

# LINCOLN COUNTY IMPACT REPORT 2020-2022



## TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Lincoln County Medical Center (LCMC) and Presbyterian Community Health worked with the Lincoln County Health Council to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Todd Oberheu at [toberheu@phs.org](mailto:toberheu@phs.org) or Sharz Weeks at [sweeks3@phs.org](mailto:sweeks3@phs.org).

## At-a-Glance

Lincoln County Medical Center offers a range of services focused on improving quality, enhancing the patient experience and providing care close to home for Lincoln County residents.

### Priority Area 1: BEHAVIORAL HEALTH



Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

**45** community members attended a Caregiver Support Group.

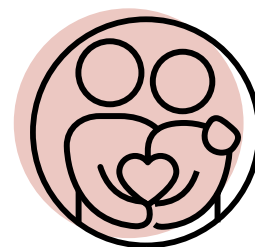
**68** inmates were educated through Lincoln County Detention Center's Mental Health and Substance Use educational programs.

**123** school staff, local church members and community members participated in Question, Persuade, Respond suicide-prevention training.

**921** students participated in the Signs of Suicide program.

**937** drug deactivation kits were distributed.

**1,499** students, parents and educators were reached about the harmful effects of vaping and other unhealthy substances.



### Peer Opioid Program Virtual Support:

Peer Support Specialists assist patients who arrive in the emergency department with an opioid overdose or a substance/mental health-related episode.

Virtual Peer Support began as a pilot at LCMC in late 2021, testing virtual support capacity and capabilities among patients. Virtual Peer Support is based on referrals from providers who identify patients who may benefit from talking with a Peer Support Specialist.

Peer Support Specialists virtually supported **35** patients in 2021-2022.



## Priority Area 2: SOCIAL DETERMINANTS OF HEALTH



At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.



**100** backpacks with food and recipes were distributed through the Mescalero Backpack Program and Food 4 Kids.

**182,250** pounds of food were distributed to **1,581** households through the **Mescalero Food Pantry**.

## Priority Area 3: ACCESS TO CARE



Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

**111** emergency department referrals were made to counseling services.

**500** flu shots were administered in Mescalero, Capitan, Carrizozo, and Ruidoso.

**1,067** community members participated in the Stepping into a Better You Health Fair.

**40,664** health and wellness guides were mailed to residents.

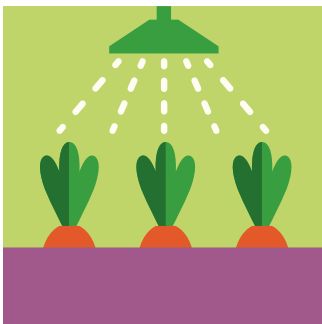
**\$6,672** was awarded to support new initiatives and telehealth services in the LCMC emergency department.



## Priority Area 4: HEALTHY EATING AND ACTIVE LIVING (HEAL)



Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.



**33** people participated in fitness challenges with recipe demonstrations.

**90** community members participated in the Growing Food as a Family program.

**272** people participated in the Suicide Prevention Glow walk.



\*In addition to Community Benefit funding, these programs and initiatives are funded in part by Presbyterian Healthcare Foundation, U.S. Department of Agriculture, New Mexico Early Childhood Education & Care Department, and the New Mexico Department of Health.