is a Medicare Advantage plan with a Medicare contract. Enrollment in the plan depends on contract renewal.



# NOTES

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Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expression. If you need language assistance, services are available at no cost. Call (505) 923-5420, 1-855-592-7737 (TTY: 711).

ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jik'eh, éí ná hóló, kójj' hódíłnih (505) 923-5420, 1-855-592-7737 (TTY: 711).

For more information, visit <https://www.phs.org/pages/nondiscrimination.aspx>.

 **PRESBYTERIAN**

## Multi-Language Insert

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-855-592-7737 (TTY: 711). Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-855-592-7737 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Navajo/Diné:** Díí ats'íís dóó azeé' bínda'í díłkidgo, Dinék'ehjí yadałti'iigi ła' bich'í' hadíídzih. Béésh bee hane'é t'áá jíík'e be' hódíílnih 1-855-592-7737 (TTY: 711).

**Chinese Mandarin:** 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-855-592-7737 (TTY: 711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-855-592-7737 (TTY: 711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-855-592-7737 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-855-592-7737 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-855-592-7737 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-855-592-7737 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-855-592-7737 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-855-592-7737 (TTY: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

**Arabic:** إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 711) 1-855-592-7737. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-855-592-7737 (TTY: 711) पर फोन करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-855-592-7737 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-855-592-7737 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-855-592-7737 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-855-592-7737 (TTY: 711). Ta usługa jest bezpłatna.

**Japanese:** 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため、無料の通訳サービスがあります。通訳をご用命になるには、1-855-592-7737 (TTY: 711) にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。