

# QUAY COUNTY IMPACT REPORT 2020-2022



## TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Dr. Dan C. Trigg Memorial Hospital (DCT) and Presbyterian Community Health worked with the Quay County Health Council to complete a Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Sharz Weeks at [sweeks3@phs.org](mailto:sweeks3@phs.org).

## At-a-Glance

Presbyterian Dr. Dan C. Trigg Memorial Hospital offers a range of services focused on improving quality, enhancing the patient experience and providing care close to home for Quay County residents.

### Priority Area 1: BEHAVIORAL HEALTH



Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

### Peer Opioid Program Virtual Support

Peer Support Specialists and Community Health Workers partner to assist patients who arrive in the emergency department with an opioid overdose or a substance use/mental health-related episode.

Virtual Peer Support began as a pilot at DCT in late 2021, testing virtual support capacity and capabilities among patients. Virtual Peer Support is based on referrals from providers who identify patients who may benefit from talking with a Peer Support Specialist.

Peer Support Specialists virtually supported **8** patients from 2020-2022.

Presbyterian Community Health and DCT supported Quay County Health Council to conduct key activities in the Behavioral Health priority area.

**48** people were trained on the use of naloxone for drug overdose reversals.

**68** people attended opioid use and misuse prevention and treatment presentations.

**96** drug disposal bags distributed with **26** people trained in proper drug disposal.



### Priority Area 2: SOCIAL DETERMINANTS OF HEALTH



At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

**400** hygiene kits and **192** personal care backpacks were distributed to people experiencing homelessness via community organizations.



**410** Thanksgiving meals were provided through the **Health Council Emergency Holiday Food Distribution** to address family food insecurity.



Quay County Health Council completed a community readiness assessment and strategic plan and formed an Intimate Partner Violence Task Force, which:

Trained **21** local police officers on responding to intimate partner violence.

Engaged over **30** participants and conducted policy reviews and public policy forums.

Coordinated healthcare and mental health provider clinics, created and showed a "Creating a Holiday Safety Plan" virtual event video, and created social media posts that had **29,512** views.

Created and distributed a local resource brochure and posters to local offices.

### Priority Area 3: **ACCESS TO CARE**



Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

## Flu Shot Distribution 2020-2022

**1,895** free flu shots were administered throughout Quay County and neighboring communities, including:

**49** in Mosquero

**448** in Logan

**677** in Tucumcari



## Diabetes Days

In 2021, DCT hosted **29** Diabetes Days. These are events with on-site retinal scanning and tele-endocrinology for patients with diabetes.

## Regional Resource Directories 2020-2022

**121** regional resource directories were distributed within the community.

### Priority Area 4: **HEALTHY EATING AND ACTIVE LIVING (HEAL)**



Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.

In partnership with the Quay County Health Council, distributed messaging around healthy eating and active living via social media to **28,078** people with **695** attending community physical activity events and **3,000** people reached via radio advertisements for the walking guide/trail route maps.

