

Flexible Sigmoidoscopy Preparation



 **PRESBYTERIAN**

IMPORTANT!
Please read these instructions one week prior to your procedure.

Please read these instructions well in advance of your procedure date. We recommend that you post these instructions in a visible location at home to remind you of the various steps you will need to take.

We require that you contact us at least 72 hours before your scheduled test if you wish to cancel your test.

Call our office at (505) 224-7000 if you have the following symptoms after your procedure:

- Nausea
- Vomiting
- Fever
- Chills
- Bleeding
- Abdominal pain

**Presbyterian Medical Group
Gastroenterology
(505) 224-7000**

Patient responsibility

- If there are any changes with your insurance(s), please notify our office prior to your procedure date.
- If your insurance requires a referral, it must be current at the time of your procedure, or you may be liable for payment.
- Remember to bring your insurance card(s) with you the day of your procedure.

Please notify our office if you are taking any blood thinners such as Coumadin or Plavix.

Purchases

- You need to purchase two Fleet enemas, available over-the-counter. You **DO NOT** need a prescription.

On the day of your Flexible Sigmoidoscopy

- Nothing by mouth after midnight.
- Up to **two hours** before your procedure, please take your blood pressure, cardiac and seizure medications.
- Give yourself the first Fleet enema **three hours** prior to the appointment time at _____.
- Give yourself the second Fleet enema **two hours** prior to the appointment time at _____.

Date: _____

Time: _____

Provider: _____

Location: _____