

# 2024 Over-the-counter catalog

Shop for over-the-counter (OTC) products with your quarterly benefit allowance from Presbyterian Dual Plus (HMO D-SNP) plan.



# Your OTC benefit

As part of your benefits, your OTC card gives you a quarterly allowance to buy approved OTC products. Purchase products like toothpaste, vitamins, pain relief and more. It's all included with your health plan at no cost to you.

## How it works

1. \$315 in funds are added to your account every three months. Your OTC card is linked to this account.
2. To activate your OTC card before you start shopping, call **1-833-832-7306 TTY 711**. Use your OTC card to buy approved OTC products.
3. Benefit allowances expire at the end of the calendar year. You should have already received your OTC card in a separate mailing.

## Choose how you shop



**Online.** Enjoy the convenience of shopping from home — anytime day or night. Find all catalog items, plus hundreds more when you shop online.

- **Web.** Visit **[mypres.phs.org](https://mypres.phs.org)**
- **App.** Download the **Healthy Benefits Plus app** on your phone or tablet



**Catalog.** Fill out an order form and mail it to Optum P.O. Box 31335, Salt Lake City, UT 84131-9916. Or call **1-866-757-2043, TTY 711** to place your order by phone.




**In-store.** Use your OTC card when you shop thousands of participating retail stores. Learn more about shopping in-store or find approved stores near you when you visit **[mypres.phs.org](https://mypres.phs.org)**.

**Save this catalog.** You may want to reference it each time you place an order.

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# How to read this catalog

Item and description		Item number	Price
 <b>Wrist Blood Pressure Monitor</b> Memory capabilities and digital screen. Fits wrist size 5.3"—8.5". Two AAA batteries included. One-year limited warranty.		<b>#5490**</b> 1 each, quantity limit 2	<b>\$21.05</b>
		Quantity and quantity limit	

# Medicine and treatments

## Allergy and sinus

Get more from your credits when you buy generic.

**Active Ingredient:** Fexofenadine HCl 180 mg. May help relieve indoor and outdoor allergies.



<b>Allegra® Allergy — 24 Hour</b>	<b>#2392***</b>	<b>\$21.80</b>
	30 tablets	



<b>Allergy Relief Tablets — 24 Hour</b>	<b>#3088***</b>	<b>\$12.95</b>
Compares to Allegra® Allergy.	30 tablets	

**Active Ingredient:** Diphenhydramine HCl 25 mg. May help relieve allergy symptoms.



<b>Benadryl® — Allergy Relief</b>	<b>#2192</b>	<b>\$8.95</b>
	48 ultratabs	



<b>Allergy Relief</b>	<b>#3193</b>	<b>\$4.25</b>
Compares to Benadryl® Allergy Ultratab®.	100 tablets	

**Active Ingredient:** Loratadine 10 mg. May help relieve indoor and outdoor allergy symptoms. Non-drowsy.



<b>Claritin® — 24 Hour</b>	<b>#3574***</b>	<b>\$23.95</b>
	30 tablets	



<b>Allergy Relief — Loratadine 10 mg</b>	<b>#3235***</b>	<b>\$5.50</b>
Compares to Claritin® — 24 Hour.	30 tablets	

**Active Ingredient:** Cetirizine HCl 10 mg. May help relieve sneezing, runny nose, itchy and watery eyes and itchy throat or nose for 24 hours.



<b>Zyrtec® — 24 Hour</b>	<b>#3487***</b>	<b>\$20.00</b>
	30 tablets	



<b>Allergy Relief Cetirizine — All Day</b>	<b>#3202***</b>	<b>\$13.95</b>
Compares to Zyrtec®.	90 tablets	



Go online now to shop all catalog items, plus many more.

**Active Ingredient:** Fluticasone 50 mcg. May provide relief of nasal congestion, runny or itchy nose and sneezing.



**Flonase® — Nasal Spray**

**#3195** **\$27.00**  
144 sprays



**Fluticasone Nasal Spray**  
Compares to Flonase®

**#3056** **\$14.90**  
120 sprays



**Vicks® Sinex™ Saline**

Ultra fine mist spray. Drug free.

**#4729** **\$10.45**  
5 fl. oz.



**Saline Nasal Spray**

Compares to Ocean® moisturizing nasal spray

**#3244** **\$3.55**  
3 fl. oz.



**Vicks® VapoInhaler™**

Inhale refreshing vapors through each nostril. Non-medicated. Menthol scent.

