Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-563) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can get the FEHB Plan brochure at <u>www.phs.org</u>, and view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-800-356-2219 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ <b>0</b> /Self Only \$ <b>0</b> /Self Plus One \$ <b>0</b> /Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive Services	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Yes.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,350 person/ \$12,700 family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. <b>For family coverage, see instructions for additional applicable language.</b>
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="www.phs.org">www.phs.org</a> or call 1-855-780-7737 for a list of <a href="metwork providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What Y Network Provider (You will pay the least)	ou Will Pay Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>copayment/</u> visit adult \$0 <u>copayment/</u> visit child	Not covered	No charge for children up to age 26	
If you visit a health care provider's office or clinic	Specialist visit	\$40 <u>copayment</u> /visit adult \$20 <u>copayment/</u> visit child	Not covered	None	
	Preventive care/screening/immunization	No charge	Not covered	None	
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not covered	None	
ii you nave a test	Imaging (CT/PET scans, MRIs)	\$100 copayment/visit	Not covered	Prior authorization may be required.	
	Generic drugs	\$10 copayment/ prescription (retail) \$20 copayment/ prescription (mail order)	Not covered		
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.phs.org/fehb	Preferred brand drugs	\$75 <u>copayment/</u> prescription (retail) \$100 <u>copayment/</u> prescription (mail order)	Not covered	Coverage is limited to a 30-day supply up to the maximum dosing recommended by the manufacturer or FDA maximum recommended dosage (retail); 90-day supply (mail order)	
	Non-preferred brand drugs	\$80 <u>copayment/</u> prescription (retail) \$150 <u>copayment/</u> prescription (mail order)	Not covered		
	Specialty drugs	50% coinsurance prescription up to a maximum of \$400 (retail)	Not covered	Not available (mail order)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 <u>copayment/</u> visit	Not covered	Prior authorization may be required. <u>Deductible</u> will apply.	

	What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	No charge	Not covered	
	Emergency room care	\$150 <u>copayment</u> /visit	\$150 copay/visit	Waived if admitted into a hospital, then hospital copayment applies.
If you need immediate medical attention	Emergency medical transportation	\$50 <u>copayment</u> ground; \$100 <u>copayment</u> air; \$0 interfacility	\$50 copay ground; \$100 copay air; \$0 interfacility	Prior authorization may be required for interfacility services.
	<u>Urgent care</u>	\$40 <u>copayment</u> /visit adult	\$40 copay/visit adult	None
If you have a hospital	Facility fee (e.g., hospital room)	\$100 <u>copayment</u> /day	Not covered	Prior authorization may be required.
stay	Physician/surgeon fees	No charge	Not covered	Deductible will apply. Maximum copayment of \$500 for stays 5 days or longer.
If you need mental health, behavioral	Outpatient services	\$25 <u>copayment</u> /visit adult \$0 <u>copayment/</u> visit child	Not covered	None
health, or substance abuse services	Inpatient services	\$100 copayment/day	Not covered	Prior authorization may be required. Maximum copayment of \$500 for stays 5 days or longer.
	Office visits	\$25 copayment/visit	Not covered	Maximum copayment of \$150 per pregnancy.
If you are pregnant	Childbirth/delivery professional services	\$25 copayment/visit	Not covered	Prior authorization may be required
	Childbirth/delivery facility services	\$100 copayment/visit	Not covered	Prior authorization may be required. Maximum copayment of \$500 for stays 5 days or longer.
	Home health care	No charge	Not covered	Prior authorization may be required
If you need help	Rehabilitation services	\$25 <u>copayment/</u> visit adult \$0 <u>copayment/</u> visit child	Not covered	None
recovering or have other special health needs	Habilitation services	\$25 <u>copayment/visit</u> adult \$0 <u>copayment/visit</u> child	Not covered	None
	Skilled nursing care	\$100 <u>copayment</u> /day	Not covered	Coverage is limited up to 60 days/calendar year. Prior authorization may be required.  Maximum copayment of \$500 for stays 5 days or longer.

			ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Durable medical equipment	30% coinsurance	Not covered	Prior authorization may be required. Hearing aids are covered for school aged children under 21 if still attending high school every 36 months/hearing impaired ear.	
	Hospice services	\$100 copayment/day	Not covered	Prior authorization may be required. Maximum copayment of \$500 for stays 5 days or longer.	
If your child needs	Children's eye exam	\$0 <u>copayment</u> PCP \$20 <u>copayment</u> Specialist	Not covered	Coverage is limited to refraction eye exam.	
dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (adult)
- Long-term Care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

Routine foot care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture
- Weight loss programs

• Chiropractic care

 Hearing aids (for children under 18-21 years of age is still attending high school)

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at [contact number] or visit <a href="www.opm.gov.insure/health">www.opm.gov.insure/health</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 505-923-5678 or visit their website at <u>www.phs.org/fehb</u>.

If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: 505-923-5678 or visit their website at www.phs.org/fehb.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助, 请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u> \$0

Specialist \$40

■ Hospital (facility) \$100

Other
No Cost Sharing

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost \$12,700

In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$800		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$860		

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible

Specialist \$40

■ Hospital (facility) \$100

Other
No Cost Sharing

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

1 1		
Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$500	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$720	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible

Specialist \$40

■ Hospital (facility) \$100

Other
No Cost Sharing

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,410
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In this example, Mia would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$600		
Coinsurance	\$70		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$670		

\$0