PRESBYTERIAN | MEDICARE ADVANTAGE PLANS



2024 ENROLLMENT GUIDE

Presbyterian Senior Care (HMO-POS) UNM Premier Plan and Select Plan

Thank you for your interest in Presbyterian Medicare Advantage Plans. Presbyterian offers you the value that comes with our integrated system of providers, hospitals and health plan – all working together to keep you healthy and provide new and innovative services.

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Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expression. If you need language assistance, services are available at no cost. Call (505) 923-5420, 1-855-592-7737 (TTY: 711).

ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'dę́ę́', t'áá jiik'eh, éí ná hólǫ́, kojį' hódíílnih (505) 923-5420, 1-855-592-7737 (TTY: 711).

For more information, visit https://www.phs.org/pages/nondiscrimination.aspx.

Who We Are

- Founded in New Mexico in 1908, Presbyterian Healthcare Services is a locally owned, not-for-profit healthcare system of nine hospitals, a medical group and a health plan.
- Presbyterian's health system serves one in three New Mexico residents in our clinics, hospitals and as members of our health plan.
- Owned by Presbyterian Healthcare Services, Presbyterian Health Plan, Inc. was formed in 1985 and now has more than 640,000 members enrolled in Medicare Advantage, Medicaid, and Commercial/Individual plans.



Our Integrated System



As part of an integrated healthcare system, Presbyterian offers patients throughout New Mexico access to dedicated primary care providers, as well as highly specialized care, including cancer care, heart and vascular care, and behavioral health.

No-cost Ways to Access Care Virtually

When seeking quick care for minor ailments, **Video Visits** provide access to healthcare providers **anytime**, without an appointment, from the comfort of your own home, office or other location with mobile data or Wi-Fi access.

MyChart is a secure, web-based portal allowing members with a Presbyterian Medical Group provider to send electronic messages to their care team, request prescription renewals, view medical records or test reports and schedule office or telephone visits.

To learn more about these virtual care options, visit **www.phsgetcare.org**.



Managing the Health of Our Members

- Healthy Solutions Program A health coach provides education and telephonic or video lifestyle coaching to assist you in managing your chronic condition for asthma, coronary artery disease, diabetes or hypertension.
- **Case management** Nurses and social workers help you manage your complex medical needs and will help link you with appropriate providers that will work to keep you out of the hospital or emergency room.
- Utilization management reviews Pre-service, urgent concurrent and post-service reviews ensure you are receiving the most appropriate covered treatments and services for you.
- **Complete Care Clinic** This program provides comprehensive primary care services for adults with chronic or complex illnesses and helps these patients access care and navigate the medical system. The clinic works closely with other programs such as Presbyterian Home Care, Hospital at Home and Palliative Care.
- National Diabetes Prevention Program This is a year-long program for eligible members that encourages lifestyle changes to prevent or delay Type 2 diabetes.
- PresRN This offering gives you direct, local access to medical advice 24 hours a day, seven days a week, including holidays. There is no charge to call our experienced registered nurses (RNs) for answers to your health or wellness questions. Call (505) 923-5573 or 1-800-887-9917.



MEDICARE BASICS

Medicare is a federal health insurance program administered by the Centers for Medicare & Medicaid Services (CMS) that provides hospital and medical coverage. There are several parts to Medicare coverage, each with different benefits and costs.



Parts of Medicare

Part A

Covers hospitalization, such as inpatient care, hospice care, and some home healthcare, skilled nursing home care and nursing home care. Most people do not have to pay premiums for Part A.

Part B

Covers medical services such as provider's visits (including most provider services while you're in the hospital) and outpatient treatments, as well as medical services and supplies not covered under Part A. Most people pay premiums for Part B.

Part C

Commonly called Medicare Advantage, these plans combine Part A and Part B. Part D may also be included as well as other benefits.

Part D

Part D covers prescription drug costs and is available to individuals who have Part A, B or C. Joining a health plan that includes Part D prescription drug coverage is voluntary.

MEDICARE BASICS

What You Should Know

Late Enrollment Penalties

- **Part B** You may have to pay a late enrollment penalty for Part B if you do not enroll when you first become eligible and then enroll later.
- Part D You may have to pay a late enrollment penalty if you had any period of 63 days or more without drug coverage that is as good as or better than Part D coverage. The penalty amount would be added to your Medicare Advantage plan premium for as long as you have Part D.

