

2024 Group LF HMO HDHP Silver \$3250

Coverage for: Individual or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-356-2219 or visit www.phs.org. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-356-2219 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<b>\$3,250</b> Individual / <b>\$6,500</b> Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , Covid-19 screening, testing, treatment, vaccines, boosters and any service that has a <u>copayment</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$7,000</b> Individual <b>/\$14,000</b> Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See Docs. HMO Network <a href="https://www2.phs.org/providers/?insurance_plans=individual-and-family-or-group-hmopos">https://www2.phs.org/providers/?insurance_plans=individual-and-family-or-group-hmopos</a> or call <b>1-800-356-2219</b> for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>provider network might</u> use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a referral.

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event	Services You May Need	In-network Provider (You will pay the least)  What You Will Pay Out-of-network Provider (You will pay the most)			
	Primary care visit to treat an injury or illness	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	All other services <u>deductible</u> or <u>coinsurance</u> may apply. Medical Drugs will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, boosters, or medical	
	<u>Specialist</u> visit	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No charge <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Medical Drugs will have a separate charge. No charge for anything related to COVID-19 screening, testing, vaccines, boosters, or medical treatment. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% coinsurance after deductible is met  20% coinsurance after deductible is met	Not covered  Not covered	Prior authorization may be required or benefits may be denied.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition	Preferred Generic Drugs (Tier 1)	No charge (retail) per 30-day supply after deductible is met / No charge (mail order) after deductible is met	No charge (retail) after deductible is met / Mail Order benefits administered by Optum Rx Home Delivery	90-day maximum supply (retail).  Preferred insulin or medically necessary alternative	
More information about prescription drug coverage is available at https://client.formularyravigator.com/Search.aspx?siteCode=032449	Non-Preferred Generic Drugs (Tier 2)	20% coinsurance (retail) after deductible is met / 20% coinsurance (mail order) after deductible is met	20% coinsurance (retail) after deductible is met / Mail Order benefits administered by Optum Rx Home Delivery	will not exceed \$25 copayment per 30-day suppl after deductible has been met. Prior authorization may be required.  Pharmacy Transactions where Manufacturer discount or copay assistance cards are used will count towards the deductible and out-of-pocket	
8195	Preferred Brand Drugs (Tier 3)	20% coinsurance (retail) after deductible is met / 20% coinsurance (mail order) after deductible is met	20% coinsurance (retail) after deductible is met / Mail Order benefits administered by Optum Rx Home Delivery	maximum.  Refer to the Formulary for a complete listing and coverage details.  Prior authorization may be required.	
	Non-preferred Drugs (Tier 4)	20% coinsurance (retail) after deductible is met / 20% coinsurance (mail order) after deductible is met	20% coinsurance (retail) after deductible is met / Mail Order benefits administered by Optum Rx Home Delivery	Self-Administered Specialty Drugs (Tier 5) limited to 30-day supply and Mail ordered Not covered.	
	Self-Administered Specialty Drugs (Tier 5)	20% coinsurance (retail) after deductible is met / Not available (mail order)	Not covered		

Common Medical Event	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other Important	
			Out-of-network Provider (You will pay the most)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered		
If you need immediate medical attention	Emergency room care	20% <u>coinsurance</u> after <u>deductible</u> is met	20% <u>coinsurance</u> after <u>deductible</u> is met	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines, boosters. Balance billing is not allowed for out-of-network care.	
	Emergency medical transportation	20% <u>coinsurance</u> after <u>deductible</u> is met	20% <u>coinsurance</u> after <u>deductible</u> is met	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines, boosters. Balance billing is not allowed for out-of-network care.	
	<u>Urgent care</u>	20% <u>coinsurance</u> after <u>deductible</u> is met	20% <u>coinsurance</u> after <u>deductible</u> is met	No charge for anything related to COVID-19 screening, testing, medical treatment, vaccines, boosters. Balance billing is not allowed for out-of-network care.	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
Stay	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered		
If you need mental health, behavioral health, or substance abuse	Outpatient services	No charge after deductible is met	Not covered	Acute Medical Detoxification Benefits are Covered and will cover no less than 30 days Inpatient in an Alcohol Dependency Treatment Center and no less	
services	Inpatient services	No charge after deductible is met	Not covered	than 30 Outpatient visits for Alcohol Dependency Treatment.	

