

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-356-2219 or visit www.phs.org. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-800-356-2219 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible ?	Yes. Preventive care , Behavioral Health services, any benefit where there is no charge, Covid-19 testing, treatment, vaccines, boosters and any service that has a copayment	This plan covers some items & services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive care without cost sharing and before you meet your deductible . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	\$6,350 Individual / \$12,700 Family	The out of pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out of pocket limit until the overall family out of pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out of pocket limit .
Will you pay less if you use a network provider ?	Yes. See Group HMO Network at https://www2.phs.org/providers/?insurance_plans=individual-and-family-or-group-hmopos or call 1-800-356-2219 for a list of participating providers.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out of network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out of network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15 copayment /visit deductible does not apply	Not covered	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate charge. No charge for anything related to COVID-19 testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.
	Specialist visit	\$25 copayment /visit deductible does not apply	Not covered	There is zero cost sharing for any telehealth service. Copayment does not include Medical Drugs which will have a separate copayment . No charge for anything related to COVID-19 testing, vaccines, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.
	Preventive care/screening /immunization	No charge deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. No charge for anything related to COVID-19 testing, vaccines, or medical treatment.
If you have a test	Diagnostic test (x-ray, blood work)	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Imaging (CT/PET scans, MRIs)	10% coinsurance up to a maximum of \$150/test deductible does not apply	Not covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://client.formularynavigator.com/Search.aspx?siteCode=0322075909	Generic drugs (Tier 1)	\$10 copayment (retail) 30-day Supply / \$20 copayment (mail order) deductible does not apply	\$10 copayment (retail) 30-day Supply / \$20 copayment (mail order) deductible does not apply	Max 90-day supply at retail - Mail Order benefits administered by OptumRx Home Delivery. Tier 4 Self-Administered specialty limited to 30-day supply and Not covered at Mail.
	Preferred brand drugs (Tier 2)	\$35 copayment (retail) 30-day Supply/ \$87.50 copayment (mail order) deductible does not apply	\$35 copayment (retail) 30-day Supply/ \$87.50 copayment (mail order) deductible does not apply	Preferred insulin or medically necessary alternative will not exceed \$25 copayment per 30-day supply. Prior authorization may be required or benefits may be denied.
	Non-preferred drugs (Tier 3)	\$55 copayment (retail) / \$165 copayment (mail order) deductible does not apply	\$55 copayment (retail) / \$165 copayment (mail order) deductible does not apply	Pharmacy Transactions where Manufacturer discount or Copay assistance cards are used will count towards Deductible or Out of Pocket.
	Self-Administered Specialty (Tier 4)	20% up to a maximum of \$400 per prescription (retail) limited to a 30-day supply maximum deductible does not apply/ Not Covered at (mail order)	Not covered	Refer to the formulary for a complete listing and coverage details.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance up to a maximum of \$150/visit deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Physician/surgeon fees	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	\$100 copayment /visit deductible does not apply	\$100 copayment /visit deductible does not apply	Copayment is waived if admitted into a Hospital. Medical drugs will apply a separate copay. No charge for anything related to COVID-19 testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.
	Emergency medical transportation	\$50 copayment /occurrence ground; \$100 copayment /occurrence air; No charge inter-facility deductible does not apply	\$50 copayment /occurrence ground; \$100 copayment /occurrence air; No charge inter-facility deductible does not apply	No charge for anything related to COVID-19 testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care.
	Urgent care	\$25 copayment /visit deductible does not apply	\$25 copayment /visit deductible does not apply	Medical drugs will apply a separate copay. No charge for anything related to COVID-19 testing, medical treatment, vaccines/boosters. Balance billing is not allowed for out-of-network care. There is zero cost sharing for any telehealth service.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 copayment /admission deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Physician/surgeon fees	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge deductible does not apply	Not covered	There is no in-network cost sharing for Behavioral Health Service or Drugs, unless otherwise authorized by your plan. Acute Medical Detoxification Benefits are Covered for no less than 30 outpatient visits for alcohol dependency treatment.
	Inpatient services	No charge deductible does not apply	Not covered	There is no in-network cost sharing for Behavioral Health Service or Drugs, unless otherwise authorized by your plan. Acute Medical Detoxification Benefits are Covered and will cover no less than 30 days in an alcohol dependency treatment center