**#4921** **\$12.55**  
2 sticks



**Curad® Nasal Strips**

Strips may relieve nasal congestion and reduce snoring. One size fits most. Clear.

**#2698** **\$7.05**  
30 count

## Cold, cough and flu



**Luden's® Throat Drops**

May soothe minor sore throats and relieve mouth irritation and pain. Wild Cherry flavor.

**#2439** **\$5.25**  
90 count



**Halls® Relief Cough Drops — Cherry**

May relieve coughs, soothe sore throats and cool nasal passages. Contains menthol.

**#8854** **\$4.55**  
80 count

# Medicine and treatments

	<b>Halls® Relief Cough Drops — Mountain menthol</b> Sugar free. May relieve coughs, soothe sore throats and cool nasal passages. Contains menthol.	<b>#8856</b> 70 count	<b>\$4.85</b>
	<b>Ricola® Cough Drops — Sugar free</b> Lemon mint flavor. May relieve coughs and soothe sore throats. Contains menthol.	<b>#8899</b> 45 count	<b>\$4.50</b>
	<b>Cough Drops — Cherry</b> Compares to Halls®. Contains menthol.	<b>#4265</b> 2 bags of 30	<b>\$3.15</b>
	<b>Vicks® NyQuil™ Cold and Flu — Original</b> May help relieve cold and flu symptoms. For nighttime use.	<b>#6729</b> 12 oz.	<b>\$11.95</b>
	<b>Vicks® NyQuil™ Cold and Flu — Cherry</b> May help relieve cold and flu symptoms. For nighttime use.	<b>#3078</b> 12 oz.	<b>\$11.95</b>
	<b>NightTime Cold &amp; Flu Softgels</b> Compares to Vicks® NyQuil™ Cold & Flu.	<b>#3549</b> 16 softgels	<b>\$7.75</b>
	<b>Cold &amp; Flu — Nighttime</b> Compares to Vicks® NyQuil™ Cold & Flu. Nighttime cold and flu relief from aches, fever, cough, sneezing and runny nose. Cherry flavor.	<b>#1657</b> 12 fl. oz.	<b>\$6.85</b>
	<b>Mucinex® DM</b> May help control cough, relieve chest congestion and loosen mucus. Dextromethorphan HBr 30 mg, Guaifenesin 600 mg.	<b>#2530</b> 40 count	<b>\$24.85</b>
	<b>Cough &amp; Cold Relief — High Blood Pressure</b> Compares to Coricidin® HBP Cough & Cold. Active ingredients: chlorpheniramine maleate 4 mg, dextromethorphan HBr 30 mg.	<b>#2135</b> 16 tablets	<b>\$5.75</b>



Go online now to shop all catalog items, plus many more.



**DM Cough Syrup - Sugar-Free**

Controls cough. Loosens and relieves chest congestion.

**#3364**

4 oz.

**\$4.25**



**Guaifenesin 600 mg + DM 30 mg**

Compares to Maximum Strength Mucinex® DM. Controls cough, thins and loosens mucus.

**#4862**

40 tablets

**\$17.45**



**Vicks® VapoRub™**

Cough suppressant chest rub.

**#4534**

3.53 oz.

**\$9.45**



**Medicated Chest Rub**

Compares to Vicks® Vaporub™.

**#2972**

3.53 oz.

**\$2.05**



**Abreva® — Docosonal 10%**

Cold sore and fever blister treatment.

**#3675**

2 grams

**\$19.80**

## Digestive health

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**Prilosec OTC®**

Heartburn relief and acid reducer.

**#1823\*\*\***

42 tablets

**\$24.25**



**Omeprazole Acid Reducer**

Compares to Prilosec OTC®.

**#1856\*\*\***

42 capsules

**\$15.80**



**Tums® Smoothies™ —  
Extra Strength**

May help relieve heartburn, acid indigestion and sour stomach. Chewable, assorted fruit flavors.

**#1288**

140 tablets

**\$9.45**



**Antacid Tablets — Extra Strength**











Compares to TUMS® Extra Strength. Chewable, assorted fruit flavors.

