

# CENTRAL NEW MEXICO IMPACT REPORT 2020-2022



## At-a-Glance

Presbyterian's central delivery system offers a range of services throughout the Albuquerque and Rio Rancho area, all focused on improving quality and enhancing the patient experience.

## TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Hospital, Presbyterian Kaseman Hospital, Presbyterian Rust Medical Center and Presbyterian Community Health worked with the Bernalillo, Sandoval, Tarrant and Valencia Counties' health councils to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Leigh Caswell at [lcaswell@phs.org](mailto:lcaswell@phs.org) or Sharz Weeks at [sweeks3@phs.org](mailto:sweeks3@phs.org).

### Priority Area 1: BEHAVIORAL HEALTH 2020-2022



Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

#### From 2020-2022, Peer Support Specialists engaged with:

- **388** Neonatal Intensive Care Unit (NICU) family participants
- **730** patients at Presbyterian Rust Medical Center
- **1,268** patients at Presbyterian Kaseman Hospital
- **2,241** patients at Presbyterian Hospital

**270** people were trained in Mental Health First Aid.

**350** behavioral health resource bags were distributed in Valencia County.

In Estancia and Moriarty, **610** people were reached during National Prescription Drug Take Back Day.

In Tarrant County, **920** medication lock boxes were distributed.

Presbyterian Community Health (PCH) began providing well-being classes in 2021 to help build coping skills in response to the COVID-19 pandemic. In 2021-2022, we offered **32** well-being classes to **482** participants.

Mental health awareness and suicide prevention activities reached **1,750** people in central New Mexico.



### Priority Area 2: SOCIAL DETERMINANTS OF HEALTH 2020-2022



At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

**11** Community Health Workers (CHWs) were embedded within clinics and emergency departments. The Central New Mexico Accountable Health Communities Program assists Medicaid and Medicare beneficiaries to access free or low-cost resources to address health-related social needs.

**1,294,996** patients completed social needs screenings, which identified **154,227** individual needs.

**99** people across the state completed the training course to be certified as CHWs.

**\$32,472** in Social Determinants of Health Patient Flex Funds – CHWs used these funds to support patients with housing, utilities, transportation and other needs not met through other service agencies/funds.

### Food Access Programs

- **365** Torrance County senior citizens engaged in the Senior Education program: electronic benefit transfer (EBT), Fresh Produce and Double Up Food Bucks.
- **1,022** free Uber rides to and from the **Food Farmacy** were provided. **12,839** patients and members were served. **1,005,830** pounds of food were distributed.
- **\$35,000** was given in support for Three Sisters Kitchen's ReFresh produce and Community Food access programs.

**\$32,500** was provided to the **Rio Grande Food Project** Weekly Emergency Food Distribution, Urban Garden and Community Resource Hub.

From 2020-2021:

- From September through November 2021, **3** RentHelpNM applications, **21 Low Income Home Energy Assistance Program** applications and **30 SNAP** applications were completed.
- Enrolled or renewed **466 households** in the **Albuquerque Bernalillo County Water Utility Authority Low-Income Credit and Water Assistance Fund**.
- Helped **574 households** with \$138,270 in **water bill emergency assistance**.
- Helped a total of **3,945 households** with \$620,382 in **PNM Good Neighbor Fund Bill Assistance** grants.
- **6,910** community hub items and resources were distributed or shared with clients.
- **17,808 food boxes and 661,467 pounds of food** were distributed to families impacted by interpersonal violence, young people, recently housed but previously homeless residents, at-risk and homebound individuals, and the South Valley immigrant community.

**\$17,500** was given to Catholic Charities to support refugee and immigration assistance, housing assistance, adult education, childcare and more.

**\$20,000** was given to Enlace Comunitario to support domestic violence crisis response services and prevention programs, including the Youth Leaders Program, Voces Unidas – Survivors Peer Support for Spanish speakers, promotoras and prevention classes programs.



### Priority Area 3: ACCESS TO CARE 2020-2022



Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

### Community Vaccinations

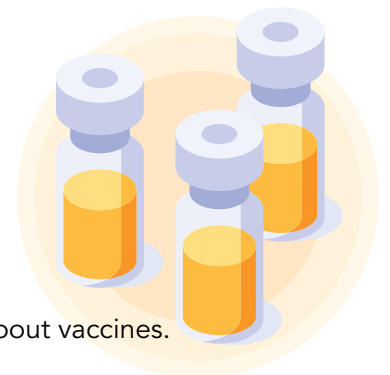
- **1,701** COVID-19 vaccinations were administered at 59 vaccination events.
- **5,638** flu shots were administered in areas of Albuquerque with barriers to healthcare access and with low vaccination rates.

**1,864** new Presbyterian staff members were trained in **Transgender 101 and 102**.

**\$30,000** was given to support **Black Health New Mexico** and maternal child health.

**\$45,000** was given to support creation of the 2021 public television *Vaccination from the Misinformation Virus* documentary and media resources to help combat misinformation about vaccines.

**\$120,500** to support Albuquerque Healthcare for the Homeless.



## Priority Area 4: **HEALTHY EATING AND ACTIVE LIVING (HEAL)**



Presbyterian's Healthy Eating and Active Living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.

**1,167** free Healthy Eating and Active Living classes were offered virtually.

**3,634** people participated in **679** chronic disease self-management workshops offered in Spanish and English.

**7,718** central New Mexico residents were referred to the Healthy Here Wellness Referral Center for free classes offered in English and Spanish, including cooking and nutrition; gardening; mindfulness; physical activity like yoga, dance and walking; and chronic disease self-management education.

**\$11,000** was given to Kids Cook! to support First Friday's family cooking classes in the community.

**\$21,000** was given to support Running Medicine, a free community program that helps indigenous and non-native communities benefit from physical activity.

### **Free Healthy Meals for Kids**

**30** community gardens were developed in partnership with the Health Equity Council in Albuquerque's International District.

- The community gardens produced more than **100 pounds** of fresh, healthy produce.

**99** home health aides from Encuentro received specialized nutrition and food preparation curriculum through the Connecting Harvest to Health/Connectando Cosesechas con la Salud program to benefit them and their elderly clients.

**447** patients received diabetes and nutrition education and counseling sessions with a registered dietitian through Diabetes ReCHARGE, the Diabetes Self-Management, Education and Support program.

**14,394** children were served via grab-and-go curbside meals during the COVID-19 pandemic with additional support from **Presbyterian Healthcare Foundation**.



\*In addition to Community Benefit funding, these programs and initiatives are funded in part by Presbyterian Healthcare Foundation; U.S. Department of Agriculture; New Mexico Early Childhood Education & Care Department, the New Mexico Department of Health; Centers for Medicare & Medicaid Services; Administration for Community Living (ACL), U.S. Department of Health and Human Services; and Centers for Disease Control and Prevention.