LINCOLN COUNTY IMPACT REPORT 2021



Community Health

TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Lincoln County Medical Center (LCMC) and Presbyterian Community Health worked with the Lincoln County Health Council to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Todd Oberheu at toberheu@phs.org or Meredith Root-Bowman at mrootbowm@phs.org.

At-a-Glance

Lincoln County Medical Center offers a range of services focused on improving quality, enhancing the patient experience and providing care close to home for Lincoln County residents.

> **TOTAL COMMUNITY BENEFIT** \$644,687

Priority Area 1: BEHAVIORAL HEALTH



Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

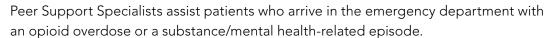
20 school staff, local church members and community members participated in Question, Persuade, Respond (QPR) suicide-prevention training.

550 students, parents and educators were reached about the harmful effects of vaping.

424 students participated in the Signs of Suicide (SOS) program.

45 community members attended a Caregiver Support Group.

Peer Opioid Program Virtual Support:



Peer Support Specialists virtually supported 15 patients in 2021.



Priority Area 2: **SOCIAL DETERMINANTS OF HEALTH**



At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

35,950 pounds of food were distributed to 719 households through the Mescalero Food Pantry.





Priority Area 3: ACCESS TO CARE



Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

13,100 health and wellness guides were mailed to residents.

400 community members participated in the Stepping into a Better You Health Fair.



Priority Area 4: **HEALTHY EATING AND ACTIVE LIVING (HEAL)**

Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.

90 community members participated in the Growing Food as a Family program.



STATEWIDE IMPACT 2021

Vaccination From the Misinformation Virus

A comprehensive media campaign to combat vaccine misinformation.

New Mexico Alliance of Health Councils

An organization that supports and advocates for New Mexico's 42 county and tribal health councils, helping communities to identify and address local health priorities.

National Alliance on Mental Illness New Mexico

Peer-led mental health support groups, education, and advocacy



\$45,000



\$50,000



\$145,000



\$10,000

1,2,3 Eyes on Me New Mexico Appleseed

A pilot program focused on addressing physical and social-emotional needs of New Mexican children during the COVID-19 pandemic.

- 15 events across the state
- 150 federal program sign-ups (SNAP and referrals)
- 8,000 students and 2,500 parents impacted
- 430 COVID vaccines and 300 immunizations given
- 40,000 online interactions
- 120 dental exams and 85 eye exams
- 1,800 50-pound boxes of food and 8,500 meals distributed

^{*}In addition to Community Benefit funding, these programs and initiatives are funded in part by Presbyterian Healthcare Foundation; U.S. Department of Agriculture; New Mexico Early Childhood Education & Care Department and the New Mexico Department of Health.