**#1890**

96 tablets

**\$3.10**

# Medicine and treatments

	<b>Ultra Strength Antacid Soft Chews</b> May help relieve heartburn, sour stomach and acid indigestion. Cherry flavor.	<b>#1814</b> 36 chews	<b>\$4.85</b>
	<b>Nexium® 24 Hour Delayed-Release ClearMinis™</b> Esomeprazole magnesium 20 mg. May treat frequent heartburn. Three 14-day courses of treatment.	<b>#2395</b> 42 capsules	<b>\$28.95</b>
	<b>Esomeprazole Magnesium 20 mg</b> Compares to Nexium® 24HR.	<b>#2870</b> 42 count	<b>\$16.00</b>
	<b>Gas-X® Extra Strength</b> Offers fast gas relief of pressure, bloating and discomfort.	<b>#1233</b> 50 softgels	<b>\$11.15</b>
	<b>Gas Relief Simethicone 80 mg</b> Compares to regular strength Gas-X®.	<b>#1783</b> 100 tablets	<b>\$6.25</b>
	<b>Stomach Relief Bismuth Liquid</b> Compares to Pepto-Bismol® May help relieve upset stomach, indigestion, nausea, heartburn and diarrhea.	<b>#1579</b> 8 fl. oz.	<b>\$2.40</b>
	<b>Dairy Aid®</b> Compares to Lactaid®. May help prevent gas, bloating or diarrhea.	<b>#1612</b> 60 caplets	<b>\$9.20</b>
	<b>Anti-Diarrheal Caplets</b> Compares to Imodium® A-D. May help control symptoms of diarrhea.	<b>#1603</b> 12 caplets	<b>\$3.80</b>
	<b>Anti-Diarrheal Liquid</b> Compares to Imodium® A-D liquid. May help control symptoms of diarrhea.	<b>#1592</b> 4 fl. oz.	<b>\$4.20</b>
	<b>Milk of Magnesia</b> Compares to Phillips®. May help relieve occasional constipation.	<b>#2333</b> 16 fl. oz.	<b>\$5.50</b>



Go online now to shop all catalog items, plus many more.



**ClearLax Powder**

Compares to Miralax®. May help relieve occasional constipation and softens stool.

**#1623**  
17.9 oz.

**\$14.20**



**Dulcolax® Laxative —  
Overnight Relief**

For relief of occasional constipation and irregularity.

**#1593**  
50 tablets

**\$12.25**



**Laxative Natural Vegetable Tablets**

Compares to Senokot®. Gentle overnight relief of occasional constipation. Sennosides, 8.6 mg.

**#1571**  
100 tablets

**\$5.30**



**Stool Softener Softgels**

Compares to Colace®. May help relieve occasional constipation.

**#1558**  
100 softgels

**\$4.10**



**Metamucil® Fiber Powder —  
Sugar free, Orange flavor**

May help promote digestive health, control appetite, maintain healthy blood sugar levels, and lower cholesterol. 23.3 oz.

**#1715**  
114 servings

**\$25.55**



**Fiber Powder — Sugar free,  
Orange flavor**

Compares to Metamucil®. 10 oz.

**#1510**  
48 servings

**\$8.75**



**Benefiber® Prebiotic Fiber  
Stick Packs**

Sugar free and gluten free. Unflavored.

**#8742**  
48 count

**\$22.00**



**Fiber Powder — Sugar free**

Compares to Benefiber®. Unflavored. 8.8 oz.

**#1684**  
62 servings

**\$6.60**



**Motion Sickness — Less Drowsy**

Compares to Dramamine Less Drowsy® formula.

**#2623**  
8 tablets

**\$1.60**

# Medicine and treatments

## First aid

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**Band-Aid® Tough Strips®  
Adhesive Bandage**

**#6520** **\$8.05**  
60 count

Not recommended for sensitive or thin skin. Up to 24 hour protection. Size, 1"x3 1/4".



**Curad® Adhesive Bandages; 1" size,  
waterproof**

**#5118** **\$4.95**  
100 count

Long lasting, sure-stick adhesive stays secure even when wet.



**Curad® Adhesive Bandages;  
2"x4"**

**#5160** **\$4.05**  
50 count

Long lasting, sure-stick adhesive stays secure even when wet.



**Curad® Ouchless  
Adhesive Bandages**

**#1065** **\$5.85**  
50 count

Flexible fabric material with EZ Release™ silicone adhesive.



