



Preventive Medications List, 2024

The following Preventative medications and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Preventive medications are used for the management and prevention of complications from conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack and stroke. Below is a list of preventive medications and the conditions they are used to treat. Additionally, the Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services. For preventive medications (including over-the-counter medications) or products to be covered, a pharmacy claim will need to be submitted. Present your ID card to the dispensing pharmacy for processing and billing information.

Please note: The proprietary name (Brand Name) is given as reference information only. *If there is a generic form of the preventive medication available, only the generic will be considered for coverage at zero copay.*

If you have questions, you can call the Presbyterian Customer Service Center at Presbyterian at (505) 923-5678 (toll free at 1-800-356-2219). Representatives are available Monday through Friday 8 a.m. to 5 p.m.

Anti-cholesterol agents PPACA high triglycerides and cholesterol, heart attack	Statins	<i>atorvastatin</i> <i>lovastatin</i> <i>pravastatin</i> <i>simvastatin</i>	Statins are used to lower your “Bad” cholesterol (LDL) and increase your “Good” cholesterol (HDL). They help decrease your risk of heart disease. Statins should be taken at bedtime, because your body produces cholesterol while you are sleeping. They can cause muscle pain and weakness, it is important to report these symptoms to your provider. With some of these statins you cannot take grapefruit juice.
---	----------------	--	---

Federal Employees Custom Preventative Medication+PPACA
 Step Therapy Required¹
 Quantity Limits apply²
 Prior Authorization³
 Submitted Diagnosis Code**

January 2024

Aspirin Prevent CVD PPACA	tablets, chewable tabs, delayed release tabs, dispersible tabs, buffered tabs	Aspirin 81mg Aspirin 75mg Aspirin 162mg Aspirin 324mg Aspirin 325 mg	Aspirin is a blood thinner and pain reliever. At this dose (81mg) it is used for prevention of heart attacks. <i>Age edits apply minimum age 45 years</i>
Bowel Prep PPACA	Solution	Gavilyte C Gavilyte G Gavilyte N PEG 3350 PEG 3350 KCL Trilyte	Bowel preparation is the process of removing all feces from the colon in order to have a medical or surgical procedure such as a colonoscopy. Age edits apply minimum age 50 years
Breast Cancer Prevention PPACA	Oral Tablets	<i>Raloxifene **</i> <i>Tamoxifen **</i>	When used for primary prevention of breast cancer. ** Documentation to support primary breast cancer prevention required.
Fluoride Supplements for Children PPACA	Chewable tab, solution, lozenge	Sodium Fluoride	Sodium Fluoride is a mineral that helps prevent cavities. <i>ONLY for Pediatric patients age 6 months to 5 years</i>
Folic Acid Supplementation PPACA	Folic Acid	Folic Acid 400mcg Folic acid 800mcg Prenatal tab Prenatal tab 27mg Prenatal one tab Right Step tab	This is a B-vitamin that should be taken to prevent major birth defects in infants.

Federal Employees Custom Preventative Medication+PPACA

January 2024

Step Therapy Required¹

Quantity Limits apply²

Prior Authorization³

Submitted Diagnosis Code**

Tobacco Cessation PPACA	Tobacco Cessation Products OTC and Rx	Bupropion HCL (smoking deterrent) Chantix¹ NICOTROL NS NICOTROL Inhaler System <i>Gum, patches, lozenges</i>	Tobacco cessation products lowers the risk for lung and other types of cancer, reduces respiratory illness, COPD, and the risk of coronary heart disease, stroke and peripheral vascular disease. Step Therapy ¹ Applies
HIV PrEP PPACA	PrEP Pre-exposure prophylaxis	Descovy^{23**} (emtricitabine/tenofovir alafenamide fumarate) (tenofovir/emtricitabine)	Pre-exposure prophylaxis (or PrEP) is a way for people who do not have HIV but who are at very high risk of getting HIV to prevent HIV infection by taking a pill every day. Quantity Limit and Prior Authorization for new starts applies. **Submitted Diagnosis Code that supports HIV PrEP required.

Women's Preventative Contraception PPACA	Cervical Caps	Contraceptive Sponge	Coverage under the Patient Protection and Affordable Care Act (PPACA) includes all FDA-approved contraceptive methods, sterilization procedures and patient education and counseling without copay or other cost-sharing. Visit the website for additional information. https://www.phs.org/tools-resources/member/Pages/forms-and-documents.aspx Step Therapy ¹ and/or Quantity Limits ² may apply
	Diaphragms	Emergency Contraceptives (EC)	
	Implantable	Injectable Contraceptive	
	IUD (copper)	IUD (with progestin)	
	Oral Contraceptives	Oral Contraceptives Extended Cycle	
	Oral Contraceptives (Progestin Only)	OTC (Condoms, foam, film, gel, suppository)	
	Patch ¹	Sponge	
	Spermicide	Vaginal Contraceptive Ring ¹	

Commented [AD1]: Verified link.