Income Related Monthly Adjusted Amounts (IRMAA)

• In 2023, your Part B and Part D premium may be higher if your yearly income as an individual was above \$97,000 in 2021 (or \$194,000 for joint filings). You will be notified if these amounts change in 2024.

Automatic Disenrollment

 Medicare beneficiaries cannot be enrolled in a Medicare Advantage plan and a stand-alone Medicare Part D prescription drug plan with another company at the same time. For example, if you enroll in a separate Part D plan, you will automatically be disenrolled from your Medicare Advantage plan and covered by Original Medicare.



PRESBYTERIAN | MEDICARE ADVANTAGE PLANS



This is a summary of health and drug services covered by Presbyterian Senior Care (HMO-POS) University of New Mexico (UNM) Premier Plan and Select Plan, January 1, 2024 to December 31, 2024.

To enroll in Presbyterian Senior Care (HMO-POS):

- You must be entitled to Medicare Part A and enrolled in Medicare Part B.
- You must live in New Mexico.

This plan covers services from either innetwork or out-of-network providers, as long as the services are covered benefits and are medically necessary. If you choose to receive care from out-of-network providers, there will likely be a higher out-of-pocket cost for you.

\$0 copay for these valuable benefits and more!

- Hearing exam
- Telehealth visits with in-network providers
- Preferred generic drugs
- PresRN nurse advice line
- Lab services
- Diagnostic tests
- Foot care
- Diabetic test strips and lancets
- Outpatient mental health visits

Presbyterian Senior Care (HMO-POS) UNM Premier Plan and Select Plan				
	Premier Plan In-Network You pay	Select Plan In-Network You pay	Out-of- Network You pay	
Maximum Annual Out-of-Pocket Responsibility (This is the most you pay in a calendar year for covered medical and hospital services. It does not include prescription drugs.)	\$2,500	\$3,000	\$10,000 (combined)	
Inpatient Hospital Care* (per admission) • Days 1 – 3 • Additional Days	\$175 per day \$0	\$225 per day \$0	\$1,000 per admission	
Ambulatory Surgery Center / Outpatient Surgery*	\$150	\$200	20%	
 Doctor Visits Primary Care Specialists Telehealth visits (video, telephone or online visits for primary care, specialists and urgent care) 	\$10 \$30 \$0	\$10 \$40 \$0	\$35 \$55 Out-of-network copays apply	
Preventive Care and Routine Physicals	\$0	\$0	\$35	
Emergency Care (worldwide) (This copay is waived if admitted to the hospital.)	\$65	\$75	\$65-\$75	
Urgently Needed Services	\$10	\$10	\$65	
Diagnostic Services/Labs/ Imaging (Prior authorization may be required.) • Lab services • Diagnostic tests and procedures • Outpatient x-rays • Diagnostic radiology service	0% 0% 0% 0%	0% 0% 0% \$250	20% 10% 10% 20%	

* Prior authorization required.

(such as CT, MRA, MRI,

PET scans)

Presbyterian Senior Care (HMO-POS) UNM Premier Plan and Select Plan

	Premier Plan In-Network	Select Plan In-Network	Out-of- Network
	You pay	You pay	You pay
Hearing Services (does not go toward maximum out-of-pocket responsibility) • Hearing exam • Hearing aid (from TruHearing®)	\$0 \$699 - \$999	\$0 \$699 - \$999	\$55 Not covered
Dental ServicesMedicare coveredRoutine	\$30 Not covered	\$40 Not covered	\$55 Not covered
 Vision Services Annual routine exam Diagnosis/treatment of diseases and conditions of eye Eyewear after cataract surgery 	\$0 \$10 \$20	\$0 \$10 20%	\$55 \$55 25%
 Mental Health Services Inpatient visit (Days 1 - 3)* Additional days Outpatient group therapy visit Outpatient individual therapy visit (including virtual) 	\$175 per day \$0 \$0 \$0	\$225 per day \$0 \$0 \$0 \$0	\$1,000 per admission 50% 50%
 Skilled Nursing Facility (SNF)* Days 1 - 20 Days 21 - 100 (Our plan covers up to 100 days in a SNF.) 	\$0 \$0 per day	\$0 \$40 per day	\$0 \$125 per day
 Rehabilitation Services Cardiac and Pulmonary rehab (limit 36 visits) Occupational, Physical, and Speech and Language therapy visits (\$0 for telehealth visits) 	\$0 \$20	\$0 \$20	\$35 \$35
Ambulance (ground and air)	\$75	\$75	\$75
Transportation	Not covered	Not covered	Not covered

* Prior authorization required.