**Curad® Variety Pack  
Assorted Bandages**

**#6535** **\$7.70**  
200 count

Contains 20 waterproof, 50 Flex-Fabric™, 60 plastic, 60 sheer and 10 XL Flex-Fabric™ bandages.



**Curad® Spray Bandage.**

**#5166** **\$7.15**

Forms a protective seal over wounds. 1.35 fl. oz.  
Quick-dry formula is flexible, breathable and stays on hard-to-cover areas.

⚠ Cannot ship to HI, AK, or P.O. boxes.



**Curad® Compact First Aid Kit**

**#5342** **\$13.10**  
75 piece kit, quantity limit 3

Includes cleansing towelettes, alcohol swabs and assorted bandages.



**Curad® Mini First Aid Kit**

**#5208** **\$3.15**  
30 piece kit, quantity limit 3

Includes alcohol cleansing pads and bandages in a variety of sizes. Ideal for travel.



Go online now to shop all catalog items, plus many more.



### Powder-free Synthetic Exam Glove

Stretch vinyl gloves are powder-free and latex-free. Beige color.

**#2017**  
Quantity  
limit 3

**\$13.10**

Size	S	M	L	XL
Quantity	100	100	100	90

ⓘ Specify Size when ordering.



### Curad® Nitrile Exam Gloves — Powder-free, Latex-free

Medical-grade exam gloves. Provides barrier protection with a soft touch. Light blue color. One size fits most.

**#8788**  
40 count,  
quantity  
limit 3

**\$6.50**



### Hydrogen Peroxide

First aid antiseptic. Topical solution.

**#5655**  
4 fl. oz.

**\$1.25**



### Isopropyl Alcohol

First aid antiseptic.

**#5672\*\*\***  
16 fl. oz.

**\$2.00**

ⓘ Cannot ship to HI, AK, or P.O. boxes.



### Isopropyl Alcohol Prep Pads

First aid antiseptic. Handy wipes. 70% isopropyl alcohol.

**#5664**  
200 count

**\$3.15**



### Neosporin® Ointment

Infection protection to treat minor cuts, scrapes and burns.

**#8213**  
1 oz.

**\$8.60**



### Neosporin® + Pain Relief Dual Action Cream

Fast-absorbing cream.

**#8468**  
1 oz.

**\$9.40**



### Triple Antibiotic Ointment

For minor cuts, scrapes and burns.

**#5462**  
1 oz.

**\$2.60**



### Aquaphor® Healing Ointment

May temporarily protect and help relieve chapped or cracked skin and lips. Preservative and fragrance-free.

**#5568**  
14 oz.

**\$16.85**



### Cotton Swabs

Swabs are double-tipped.

**#5284**  
750 count

**\$4.45**

# Medicine and treatments



## Antiseptic Spray

Water-resistant and transparent spray forms a seal around cuts and scrapes that helps keep dirt and germs out.

⚠ Cannot ship to HI, AK, or P.O. boxes.

#3034

\$4.95

2 fl. oz.



## Petroleum Jelly

Multipurpose skin protectant. Moisturizes rough, dry, chapped skin.

4 oz.

#5649

\$1.65

13 oz.

#5680

\$3.10



## Cotton Balls

Soft, white and absorbent. Medium size.

#5275

\$2.10

200 count



## Curad® Non-Adherent Pad

Sterile absorbent cotton and polyester pad that does not stick to lightly draining wounds. Film allows air to circulate while wound is draining. Size: 3"x 4".

#5554

\$6.50

20 pack



## Curad® Waterproof Adhesive Tape

Strong, durable adhesive holds securely. 1/2"x10 yds.

#2075

\$2.30

1 roll



## Ice Bag

Ice bag is an ideal cold therapy for ankles, knees, elbows and thighs.

#5355

\$5.95

1 each



## OFF!® Deep Woods® Insect Repellent V

May provide long-lasting protection against biting insects.

⚠ Cannot ship to HI, AK or P.O. Boxes.

#1933

\$14.25

6 oz.,

2 pack



## Ben's® Tick & Insect Repellent

Repels insects including mosquitoes for up to 10 hours. 30% DEET.

#1632

\$11.55

3.4 fl. oz.  
pump



Go online now to shop all catalog items, plus many more.



### Bite and Sting Relief Ointment

May provide temporary relief of pain and itching due to bug bites.

#3598

1.75 oz.

\$5.25



### Cortizone 10® Anti-Itch Creme

May provide fast itch relief and reduce inflammation. Contains 1% hydrocortisone.