Common Medical Event	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other Important	
			Out-of-network Provider (You will pay the most)		
If you are pregnant	Office visits	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Cost sharing does not apply for <u>preventive</u> services. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
	Childbirth/delivery professional services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied. Cost sharing does not apply for	
	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	<u>preventive</u> services. Prior authorization is not required for gynecological or obstetrical ultrasounds.	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Coverage is limited to 100 days/plan. Prior authorization may be required or benefits may be denied.	
	Rehabilitation services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
	Habilitation services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	None	
	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Coverage is limited up to 60 days/plan year. Prior authorization may be required or benefits may be denied.	
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u> is met	Not covered	Prior authorization may be required or benefits may be denied.	
If your child needs dental or eye care	Children's eye exam	No charge <u>deductible</u> does not apply	\$55.00 copayment /visit deductible does not apply	One eye refraction exam associated with post cataract surgery or keratoconus correction per year is covered; additional charges may apply.	
	Children's glasses	deductible is met	\$40.00 copayment /visit deductible does not apply	Eyeglasses and contact lenses within 12 months following cataract surgery, correction of keratoconus or when related to Genetic Inborn Errors of Metabolism is limited to once a year; additional charges may apply. Prior authorization may be required or benefits may be denied.	
	Children's dental check-up	Not covered	Not covered	None	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)
- Dental check-up (Child) Coverage is available in the Insurance Market and can be purchased as a stand-alone product.
- Long-Term Care
- Non-Emergency Care When Traveling Outside the U.S.
- Private-Duty Nursing
- Routine Foot Care \* only covered when medically necessary for diabetes. See GSA for details.

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion Services (excepted and non-excepted)
- Acupuncture (20 visits per Calendar Year unless for Rehabilitation or Habilitative Services)
- Bariatric Surgery (for patients with a Body Mass Index (BMI) of 35 kg/m2 or greater who are at high risk for increased morbidity due to specific obesity related comorbid medical conditions)
- Chiropractic Care (20 visits per Calendar Year unless for Rehabilitation or Habilitative Services)
- Hearing Aids (one per ear, every three years)
- Infertility Treatment (Diagnosis and medically indicated treatments for physical conditions causing infertility)
- Routine Eye Care (Adult) limited to one eye exam per year (available with the purchase of the vision rider)
- Weight Loss Programs (Includes coverage for drugs and programs if medically necessary for morbid obesity and obesity)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="http://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助,请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to <a href="www.phs.org/nondiscrimination.aspx">www.phs.org/nondiscrimination.aspx</a>.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a	Managing Joe's type 2 E (a year of routine in-network ca controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The <u>plans</u> overall <u>deductible</u> \$3,250		■The <u>plans</u> overall <u>deductible</u>	\$3,250	■The <u>plans</u> overall <u>deductible</u>	\$3,250
Specialist	20%	■ <u>Specialist</u>	20%	<b>■</b> Specialist	20%
Hospital (Facility)	20%	Hospital (Facility) 20%		Hospital (Facility)	
Other	20%	Other	Other 20%		20%
This EXAMPLE event includes services I Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood v Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost \$12,700		Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,250	Deductibles	\$3,250	Deductibles	\$2,800
Copayments	\$0	Copayments \$0		Copayments	\$0
Coinsurance	\$1,900	O00 Coinsurance \$400 Coinsurance		Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is \$5,210		The total Joe would pay is	\$3,670	The total Mia would pay is	\$2,800

The plan would be responsible for the other costs of these EXAMPLE covered services