

SANTA FE COUNTY IMPACT REPORT 2021



TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian worked with the Santa Fe community to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022. View all reports at www.phs.org/santafe.

This report summarizes the progress to date on the four community-informed priorities below. For questions contact Carrie Thielen at cthielen@phs.org.



A Successful First Year of Northern Roots: Where Families Eat, Learn and Grow

Presbyterian was one of four programs selected by national non-profit **Share Our Strength No Kid Hungry** to increase access to healthy food for families who experience food insecurity.

Presbyterian's **Northern Roots** program provides families with:

- 16 weeks of fresh fruits and vegetables in partnership with **MoGro Mobile Grocery Project**
- Nutrition education and cooking demos with **Cooking with Kids**
- Connections to local food resources and nutrition assistance programs

Partner Spotlight:

Presbyterian provided financial support to **Cooking with Kids** to increase access to nutrition education for youth and families.



4,228 STUDENTS

participated in nutrition education classes in Rio Arriba and Santa Fe counties.

Whether online or in-person, **Cooking with Kids** programs provide fun and positive experiences with healthy foods, bring academic subjects to life and support healthy eating at home!

At-a-Glance

Presbyterian Santa Fe Medical Center opened in 2018 and offers a range of services focused on improving quality, enhancing the patient experience and lowering the total cost of care.

TOTAL COMMUNITY BENEFIT
\$16,429,194



Priority Area 1:
BEHAVIORAL HEALTH



Priority Area 2:
SOCIAL DETERMINANTS OF HEALTH (SDOH)



Priority Area 3:
ACCESS TO CARE



Priority Area 4:
HEALTHY EATING AND ACTIVE LIVING (HEAL)

86 FAMILIES

served through Northern Roots in its first year.

OVER \$70,000

invested in the local community through food purchasing and infrastructure for the Northern Roots program.

"We loved all the fruits and vegetables. The program introduced my daughter to healthier foods. We took some of the seeds from the fruits and veggies and are starting a garden."

*Northern Roots
Program Participant*





Increasing Access to Local, Healthy Food on Santa Fe's Southside

Del Sur Market *Weekly, July – September*

Presbyterian, in partnership with the **Santa Fe Farmers' Market**, hosted the Del Sur Market at Presbyterian Santa Fe Medical Center. The goals of the Del Sur Market included:

- Investing in the local economy
- Increasing access to affordable local food
- Demonstrating the importance of food to overall health and well-being

Presbyterian provided patients and employees with vouchers to shop at the market, offered nutrition education in partnership with **Cooking with Kids**, and purchased local food directly from farmers.

\$16,125 INVESTED

in the local community through the Del Sur Market.

2,225+ COMMUNITY MEMBERS

shopped at the market.



Partner Spotlight:

Local food partnerships played a critical role in responding to the COVID-19 pandemic and its impacts on food insecurity. Many partnerships were forged to increase participation in the Del Sur Market in 2021.

These partnerships culminated in a **Chef Showdown Event** where four teams, each led by a professional chef, competed to showcase a locally-sourced, vegetarian dish prepared in 45 minutes.



Santa Fe Food Policy Council



Addressing the Social Needs of Patients to Support Whole Health

Universal Patient Screening for Social Needs *Launched in 2021*

Access to healthy foods, stable housing, transportation and safe environments is important to one's health. Presbyterian patients are screened at least every six months for:

- Food insecurity
- Personal safety
- Transportation
- Financial instability
- Housing insecurity
- Mental health
- Substance use, including tobacco, alcohol and opioid use

Those who screen positive for any of these needs receive a tailored, vetted list of community resources.

Patient Connection Through Innovation

Presbyterian Santa Fe Medical Center supports an innovative team of a **community health worker and peer support specialist**. This team assists patients in connecting to vital community and Presbyterian resources that meet their individual needs.

- **Peer support specialists** are individuals who have experienced substance use disorder (SUD) in the past and are now in recovery. They work closely with providers to support patients experiencing SUD by assisting them in finding appropriate substance use treatment, harm reduction programs and basic social needs resources.
- **Community health workers** focus on the social aspects of patient care, provide basic health education and serve as a bridge between the healthcare system and their communities.

Partner Spotlight:

Presbyterian provided financial support to the **YouthWorks Social Justice Kitchen** to fund meal delivery services for those facing the greatest need during the COVID-19 pandemic. This included individuals in low-income neighborhoods, rural areas, immigrant and tribal communities, homeless shelters and local hotels.

OVER 30,000

fresh and healthy meals delivered throughout Santa Fe and northern New Mexico.

Presbyterian's partnership with **YouthWorks** enabled the continuation of this intensive food security project that has been invaluable in meeting the community's nutritional needs.