#3582

2 oz.

\$9.00



### Anti-Itch Cream

Compares to Extra Strength Benadryl® cream.

#5455

1.25 oz.

\$4.00



### Calamine Lotion

May help dry the oozing and weeping from poison ivy, oak and sumac.

#5370

6 fl. oz.

\$3.30



### Dr Teal's® Pure Epsom Salt

May ease aches and pains from muscle soreness.

#5460

6 lbs

\$6.20



### Epsom Salt

Multiuse product. Most commonly used as an aid in soaking minor sprains and bruises.

#5373

16 oz.

\$1.45



### Face Mask

Covers nose and mouth. Single use only. Latex-free.

#2121

1 pack of  
10 masks

\$5.70



### Face Shield — Disposable

Full length coverage. Foam top with elastic band. Lightweight. Can be worn with or without glasses.

#2144

1 shield

\$2.50



### Hand Sanitizer — Alcohol-Free Foam

Kills more than 99% of germs. With vitamin E.

1.7 oz.

#5705

\$4.80

7.5 oz.

#5691

\$7.55



### Hand Sanitizer — Foam

Contains 70% ethyl alcohol. Foam formula evaporates quickly on hands.

#5512

18 fl. oz.

\$10.30

Ⓜ Cannot ship to HI, AK or P.O. Boxes.

# Medicine and treatments



**Purell® Advanced Hand Sanitizer Gel**  
 Contains vitamin E.

**#2638**  
 12 oz.

**\$5.75**

Ⓢ Cannot ship to HI, AK or P.O. Boxes.



**Hand Sanitizer Wipes**  
 Antimicrobial hand wipe with 70% alcohol.

**#7088**  
 160 count

**\$12.95**

Ⓢ Cannot ship to HI, AK or P.O. Boxes.

## Pain relief and management



**Tylenol® Extra Strength 500 mg**  
 Acetaminophen 500 mg.

**#6431**  
 100 caplets

**\$11.50**



**Acetaminophen 500 mg**  
 Compares to Extra Strength Tylenol®.

**#2671**  
 100 caplets

**\$4.35**



**Tylenol® Regular Strength 325 mg**  
 Acetaminophen 325 mg.

**#2299**  
 100 tablets

**\$8.05**



**Pain Relief Acetaminophen 325 mg**  
 Compares to Regular Strength Tylenol®.

**#2664**  
 100 tablets

**\$2.35**



**Acetaminophen 650 mg Extended-Release**  
 Compares to Tylenol® 8 Hour Arthritis Pain. May provide temporary relief of minor arthritis pain.

**#2281**  
 100 caplets

**\$7.35**



**Motrin® IB Pain Reliever / Fever Reducer**  
 Ibuprofen 200 mg.  
 50 coated caplets  
 100 coated caplets

**#2461**  
**#2472**

**\$6.90**  
**\$9.65**



**Ibuprofen 200 mg**  
 Compares to Advil®.

**#2588**  
 100 tablets

**\$2.20**



**Pain Relief Naproxen Sodium**  
 Compares to Aleve®, 220 mg. Strength to last 12 hours.

**#2760**  
 100 tablets

**\$5.25**



Go online now to shop all catalog items, plus many more.



**Bayer® Aspirin Low Dose 81 mg**  
For temporary relief of minor aches and pains.

**#2962**  
300 coated tablets

**\$16.75**



**Aspirin 81 mg Enteric Coated**  
Compares to Bayer® Low Dose Aspirin.

120 tablets  
300 tablets

**#2716**  
**#2720**

**\$2.10**  
**\$4.40**



**Aspirin 325 mg Tablets**  
Compares to Bayer® Aspirin.

**#5645**  
100 tablets

**\$1.50**



**Excedrin® Migraine**  
For migraine headache relief.  
Acetaminophen 250 mg, aspirin 250 mg (NSAID), caffeine 65 mg.

**#2474**  
100 caplets

**\$12.55**



**Pain Reliever Plus Coated Tablets**  
Compares to Excedrin®.

**#2352**  
100 tablets

**\$5.25**



**Pain Relieving Gel**  
Contains 2% menthol. Compares to Mineral Ice.

8 oz.  
16 oz.

**#2357**  
**#1011**

**\$6.95**  
**\$9.95**

ⓘ Cannot ship to HI, AK or P.O. Boxes.



