

CURRY COUNTY IMPACT REPORT 2020-2022



At-a-Glance

PRMC offers a range of services focused on improving quality, enhancing the patient experience and providing care close to home for Curry County and West Texas residents.

TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Plains Regional Medical Center (PRMC) and Presbyterian Community Health worked with the Curry County Health Council and many other community partners in Curry County to complete a Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Sharz Weeks at sweeks3@phs.org.

Priority Area 1: BEHAVIORAL HEALTH



Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

Peer Opioid Program Virtual Support:

Peer Support Specialists and Community Health Workers partner to assist patients who arrive in the emergency department with an opioid overdose or a substance/mental health-related episode.

Virtual Peer Support began as a pilot at PRMC in late 2021, testing virtual support capacity and capabilities among patients. Virtual Peer Support is based on referrals from providers who identify patients who may benefit from talking with a Peer Support Specialist.

Peer Support Specialists virtually supported **18** patients in 2021-2022.

4 PRMC providers were trained in Medication-Assisted Treatment.

Priority Area 2: SOCIAL DETERMINANTS OF HEALTH



At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

Through strategic partnerships with Curry County, Curry County Health Council and other partner organizations, we:

- Provided **506** Thanksgiving meals through the **Health Council Emergency Holiday Food Distribution** to address family food insecurity.
- Distributed **400** hygiene kits and **192** personal care backpacks to people experiencing homelessness via community organizations.



Priority Area 3: ACCESS TO CARE



Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

Vaccination efforts for 2020-2022:

- **1,534** flu shots were given to PRMC hospital employees.
- **422** shots were given to community members during the Presbyterian free flu shot clinic.
- **3,277** COVID-19 and flu shot vaccinations were administered at PRMC sites.
- **800** vaccines were administered through retail pharmacy partners.



Priority Area 4: HEALTHY EATING AND ACTIVE LIVING (HEAL)



Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.

27,593 meals were served out of the PRMC cafeteria through the Healthy Meals for Kids Program, funded by New Mexico Children, Youth and Families Department with a goal of providing free, healthy meals to children.

In 2020, in response to the COVID-19 pandemic, PRMC increased capacity for Healthy Meals for Kids and provided **61% of all free meals given statewide**.

Started a human milk donation and outreach center, which means Clovis-area mothers can make a difference in babies' lives by donating excess breast milk. The effort is a partnership with Mothers' Milk Bank, a Colorado-based non-profit benefiting women and babies nationwide.

Continued support for the Clovis Community Garden located on the PRMC campus.

Built **8** new raised garden beds.

