TriCore Preferred Care PPO

Coverage for: Individual or Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-979-6778 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-866-979-6778 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$1,250 Individual / \$2,500 Family Out-of-network: \$3,000 Individual / \$6,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care is covered before you meet your Deductible.	This <u>plan</u> covers some items & services even if you haven't met the <u>deductible</u> amount. But a <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network: \$3,000 Individual / \$6,000 Family Out-of-network: \$6,000 Individual / \$12,000 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out of pocket limit.
Will you pay less if you use a network provider?	Yes. See https://www2.phs.org/providers ?directory type=php&insuranc e_plans=aso-hmo-aso-ppo- aso-hdhp or call 1-866-979- 6778 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, you <u>network provider</u> might use an for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> /visit not subject to <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u> is met	Copayment for office visit only. Deductible and coinsurance apply for all other services. Video Visits for In Network are No Charge through phs.org/video visits. Telehealth for In Network is based on a member's specific benefit. Out of Network 40% coinsurance after deductible is met	
Cililo	<u>Specialist</u> visit	\$35 <u>copayment</u> /visit not subject to <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u> is met	Copayment for office visit only. Deductible and coinsurance apply for all other services.	
	Preventive care/screening/immunization	No charge	40% <u>coinsurance</u> after <u>deductible</u> is met	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may l denied.	
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met		
If you need drugs	Generic drugs (Tier 1)	Retail: \$7 copayment/ Mail: \$14 copayment	Retail: \$7 <u>copayment/</u> Mail: Not covered	Covers up to a 30-day supply (retail)/90-day supply (mail order) You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated	
to treat your illness or condition	Preferred brand drugs (Tier 2)	Retail: \$50 copayment/ Mail: \$100 copayment	Retail: \$50 copayment/ Mail: Not covered	by us. Certain drugs may have a preauthorization requirement or may result in a higher cost.	
More information about prescription drug	Non-preferred drugs (Tier 3)	Retail: \$75 <u>copayment/</u> Mail: \$150 <u>copayment</u>	Retail: \$75 <u>copayment/</u> Mail: Not covered	If you use a non-network pharmacy (including a mail order pharmacy), you may be responsible for any amount over the allowed amount. Certain preventive medications (including certain	
is available at https://client.formul arynavigator.com/S earch.aspx?siteCo de=0322075909	Self-Administered Specialty (Tier 4)	Retail: 20% coinsurance up to a maximum of \$400 per prescription Mail: Not Available	Not covered	contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your plan. Not all drugs are covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in	

		addition to any applicable copay and/or coinsurance may be applied. Specialty Drugs limited to a 30-day supply

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
ourgory	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
	Emergency room care	\$250 copayment/visit not subject to deductible	\$250 copayment/visit not subject to deductible	None	
If you need immediate	Emergency medical transportation	20% <u>coinsurance</u> ground/air not subject to <u>deductible</u>	20% <u>coinsurance</u> ground/air after <u>deductible</u> is met	None	
medical attention	<u>Urgent care</u>	\$40 <u>copayment</u> /visit not subject to <u>deductible</u>	\$40 <u>copayment</u> /visit not subject to <u>deductible</u>	None	
If you have a hospital	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
stay	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copayment</u> not subject to <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u> is met	Copayment for office visit only. Deductible and coinsurance apply for all other services.	
abusé services	Inpatient services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior Authorization may be required or benefits may be denied.	
	Office visits	No charge	40% <u>coinsurance</u> after <u>deductible</u> is met	Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.	

If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied. Prior Authorization is not required for gynecological or obstetrical ultrasounds.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Home health care	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied.	
	Rehabilitation services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied.	
	Habilitation services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	None	
If you need help recovering or have other special health needs	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Coverage is limited up to 60 days per calendar year. Prior authorization may be required or benefits may be denied.	
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied.	
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u> is met	40% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied.	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	None	
	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
Cosmetic Surgery	Infertility	Private duty nursing		

Dental CareGlasses	 Long-Term Care Non-Emergency care when travelling outside the US 	 Routine eye care Routine foot care – (Except as covered for Diabetes) Weight loss Program 					
Other Covered Services (Limitations may ap	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)						
 Acupuncture (20 maximum visits per cayear) Bariatric Surgery 	Chiropractic Care (20 maximum visits per calendar year)	Hearing aids – Every 36 months per hearing impaired ear for school-aged children under 18 years old (or under 21 years of age if still attending high school)					

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, you may contact the Office of the Superintendent of Insurance Managed Health Care Bureau at 1-855-427-5674 or by email at mhcb.grievance@state.nm.us.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-866-979-6778.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-979-6778.

如果需要中文的帮助,请拨打这个号码 1-866-979-6778.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-979-6778.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal car hospital delivery)	re and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible \$1,250 Specialist \$35 Hospital (Facility) 20% Other 20%		The plan's overall deductible \$1,250 Specialist \$35 Hospital (Facility) 20% Other 20%		The plan's overall deductibleSpecialistHospital (Facility)Other	\$1,250 \$35 20% 20%
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost \$12,700		Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,250	Deductibles	\$1,250	Deductibles	\$700
Copayments	\$10	Copayments	\$400	Copayments	\$400
Coinsurance	\$1,200	Coinsurance	\$500	Coinsurance	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$2,520	The total Joe would pay is	\$2,170	The total Mia would pay is	\$1,300

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.