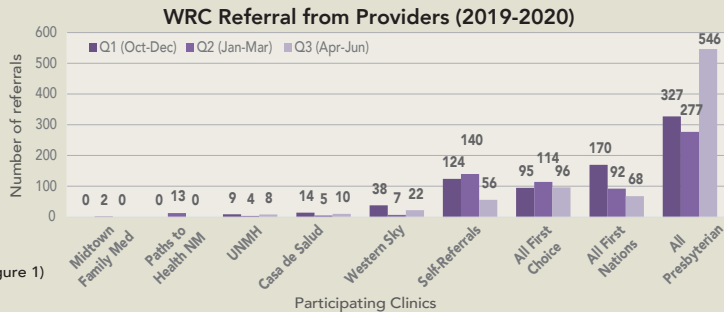
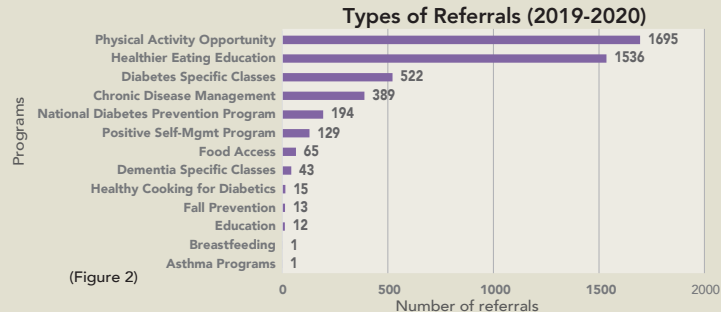


Healthy Here Wellness Referral Center: The Wellness Referral Center (WRC) was developed to connect the healthcare system to community programs by training providers and working with community groups to provide needed programs and resources.



(Figure 1)



(Figure 2)

Note: Percentages do not add to 100 because individuals may have been referred to multiple programs.

RESULTS

Healthy Here initiative aims to increase the number of clinics participating, the number of providers completing referrals (Figure 1), and the number of patients being referred. The number of referrals dropped slightly from Q1 (N=777) to Q2 (N=652), but rebounded in Q3 (N=826). A total of 32 clinics referred patients from October 1st, 2019 through June 30, 2020. Clinics that are part of the Presbyterian Medical Group (17 clinics) referred more than half (51.4%) of the patients, First Choice (5 clinics) and First Nations (2 clinics) each referred about 14%, and self-referrals also comprised about 14% of all referrals. The remaining clinics, Western Sky, Casa de Salud, and UNMH (2 clinics) and others (Paths to Health NM and Midtown Family Medicine) referred the remaining 2% of patients.

Patients were referred to a variety of different prevention programs (Figure 2). Notably, referrals for Food Access increased from 1 in Q1 and Q2 to **64 in Q3**.

A total of 2,257 referrals were made from October 1, 2019 to June 30, 2020

PUBLIC HEALTH CHALLENGE

Healthy Here: Communities Leading Healthy Change will improve health and reduce chronic disease disparities among Hispanic and Native American populations in Bernalillo County with efforts focused on three low-income, high-minority areas: the International District, the South Valley, and the 2nd/4th Street Corridor.

Period Prevalence of Doctor-Diagnosed Chronic Health Conditions, 2013-2018, Bernalillo County and New Mexico

		Overall	Hispanic Population	Native American Population*	White, non-Hispanic Population
Hypertension (2013-2017 odd years)	Bernalillo County	25.5%	27.0%	23.6%	24.1%
	New Mexico	28.0%	28.8%	28.8%	27.2%
Adult Type 2 Diabetes (2016-2018)	Bernalillo County	8.7%	10.8%	18.1%	5.2%
	New Mexico	10.6%	13.1%	21.7%	6.9

Source: Behavioral Risk Factor Surveillance System

Bolded red font = high levels compared to overall state and county levels

With the support of REACH, we've created a path to better community health



The **Healthy Here Wellness Referral Center** started operation January 2016 in New Mexico.

1 Providers create referrals for patients to participate in **Community Classes and Programs**



2 A **WRC** staff member calls the patient to discuss programs the medical provider recommended



3 A **WRC** staff member helps participants set goals and enroll in classes and programs

4 Participants receive a registration letter confirming **Community Classes and Programs**



6 A **WRC** staff member follows-up with participants to track progress and address barriers



How was the cooking class?

5 Participants participate in **Community Classes and Programs**



9 Participants can enroll in a new program



7 A **WRC** staff member follows-up with **Community Classes and Programs** to ensure participation



8 Patients who participate fully are eligible to **win prizes!**



PRESBYTERIAN
Community Health

PRESBYTERIAN
Healthcare Foundation



For more information, please call: **505-455-5332**



Wellness Referral Center Patient Testimonial

"I'm so happy I found out about the Wellness Referral Center and I'm so happy that my blood work has improved and doing great. The reason why my blood work is doing great is because of Wellness Referral Center programs."

Healthy Here resources funded by Presbyterian Foundation, and Presbyterian Community Health include virtual Let's Cook!, Kids Cook!, Running Medicine, Kickboxing, YMCA classes, breastfeeding support, Gentle Yoga, Zumba, Healthy Lifestyle Cooking Classes, and Youth Gardening classes. CDSME, DSMP, Water Aerobics, and other swimming classes are also offered.

Revised 8/25/2020

The **Healthy Here Wellness Referral Center (WRC)** is housed and operated by Adelante Development Center. Presbyterian Healthcare Services Community Health, a founding partner and funder of the WRC, engages and trains participating clinic staff, healthcare providers and members of the Care Team to make referrals using the system.

Made possible with funding from the Centers for Disease Control & Prevention.