Presbyterian Senior Care (HMO-POS) UNM Premier Plan and Select Plan				
	Premier Plan In-Network	Select Plan In-Network	Out-of- Network	
	You pay	You pay	You pay	
 Medicare Part B Drugs:* Chemotherapy Drugs and other drugs administered by a medical professional 	\$50	\$50	20%	
Purchased at a retail pharmacy	\$0	\$0	20%	
 Foot Care (podiatry services) Foot exams and treatment (Medicare covered) Routine foot care 	\$0 Not covered	\$0 Not covered	\$55 Not covered	
 Medical Equipment/Supplies* Durable Medical Equipment (e.g., wheelchairs, oxygen) 	\$20	20%	25%	
Prosthetics	\$20	20%	25%	
 Diabetic Services and Supplies Test strips, lancets and meters Continuous Glucose Monitors (CGM) coverage limited to Freestyle Libre products 	\$0 \$0	\$0 \$0	25% 10%	
Wellness Programs (e.g., fitness)	\$0 SilverSneakers [®] Fitness Program is included. For participating locations visit www.silversneakers.com			
 Acupuncture Medicare covered Routine (limited to 25 visits/year) 	\$15 \$15	\$15 \$15	\$55 \$55	
 Chiropractic To correct subluxation Routine (limited to 25 visits/year) 	\$20 \$20	\$20 \$20	\$55 \$55	
Home Health Care*	\$0	\$0	\$0	



UNM Premier Plan Prescription Drug Benefit There is no coverage limit and no coverage gap with the Premier Plan.

Coverage	Starts	Catastrophic Coverage
30-day supply	90-day mail order (preferred)	
\$O	\$0	
\$10	\$20	
\$45	\$90	\$0 for generics
\$95	\$190	and for brand names
33% with a \$250 maximum	NA	-
	30-day supply \$0 \$10 \$45 \$95 33% with a	30-day supply mail order (preferred) \$0 \$0 \$10 \$20 \$45 \$90 \$95 \$190 33% with a NA

Catastrophic coverage begins after **your** out-of-pocket costs = \$8,000

UNM Select Plan Prescription Drug Benefit Select Plan has a coverage gap.						
Initial Coverage Limit \$5,030; includes what both you and your plan pay				Catastrophic Coverage		
Part D Covered Drugs	30-day supply	90-day mail order (preferred)		90-day mail order (preferred)		
Tier 1: Preferred Generic	\$0	\$0	Refer to Formulary. Tier 1 and	Tier 1 and		
Tier 2: Non-Preferred Generic	\$10	\$20	2 drugs noted with "GC" are \$0 or \$10.	noted with "GC" are	2 drugs noted with "GC" are \$0 or \$20.	\$0 for generics and
Tier 3: Preferred Brand	\$45	\$90			for brand names	
Tier 4: Non- Preferred Brand	\$95	\$190				
Tier 5: Specialty Drugs	33% with a \$250 maximum	NA				

Catastrophic coverage begins after **your** out-of-pocket costs = \$8,000

Prescription Drug Benefit

- For both the Premier and Select plans, your copay will be no more than \$35 for a 30-day supply of covered insulins.
- You may get your drugs at network retail pharmacies and mail order pharmacies.
- Your plan does have a preferred mail order pharmacy that offers a cost savings for 90-day supplies.
- If you reside in a long term care facility, you pay the same as at a retail pharmacy.
- You may get drugs from an out of network pharmacy at the same cost as an in-network pharmacy.

Improve Your Fitness with Free SilverSneakers® Memberships

The SilverSneakers Fitness program is included at no additional cost to you.