**Aspercreme® with 4% Lidocaine – Roll-on**  
May provide temporary relief for tough muscle pain, joint pain and back pain.

**#2833**  
2.5 fl. oz.

**\$9.95**



**Theraworx® Relief Fast Acting Spray**  
For leg cramps, foot cramps and muscle soreness.

**#6715**  
7.1 oz.

**\$20.20**



**BC Powder® Original Strength Pain Reliever**  
May temporarily relieve head, back, tooth, and muscle aches. Aspirin 845 mg (NSAID), caffeine 65 mg.

**#2315**  
50 powder sticks

**\$7.15**

# Medicine and treatments



**Pain Relief Patch** #2195 \$6.50  
Maximum Strength with 4% lidocaine. 5 patches



**ActivICE™**  
Contains 8% menthol. May provide temporary relief from muscle aches, joint and back pain.

3 oz. roll-on	#6123	\$10.50
4 fl. oz. spray	#7125	\$10.50
4 oz. gel tube	#8127	\$10.55

ⓘ Cannot ship to HI, AK or P.O. Boxes.



**Preparation H® Flushable Medicated Wipes** #1827 \$6.15  
48 count  
Helps relieve the local itching and discomfort associated with hemorrhoids.



**Preparation H® Hemorrhoidal Ointment** #1746 \$9.25  
1 oz.  
Soothing relief from painful burning, itching and discomfort.



**Hemorrhoidal Ointment** #3138 \$5.05  
Compares to Preparation H®. 2 oz.



**Miconazole Cream — 7 Day** #3099 \$5.75  
May help cure most vaginal yeast infections. May help reduce vaginal burning, itching and discharge. 1.5 oz.



**Orajel™ 4x Medicated for Toothache & Gum Pain Relief** #5833 \$8.05  
0.33 oz. tube  
Cream. May provide instant relief for severe toothaches and painful gums.



**Eye Pillow** #1135 \$10.95  
May help relieve eye strain, puffiness, headache and sinus pain. Soft, breathable cotton fabric. Freeze or refrigerate for cooling relief. 1 mask

# Personal care

## Eye and ear care

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<b>Bausch &amp; Lomb Advanced Eye Relief®</b>	<b>#2743</b>	<b>\$13.05</b>
May help replenish tears. Contains lubricants to gently moisturize eyes.	1 fl. oz.	



<b>Bausch &amp; Lomb Soothe® Preservative-Free Lubricant Eye Drops.</b>	<b>#2854</b>	<b>\$12.75</b>
May help moisturize and comfort dry eyes. Recommended for LASIK dryness.	30 vials	



<b>Eye Drops — Irritation Relief</b>	<b>#5124</b>	<b>\$2.40</b>
Compares to Visine® A.C. For temporary relief of eye discomfort and redness due to minor eye irritations.	0.5 fl. oz.	



<b>Visine® Dry Relief All Day Lubricant Eye Drops</b>	<b>#2343</b>	<b>\$6.95</b>
May lock in moisture and protect against irritation. Relieves dry eyes in seconds and lasts up to 10 hours.	0.5 fl. oz.	



<b>Refresh Tears® Lubricant Eye Drops.</b>	<b>#7863</b>	<b>\$11.35</b>
For mild to moderate dry eyes. Designed to act like natural tears.	0.5 fl. oz.	



<b>Multi-Purpose Contact Lens Solution</b>	<b>#2305</b>	<b>\$6.35</b>
No-rub multipurpose contact lens solution cleans, disinfects and removes proteins. Use for lens storage.	12 fl. oz.	



<b>Clinere® Earwax Cleaners</b>	<b>#1893</b>	<b>\$7.40</b>
Flexible plastic tool that may remove earwax.	10 count	



<b>Earwax Treatment Drops</b>	<b>#3232</b>	<b>\$5.20</b>
Compares to Debrox®. May help remove excessive earwax.	0.5 fl. oz.	

