

Total Hip Replacement – Anterior Approach Precautions



PRESBYTERIAN

Check with your surgeon regarding the length of time you should follow hip precautions after your surgery.

DO NOT:

- Do not step backward with your surgical leg.
- Do not allow your toes to point away from your body when sleeping. Use a pillow to keep your leg in the correct position.

DO:

- When walking, lead with your surgical leg.
- Continue doing your hip-replacement exercises.
- Follow all hip-replacement precautions given to you by your surgeon until he or she tells you it is okay to stop.

SITTING PRECAUTIONS



LYING PRECAUTIONS



STANDING PRECAUTIONS

