

Aug. 23, 2023

**Subject:** Educational Materials for Children and Adolescents on Antipsychotic Medications

Dear Provider:

Periodically, Presbyterian Health Plan, Inc. (Presbyterian) Centennial Care shares educational resources to improve the quality of care our members receive. An area being monitored is the prescription of antipsychotics for children and adolescents.

In late 2023, Presbyterian will begin conducting treatment record reviews of randomly selected prescribers who prescribe antipsychotic medications to children and adolescents. Presbyterian follows the Healthcare Effectiveness Data and Information Set (HEDIS) criteria for Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM).

The APM measure assesses members ages 1 to 17 years old who were dispensed two or more antipsychotic medications within a year. As these medications can elevate a child's risk for metabolic and cardiometabolic problems, it is essential that metabolic monitoring be performed shortly after the initial prescription of antipsychotic medication and at least annually while the child/adolescent is using the antipsychotic medication.

Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing

We are sharing the following educational materials to guide you with decisions and criteria regarding the management and treatment of children and adolescents on antipsychotics:

- 2023 Monitoring Guidelines for Children and Adolescents on Antipsychotics:  
[https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=OB\\_000000020388](https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=OB_000000020388)
- Magellan Guidelines for Second Generation Antipsychotics:  
[https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=PEL\\_00956735](https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=PEL_00956735)

If you have any questions, then please contact the Behavioral Health Quality department using the contact information provided on the following page.

As always, thank you for partnering with us to improve the health and wellness of the patients, members and communities we serve.

Healthy Regards,  
Presbyterian Behavioral Health Quality

**Behavioral Health Quality Department**



**Hours:** Monday through Friday, 8 a.m. to 5 p.m.



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