# Personal care



<b>Foldable Reading Glasses +1.00</b>	<b>#7149</b>	<b>\$8.45</b>
Unisex reading glasses. Includes carrying case. Additional magnification strengths available online.	1 each	
<b>+2.00</b>	<b>#7254</b>	<b>\$8.45</b>
<b>+3.00</b>	<b>#7314</b>	<b>\$8.45</b>
<b>+4.00</b>	<b>#7457</b>	<b>\$8.45</b>

## Foot care



<b>Anti-Skid Slipper Socks</b>	<b>#7351</b>	<b>\$3.50</b>
Single tread designed for safety with skid-resistant treading. Color: light blue. One size fits most.	1 pair	



<b>Curad® Knee High Stockings,</b>	1 pair
Controlled compression may help circulation and reduce leg fatigue. Mild compression. Nylon/spandex. Colors: black or tan.	

Shoe size	S	M	L	XL
Women	6–8.5	9–10.5	11–13	11–13 (XL Calf)
Men	6–8	8.5–10	10.5–12	12–14

8–15 mmHg	<b>#5792</b>	<b>\$14.25</b>
15–20 mmHg	<b>#5767</b>	<b>\$15.95</b>



<b>Curad® Compression Dress Socks, 8–15 mmHg.</b>	<b>#5803</b>	<b>\$15.30</b>
Controlled compression may help circulation and reduce leg fatigue. Over-the-calf style. Color: black.	1 pair	

Shoe size	S	M	L
Women	6–8.5	9–10.5	11–13
Men	6–8	8.5–10	10.5–12



Go online now to shop all catalog items, plus many more.

### Jobst® Sensifoot™ Diabetic Socks

1 pair

Non-binding tops. Padding provides cushioning and helps keep feet cool and dry. Antimicrobial. Colors: black or white.



Shoe size	S	M	L	XL
<b>Women</b>	7–9	9.5–11	11.5–13	13–14
<b>Men</b>	6–8	8.5–10	10.5–12	12.5–14

Over the Calf

**#5819**

**\$17.25**

Crew Length

**#5878**

**\$16.00**

### Firm Wrap Short Stretch Compression Bandage

**#5774**

**\$5.30**

1 roll

Provides compression and high resistance to stretch. Made of 100% cotton. Latex-free. Machine wash and dry. Size: 3.15"x5.47 yards.



### Gold Bond® Medicated Foot Powder — Maximum Strength

**#5421**

**\$5.00**

4 oz.

Temporarily relieves the pain and itch associated with minor skin irritations on the foot. Menthol 1%.



### Gold Bond® Ultimate Diabetics' Dry Skin Relief Foot Cream

**#5436**

**\$8.10**

3.4 oz.

May relieve dry, cracked skin and soothe skin discomfort. Dimethicone 3%, white petrolatum 30%.



### Dr. Scholl's® Corn Removers

**#5771**

**\$4.95**

May help remove corns. Contains salicylic acid.

9 cushions,  
9 medicated  
discs



### Medicated Corn Removers

**#5799**

**\$3.10**

Compares to Dr. Scholl's®. Hypoallergenic.

9 count



### Moleskin Plus

**#5804**

**\$5.25**

Protects sensitive areas. Self-stick adhesive. Trim to fit.

4 sheets



### Hammer Toe Crest

**#5770**

**\$5.25**

May help relieve pressure and pain on toe tips. One size fits most.

1 crest



# Personal care



### Toe Protector

May help to relieve ingrown nails, corns, hammer toes and toe tips. One size fits most.

**#5823** **\$6.40**  
1 protector



### Toe Straightener

Cushions and keeps toes in their correct position for all-day comfort. Washable and reusable. One size fits most.

**#5844** **\$11.15**  
4 pack



### Bunion Guard

Soft gel shield protects sore bunions from pressure and friction. Washable and reusable. One size fits most.

**#5801** **\$4.65**  
1 guard



### Curad® Medioplast Wart Pad

Cut-to-fit pad, 2"x3". May help with the removal of corns, calluses and warts.

**#5821** **\$5.85**  
3 pads



### Callus Control Cream

Extra strength formula for faster moisturizing. Non-greasy formula may help break down unsightly calluses.

**#6985** **\$13.00**  
4 oz.



### Kerasal® Fungal Nail Renewal™

May improve appearance of discolored or damaged nails.

**#5477** **\$21.25**  
0.33 fl. oz.



### Antifungal Cream Tolnaftate 1%

Compares to Tinactin®. May relieve itching and burning associated with athlete's foot.

**#5957** **\$5.30**  
1.25 oz.

## Incontinence



### FitRight® Aloe Wipes

All wipes are hypoallergenic, pH-balanced, and alcohol-free" Do not flush. Wipe size: 8"x12".

