

"You CHWs are miracles. Thank you for helping me get the treatment I needed."

> Member enrolled in the CHW program at Presbyterian

### Contact us:

#### **CHW Program**

(505) 923-8567 or 1-866-597-7839

chwincomingdocuments@phs.org

Such services are funded in part with the State of New Mexico.

Presbyterian complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojį' hódíílnih (505) 923-5420, 1-855-592-7737 (TTY: 711).

# What a Community Health Worker Can Do for You

Presbyterian Centennial Care Members



### PRESBYTERIAN

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## A PRESBYTERIAN

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# Who are Community Health Workers?

Presbyterian Health Plan Community Health Workers (CHWs) work and live in the same communities as you. Our specialized training makes us a great resource to help you get what you need to stay as healthy as possible.

CHWs are committed to helping you and your family improve your health. Our services are confidential and provided to you at no cost.

Your health is important and we're here to support you. We will help you find a provider and make an appointment. If you want, we can go with you to your appointments too.

We can also help you manage the health conditions you may have, such as:

- Pregnancy
- Asthma
- Diabetes
- Behavioral health
- Substance use problems

Sometimes people need help outside of healthcare. We can you help you find:

- Housing
- Food
- Utility assistance
- Transportation
- Translation services

### What to expect from your CHW



Once you let us know you want services, your CHW will call you to set up an appointment. They can meet you at your home or talk with you on the phone. They will ask you questions so that they can understand what services you want and need.



Your CHW will help you develop an action plan to address the services you want and need.



Your CHW can help you for as long as you want, but services usually last 30 to 90 days.



### How do I get CHW services?

Presbyterian offers CHW services in English and Spanish. To ask for CHW services, call or email us at.



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Email: chwincomingdocuments@ phs.org

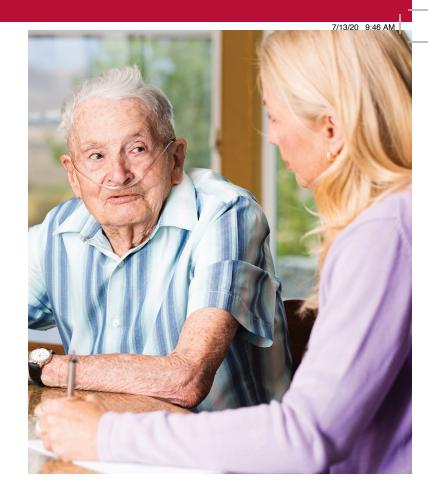
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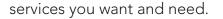
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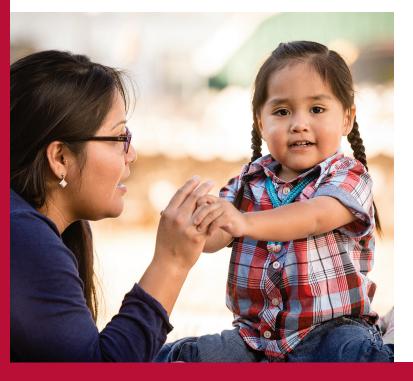




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