Federal Employees Custom Preventative Medication+PPACA
 Step Therapy Required¹
 Quantity Limits apply²
 Prior Authorization³
 Submitted Diagnosis Code**

January 2024

--	--	--	--

Antidepressants (depression, mood disorders)	SSRI	Citalopram capsule paroxetine	fluoxetine sertraline	Most antidepressants work to increase the levels of neurotransmitters (serotonin, norepinephrine) in your brain, and thus affect your mood. It is important to take these medications every day at the same time for them to work properly. Some of these medications can take up to a full month to work.
	SNRI	venlafaxine		
	TCA	Amoxapine	imipramine	
	Other	Maprotiline Mirtazapine 15mg, 30mg, 45mg		
Cardiovascular Agents (high blood pressure, heart attack, excess fluid)	Diuretics	amiloride amiloride/hctz bumetanide chlorthalidone enthacrynic acid hydrochlorothiazide metolazone spironolactone spironolactone/hctz triamterene triamterene/hctz	furosemide indapamide	Diuretics are used to lower blood pressure and work by reducing swelling and fluid build-up. Diuretics can also be used to treat heart failure symptoms.
	ACE inhibitors	benazepril enalapril	captopril lisinopril	ACE inhibitors lower blood pressure. They also have protective effects on your kidneys and heart.
Cardiovascular Agents (high blood pressure, heart attack, excess fluid)	Beta Blockers	acebutolol Carvedilol metoprolol nadolol sotalol AF	atenolol labetalol sotalol timolol	Beta blockers are used for various cardiovascular diseases. They can be used to lower blood pressure and lower heart rate in heart failure.

Federal Employees Custom Preventative Medication+PPACA
 Step Therapy Required¹
 Quantity Limits apply²
 Prior Authorization³
 Submitted Diagnosis Code**

January 2024

	Calcium Channel Blockers	<u>Dihydropyridines:</u> amlodipine felodipine nifedipine <u>Non-dihydropyridines:</u> diltiazem verapamil	Calcium channel blockers also help to reduce blood pressure and can be used to control your heart rate and rhythm.
	Alpha Agonist, Central	guanfacine guanabenz methyldopa	Alpha Agonists are mainly used to reduce blood pressure; they are added-on to lower blood pressure after a person is already on several other medications.
Oral Anti-diabetic agents	(Diabetes Type 2)	acarbose glipizide glipizide/metformin tablets glimepiride glyburide glyburide micronizedglyburide/metformin metformin nateglinide	These medications are also for Type 2 Diabetes. They are taken with a meal and help lower your glucose. They can be in combination with metformin. It is important to check your glucose when on these medications as they can cause low blood sugar (hypoglycemia).
Respiratory agents (COPD, asthma, pneumonia, bronchitis, lung disease)	Inhaled Corticosteroids	Flovent HFA Flovent Diskus <i>(fluticasone propionate)</i> Asmanex <i>(mometasone inhaled)</i>	Corticosteroids reduce inflammation in your airway to help you breath better. They are used in the treatment of asthma and allergies, but there are many other conditions that they can treat such as COPD or cystic fibrosis. It is important to take these medications every day because they help keep the symptoms under control.

Federal Employees Custom Preventative Medication+PPACA
 Step Therapy Required¹
 Quantity Limits apply²
 Prior Authorization³
 Submitted Diagnosis Code**

January 2024

Diabetic Testing Supplies	Accu-Chek Products ²	Accu-Chek Aviva Test Strips Accu-Chek Active Test Strips Accu-Chek Smart View Test Strips Accu-Chek Comfort Curve Test Strips Accu-Chek Guide Test Strips Accu-Chek Nano Test Strips Accu-Chek Fastclix lancets Accu-Chek Multiclix lancets Accu-Chek Softclix lancets Accu-Chek SoftTouch lancets Accu-Chek Kits	Accu-Chek Blood Glucose Meters and Testing strips. A Blood glucose test measures the amount of sugar (glucose) in a sample of your blood. This is used to monitor patients diagnosed with diabetes or pre-diabetes. Quantity limits apply ²
Opioid Reversal Agent	Narcan ²	Narcan nasal spray (naloxone hcl) Naloxone inj. (naloxone)	A prescription medicine used for the treatment of an opioid emergency such as an overdose or a possible opioid overdose with signs of breathing problems and severe sleepiness or not being able to respond. Quantity limits apply ²

MPC102322

Federal Employees Custom Preventative Medication+PPACA
 Step Therapy Required¹
 Quantity Limits apply²
 Prior Authorization³
 Submitted Diagnosis Code**

January 2024