

SANTA FE COUNTY IMPACT REPORT 2020-2022



Together We Are Building a Culture of Health

Presbyterian worked with the Santa Fe community to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. If you have questions, contact Carrie Thielen at cthielen@phs.org.

Northern New Mexico Regional Growth

In 2020, Presbyterian Community Health expanded the Community Health team and programs to Northern New Mexico. Since that time, the team has grown to six employees supporting Community Health initiatives – including participating in local coalitions and committees, leveraging over **\$463,000** to expand and develop new and responsive programs – and supporting clinical-community partnerships.



Priority Area 1: BEHAVIORAL HEALTH

Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

Peer Opioid Project

Introduced in Santa Fe in October 2020, the Peer Opioid Project serves individuals who come into the Emergency Department with an opioid overdose or substance-related episode. A Peer Support Specialist – an individual with lived experience – assists patients in finding appropriate substance use treatment and harm reduction programs.

- **489** patients connected with Peer Support Specialists at Santa Fe Medical Center (SFMC) from 2020-2022.

Partner Spotlight:

Presbyterian Community Health provided **\$25,000** in funding to **Esperanza Shelter** in Santa Fe and partnered on Domestic Violence 101 training as part of the Presbyterian's Health Equity training series.

**A TOTAL INVESTMENT
OF \$25,000**



Priority Area 2: SOCIAL DETERMINANTS OF HEALTH

At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

Northern Roots

Presbyterian Community Health was one of four programs selected by national non-profit **Share Our Strength No Kid Hungry** to develop clinical and community partnerships that increase access to healthy food in Española and Santa Fe.



Northern Roots: Where Families Eat, Learn and Grow is a produce prescription program that provides families with 16 weeks of fresh fruits and vegetables, nutrition education and cooking demos, and connections to local food resources through support from a Community Health Worker.

Since 2021, the Northern Roots program saw:

- **26** providers and **11** clinics referring to the Northern Roots program
- Over **51** cooking and nutrition demos in partnership with community partner, **Cooking with Kids**
- **381** participants in the program, with an average household size of **4** and a total estimated reach of **1,524** household members
- **\$107,009** total investment in local food and infrastructure in partnership with **MoGro Mobile Grocery Project**



“The Northern Roots program is an important resource to support families in accessing fresh fruits and vegetables, especially during the pandemic, where we have seen food insecurity increase in our community.”

Presbyterian pediatrician

Community Health Worker Program

Presbyterian Community Health established the **Community Health Worker (CHW)** position, located in outpatient clinics in Santa Fe and Española. The Northern New Mexico CHWs specialize in basic health education, health related social needs and connections to local resources.

Since the position was established in January 2022, providers sent **221** referrals to CHWs to provide patients with one-on-one tailored education and resource navigation.

Presbyterian joined **Santa Fe CONNECT**, a network of navigators at clinics, community organizations, and city and county programs throughout Santa Fe to provide direct support to patients with health-related social needs. We also provided Santa Fe CONNECT with a \$15,000 donation to support the community Emergency Flex Fund during a critical time in the COVID-19 pandemic.

Priority Area 3: ACCESS TO CARE

Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

Community Vaccinations

- Starting in 2022, **87** COVID-19 vaccinations were administered at 2 community vaccination events held with Presbyterian and partner agencies including the **Boys & Girls Clubs** and **Earth Care New Mexico**.
- Between 2020-2022, **308** flu shots were administered to youth and adults at 4 community events in Santa Fe County.

In 2022 the Vaccine Equity Team hired 2 new positions based in Santa Fe to promote vaccine equity through community outreach.





Priority Area 4: HEALTHY EATING AND ACTIVE LIVING (HEAL)

Presbyterian's Healthy Eating and Active Living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.

Fresh Rx

Presbyterian Community Health invests in the local food economy in Northern New Mexico through several initiatives and partnerships. In partnership with the New Mexico Farmers' Market Association, Community Health supports the **Fresh Rx** program, providing vouchers to patients to shop at local farmers' markets to increase access to fresh fruits and vegetables.

Presbyterian Community Health, in partnership with the Santa Fe Farmers' Market, hosts the **Santa Fe Farmers' Del Sur** Market every Tuesday from 3:00 p.m. to 6:00 p.m. from July to September at Presbyterian Santa Fe Medical Center. The market experienced exponential growth from 2020-2022, despite challenges from the COVID-19 pandemic, due to strong partnerships with the **Santa Fe Farmers' Market; Santa Fe Farmers' Market Institute; Cooking with Kids; YouthWorks; New Mexico Women, Infants, and Children (WIC) Program; the Santa Fe Food Policy Council;** and others.

- In 2022, the Santa Fe Farmers' Del Sur Market saw an estimated **60 percent increase** in customers and over 18 community-based partners attending the market.

Healthy Meals for Kids

- **320** meals were served through the Free Healthy Meals for Kids program.



Partner Spotlight:

Presbyterian provided **\$35,000** in financial support from 2020-2022 to **Cooking with Kids** to increase access to nutrition education for youth and families in Northern New Mexico schools.

**\$35,000 TO
COOKING WITH KIDS**