Visit more than 15,000 participating nationwide locations, including Planet Fitness, Anytime Fitness, Defined Fitness, Chuze Fitness, YMCA and more.

- Enroll at multiple locations at any time.
- Reach and maintain a healthy body weight.
- Take fitness classes at convenient venues.



• Expand your circle of friends and enjoy social activities.

For participating locations visit **www.silversneakers.com**.



Enjoy Better Hearing and Comprehensive Care

Good hearing is important to your overall health. That's why we cover a routine annual hearing exam for no copay.



TruHearing[®]Select

2024 Hearing Aid Coverage

Your plan covers up to two hearing aids per year (one per ear per year).

TruHearing Advanced	TruHearing Premium	Routine Exam
32 Channels 11 Styles	48 Channels 14 Styles	TruHearing Network Provider
\$699 copay/aid	\$999 copay/aid	\$0 exam copay

Your Comprehensive Hearing Benefit Includes:

State-of-the-Art Technology

- Enjoy natural, lifelike sound in virtually all listening situations.
- Hear speech clearly, even in noisy environments.
- Stream audio and phone calls directly to your ears from most smartphones.



Personalized Care

- Guidance and assistance from a TruHearing consultant.
- Local, professional care from an accredited provider in your area.
- A hearing exam plus one year of follow-up visits for fitting and adjustments.

Help Along Your Way

- A worry-free purchase with a 60-day trial and three-year warranty.
- 80 free batteries per aid included with non-rechargeable models.
- Guides to help you adapt to your new hearing aids at **TruHearing.com/GetStarted**.

Call TruHearing to learn more and schedule an appointment. 1-866-202-0110 | TTY 711 | 8 a.m. - 8 p.m., Monday - Friday

VALUE-ADDED ITEMS AND SERVICES





Travel Worldwide and Be Protected with Assist America®

Enjoy the protection of Assist America's global emergency travel assistance services 24 hours a day, 365 days a year, for up to 90 days. This unique program immediately connects you to doctors, hospitals, pharmacies and other services when experiencing a medical emergency while traveling 100 miles or more away from your permanent residence or in another country.

Services include:

- Emergency medical evacuation and repatriation
- Prescription assistance
- Medical monitoring
- Interpreter and legal referrals
- Return of mortal remains
- Free mobile app and much more

For benefit details, visit **www.assistamerica.com** or call **1-800-872-1414**.

These additional services/items are not part of the plan benefit package or the Medicare benefit.

Low-Income Subsidy (LIS) and Other Medicare/Medicaid Savings Programs

If you qualify for Low-Income Subsidy (LIS), your prescription drug coverage gap (also known as the donut hole) in your drug coverage is eliminated. You also pay reduced copays for your Part D drugs. Those who qualify for Extra Help may also qualify for Medicare Savings Programs that help pay Part A and/or Part B premiums. Medicaid programs may also lower your copays, depending on the level for which you qualify.

Find Out If You Qualify for Assistance

- 1-800-Medicare (1-800-633-4227), 24 hours a day, seven days a week (TTY 1-877-486-2048)
- Social Security, 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778.
- NM State Human Services Department, 1-888-997-2583 (TTY 1-855-227-5485)

For more information about Presbyterian Medicare Advantage plans, please call us at the phone numbers below or visit us at **www.phs.org/medicare**.

Presbyterian Medicare Sales Consultants

(505) 923-8458 or 1-800-347-4766 (TTY 711)

Hours: 8 a.m. to 8 p.m., 7 days a week (except holidays) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

Presbyterian Customer Service Center (for members)

(505) 923-6060 or 1-800-797-5343 (TTY 711)

Hours: 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31 and Monday to Friday (except holidays) from April 1 through September 30.

You can see our plan's provider and pharmacy directory if you visit our website at **www.phs.org/medicare** and select **Providers** at the top of the page.

For coverage and costs of Original Medicare, look in your current **Medicare & You** handbook. View it online at **www.medicare.gov** or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

To learn how we safeguard your Protected Health Information and your rights, call us at (505) 923-6060 or 1-800-797-5343 (TTY 711) or visit **www.phs.org/medicare** and select **Privacy Notice** at the bottom of the page.