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you are pregnant	Office visits	\$15 copayment /visit up to a maximum of \$150 copayment /pregnancy deductible does not apply	Not Covered	Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
	Childbirth/delivery professional services	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
	Childbirth/delivery facility services	\$250 copayment /admission deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
If you need help recovering or have other special health needs	Home health care	No charge deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Rehabilitation services	\$15 copayment /visit deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Habilitation services	\$15 copayment /visit deductible does not apply	Not covered	
	Skilled nursing care	\$250 copayment /admission deductible does not apply	Not covered	Coverage is limited up to 60 days per plan year. Prior authorization may be required or benefits may be denied.
	Durable medical equipment	10% coinsurance up to a maximum of \$150/visit deductible does not apply	Not covered	Prior authorization may be required or benefits may be denied.
	Hospice services	\$250 copayment /admission deductible does not apply	Not covered	Waived if transferred directly from an inpatient hospital, rehabilitation, or skilled nursing facility. Prior authorization may be required or benefits may be denied.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	Included in office visit copayment deductible does not apply	Not covered	Coverage is limited to refraction eye exam associated with post cataract surgery or Keratoconus correction.
	Children's glasses	50% coinsurance after deductible is met	Not covered	Coverage is limited to eyeglasses/contact lenses within 12 months following cataract surgery, correction of Keratoconus or when related to Genetic Inborn Errors of Metabolism. Prior authorization may be required or benefits may be denied.
	Children's dental check-up	Not covered	Not covered	-----None-----

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

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|--|--|--|
| <ul style="list-style-type: none"> • Cosmetic Surgery • Dental Care (Adult) • Dental check-up (Child) | <ul style="list-style-type: none"> • Long-Term Care • Non-Emergency Care When Traveling Outside the U.S. • Private-Duty Nursing | <ul style="list-style-type: none"> • Routine Eye Care (Adult) • Routine Foot Care * Only covered when medically necessary for diabetes. See GSA for details. |
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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|--|--|---|
| <ul style="list-style-type: none"> • Acupuncture (20 visits per calendar year unless for rehabilitative or habilitative svc) • Bariatric Surgery (for patients with a Body Mass Index (BMI) of 35 kg/m2 or greater who are at high risk for increased morbidity due to specific obesity related comorbid medical conditions) | <ul style="list-style-type: none"> • Chiropractic Care (20 visits per calendar year unless for rehabilitative or habilitative svc) • Hearing Aids (1 per ear, every 3 years) | <ul style="list-style-type: none"> • Infertility Treatment (Diagnosis and medically indicated treatments for physical conditions causing infertility) • Weight Loss Programs (Includes coverage for drugs and programs if medically necessary for morbid obesity and obesity) |
|--|--|---|

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [appeal](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, you may contact the Office of the Superintendent of Insurance Managed Health Care Bureau at 1-855-427-5674 or by email at mhcb.grievance@state.nm.us.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standard](#), you may be eligible for a [premium tax credits](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助，请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0
■ Specialist	\$25	■ Specialist	\$25	■ Specialist	\$25
■ Hospital (Facility)	\$250	■ Hospital (Facility)	\$250	■ Hospital (Facility)	\$250
■ Other	No Charge	■ Other	No Charge	■ Other	No Charge
<p>This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)</p>		<p>This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)</p>		<p>This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic test (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)</p>	
Total Example Cost	\$12,732	Total Example Cost	\$7,389	Total Example Cost	\$1,925
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<i>Cost Sharing</i>		<i>Cost Sharing</i>		<i>Cost Sharing</i>	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$308	Copayments	\$712	Copayments	\$325
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$18
<i>What isn't covered</i>		<i>What isn't covered</i>		<i>What isn't covered</i>	
Limits or exclusions	\$60	Limits or exclusions	\$55	Limits or exclusions	\$0
The total Peg would pay is	\$368	The total Joe would pay is	\$767	The total Mia would pay is	\$343

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.