Out-of-network/non-contracted providers are under no obligation to treat Presbyterian Senior Care (HMO-POS) members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

To get a complete list of services we cover, contact the plan or please refer to the Evidence of Coverage. You may easily download a copy of the Evidence of Coverage from our website, **www.phs.org/medicare**, and select **For Members** at the top of the page. You may also request a copy by calling customer service.

Presbyterian Senior Care (HMO-POS) is a Medicare Advantage plan with a Medicare contract. Enrollment in the plan depends on contract renewal.

PRESCRIPTION DRUG FORMULARY



A formulary is a list of drugs selected by Presbyterian Health Plan, Inc. which represents the prescription therapies believed to be a necessary part of a quality treatment program.

Drugs listed on the formulary are generally covered as long as the drug is medically necessary.

What if your drug is not on our formulary?

- Call us and ask for a list of similar drugs that are covered.
- You can ask us to make an exception to cover your drug. Generally, we will approve your request for an exception as a Tier 5 drug if drugs on our formulary are not as effective at treating your condition.

Quantity limitations and restrictions may apply and are noted in the formulary with the following abbreviations:

PA	= Prior Authorization	GC = Gap Coverage
QL	= Quantity Limits	LA = Limited Access
ST	= Step Therapy	NDS = Non-Extended Day Supply

For more information or to download the formulary drug list, visit **www.phs.org/medicare** and click Prescription Drugs.

PROVIDERS AND PHARMACIES

Ways to find your provider

- **Call us** If you would like a copy of the full printed directory mailed to you, or need help finding your provider, please call (505) 923-6060 or 1-800-797-5343 (TTY 711).
- Online View our online directory at phs.org/medicare/en/Pages/providers.aspx. Since our network providers can change daily, our online listing can help you find the most current information.



Presbyterian Customer Service Center (for members)

(505) 923-6060 or 1-800-797-5343 (TTY 711)

Hours: 8 a.m. to 8 p.m., seven days a week from October 1 through March 31 and Monday to Friday (except holidays) from April 1 through September 30.

Presbyterian Senior Care (HMO-POS) is a Medicare Advantage plan with a Medicare contract. Enrollment in this plan depends on contract renewal.

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call us at (505) 923-8458 or 1-800-347-4766 . TTY users can call 711.				
Unc	lerstanding the Benefits			
	The Evidence of Coverage (EOC), provides a complete list of coverage and services. It is important to review plan coverage, costs and benefits before you enroll. Visit www.phs.org/medicare or call (505) 923-8458 or 1-800-347-4766 , TTY users can call 711, to view a copy of the EOC.			
	For Presbyterian Senior Care (HMO), review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.			
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.			
	Review the formulary to make sure your drugs are covered.			
Unc	lerstanding Important Rules			
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.			
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2025.			
	Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.			
	Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have TRICARE, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact TRICARE for more information.			

Presbyterian Senior Care (HMO-POS) 2024 Employer/Union Group Enrollment Request Form

Section 1 – All fields on this page are required (unless marked optional)					
Employer Group or Union Name:		Pla	an Name:		
Group #:					
FIRST Name:	LAST Name:	I		Middle Initial: (Optional)	
Birth Date: (M M / D D / Y Y Y Y) (//)	Sex:		referred)	Email:	
Permanent Residence Street	Address (Don't e	enter a P.	.O. Box):		
City:	County:		State:	ZIP Code:	
Mailing Address, if different	from your perma	nent add	dress (P.O. Box allow	ved):	
City:			State:	ZIP Code:	
	Your Med	licare in	formation:		
Medicare Number:	Medicare Number:				
Answer these important questions:					
Are you the retiree? 🛛 Yes 🗆 No					
If yes, retirement date (month/date/year):					
If no, name of retiree:					
Are you covering a spouse	or dependents ı	under thi	is employer or unic	on plan? 🛛 Yes 🗆 No	
If yes, name of spouse:					
Name of dependents:					
Will you have other prescription drug coverage (like VA, TRICARE) in addition to Presbyterian Senior Care? 🛛 Yes 🗆 No					
If yes, name of other coverage:					
Member number for this coverage:					
Group number for this coverage:					

IMPORTANT – Read and sign below:

- I must keep both Hospital (Part A) and Medical (Part B) to stay in Presbyterian Senior Care.
- By joining this Medicare Advantage (MA) Plan, I acknowledge that Presbyterian Senior Care will share my information with Medicare, who may use it to track my enrollment, to make payments, and for other purposes allowed by Federal law that authorize the collection of this information (see Privacy Act Statement below).
- I understand that I can be enrolled in only one MA plan at a time and that enrollment in this plan will automatically end my enrollment in another MA plan (exceptions apply for MA PFFS, MA MSA plans).
- Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.
- The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.
- I understand that Presbyterian Senior Care has worldwide emergency/urgent care services.
- I understand that when my Presbyterian Senior Care coverage begins, I must get all of my medical and prescription drug benefits from Presbyterian Senior Care. Benefits and services provided by Presbyterian Senior Care and contained in my Presbyterian Senior Care "Evidence of Coverage" document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor Presbyterian Senior Care will pay for benefits or services that are not covered.
- I understand that my signature (or the signature of the person legally authorized to act on my behalf) on this application means that I have read and understand the contents of this application. If signed by an authorized representative (as described above), this signature certifies that:

1) This person is authorized under State law to complete this enrollment, and

2) Documentation of this authority is available upon request by Medicare.

Signature:	Today's Date:		
If you're the authorized representativ	e, sign above and fill out these fields:		
Name:	Address:		
Phone Number:	Relationship to Enrollee:		
Office U	se Only:		
Name of staff member, agent or broker (if assis	ted in enrollment):		
Broker NPN#	Date Received:		
How was enrollment received: Walk-in with presentation In Home with presentation Seminar/Meeting Telephonic Walk-in without presentation In Home without presentation Mail in Email Faxed			
Plan ID#Effective date of coverage:			
ICEP/IEP: AEP: SEP (t	ype): Not Eligible:		

Section 2 – All fields on this page are optional Answering these questions is your choice. You can't be denied coverage because you don't fill them out.				
I may need help accessing care or benefits and would like to be contacted (check all that apply): Find a new primary care provider (PCP) Transfer prescription/medication (e.g., coverage, cost, mail order) Care coordination (for example, if you have complex healthcare needs)				
As part of your enrollment, do you want to receive Plan Formulary Summary of Benefits Evi				
 Are you Hispanic, Latino/a, or Spanish origin? Select all that apply. No, not of Hispanic, Latino/a or Spanish origin Yes, Puerto Rican Yes, another Hispanic, Latino/a, or Spanish origin I choose not to answer 				
What's your race? Select all that apply.				
Alaska Native □ Filipino□ Asian Indian □ Guamanian or□ Black or Chamorro	KoreanI VietnameseNative HawaiianI WhiteOther AsianI choose notOther Pacific Islanderto answerSamoanI choose not			
All materials are available in Spanish and a machine-readable format through our website or by request. Other options, such as other languages, large print or Braille are available by request. Please contact Presbyterian Senior Care (HMO-POS) at (505) 923-6060 or 1-800-797-5343 . Our office hours are 8 a.m. to 8 p.m., seven days a week from October 1 to March 31, and Monday to Friday (except holidays) from April 1 through September 30. TTY users can call 711. Select one if you want us to send you information in a language other than English.				
Do you work? □ Yes □ No Does your spouse work? □ Yes □ No				
List your Primary Care Physician (PCP), clinic or hea	alth center:			



Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-855-592-7737 (TTY: 711). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-855-592-7737 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Navajo/Diné: Díí ats'íís dóó azee' bínda'í díłkidgo, Dinék'ehjí yadałti'iigi ła' bich'í hadíídzih. Béésh bee hane'é t'áá jíík'e be' hódíílnih 1-855-592-7737 (TTY: 711).

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。 如果您需要此翻译服务,请致电1-855-592-7737 (TTY: 711)。我们的中文工作人员很乐意 帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電1-855-592-7737 (TTY: 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-855-592-7737 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-855-592-7737 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-855-592-7737 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-855-592-7737 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

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Form CMS-10802 (Expires 31/12/25) Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-855-592-7737 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-855-592-7737 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 711) 7737-592-592-1. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-855-592-7737 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-855-592-7737 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-855-592-7737 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-855-592-7737 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-855-592-7737 (TTY: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-855-592-7737 (TTY: 711)にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

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