Scented, 100 count	<b>#7076</b>	<b>\$3.50</b>
Fragrance-free, 100 count	<b>#5761</b>	<b>\$4.00</b>
Quilted, 48 count	<b>#4040</b>	<b>\$2.65</b>



Go online now to shop all catalog items, plus many more.



**Cottonelle® Flushable Wipes**  
Flushable wet wipes.

**#1777** **\$2.25**  
14 count



**ReadyFlush® Scented Wipes**  
Flushable, pH balanced, hypoallergenic and alcohol-free. Wipe size: 8"x12".

**#1495** **\$3.85**  
48 count



**FitRight® Active Male Guard**  
Soft breathable back sheet for increased comfort and discretion. Size: 6"x11".

**#5051** **\$14.55**  
52 count



**Tena® Classic Protective Underwear**  
Provides moderate to heavy protection. Soft, cloth-like, breathable material. Fits waist size 34" to 44".

Size	M	L
Waist	34" to 44"	45"–58"

Medium, 20 count **#2258** **\$14.65**  
Large, 18 count **#2254** **\$13.25**



**Bladder Control Pads — Contour Plus** 28 count  
Breathable contoured shape with adhesive backing.

5.5"x10.5", performance moderate **#7325†** **\$6.95**  
6.5"x13.5", performance maximum **#7330†** **\$7.95**  
8"x17", performance ultimate **#1204** **\$9.95**



**FitRight® Light Bladder Pad** **#4397** **\$3.95**  
Absorbent core locks away moisture to keep skin dry. Full-length adhesive strip on back side secures positioning.

20 count



**FitRight® Disposable Underwear for Women**  
Designed for heavy absorbency and leak protection to provide comfort and discretion. Color: beige.

**#4677** **\$10.95**  
20 count

Size	S/M	L/XL
Waist	28"–40"	40"–56"

# Personal care



**FitRight® Ultra Disposable Underwear**

**#2236<sup>†</sup>****\$14.50**

20 count

Pull-up style with stretchy waistband and leg gathers. Tear-away sides for easy removal. For moderate to heavy protection. Latex-free.

Size	M	L	XL
Waist	28"–40"	40"–56"	56"–68"



**FitRight® Ultra Disposable Brief**

**#4925****\$12.00**

20 count

Ultra-soft cloth-like material with odor protection wicks fluid away to promote dryness and reduce leakage. Moisture alert wetness indicator. Ultra Absorbency.

Size	S	M	L	XL	XXL
Waist	20"–33"	32"–42"	48"–58"	57"–66"	60"–69"



**Protection Plus Polymer Underpads**

10 count

Disposable underpads feature a polymer and fluff core that provides extra absorbency. Latex-free.

Size: 23"x36"

**#1238****\$5.00**

Size: 30"x30"

**#1247****\$6.50**



**Vitamin A and D+E Ointment**

**#1191****\$7.45**

13 oz.

Ointment may help prevent and treat diaper rash. Soothes and protects dry and chafed skin, minor cuts and burns.



**Reusable Underpad**

1 each

Waterproof bottom layer helps prevent leakage. Machine washable.

Size: 34"x36"

**#7313****\$9.50**

Size: 34"x48"

**#7319<sup>†</sup>****\$12.50**



Go online now to shop all catalog items, plus many more.



**Remedy® Intensive Skin Therapy Calazime Paste — Fragrance-free**

Zinc oxide, calamine and menthol barrier protects irritated areas of the skin and may provide temporary relief of pain. Zinc oxide 20.6% and menthol 0.44%. Hypoallergenic.

**#2146**  
4 oz.

**\$8.95**



**Soothe & Cool® Cornstarch Body Powder**

Made with natural cornstarch. Absorbs moisture and odor. Goes on soft and rinses off easily.

**#7062**  
14 oz.

**\$3.25**



**Remedy® Nourishing Skin Protectant Wipes**

3.6% dimethicone. Cleans, moisturizes, and protects the skin. Paraben-free and hypoallergenic. 8"x12" disposable cloths. Do not flush.

**#7466**  
48 pack

**\$9.50**

## Oral care



**Crest® Toothpaste — Regular Paste**

May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities.

**#9562**  
4.2 oz.

**\$2.10**



**Crest® Pro-Health Advanced Deep Clean Toothpaste**

May help to prevent cavities and gingivitis. Deep clean mint flavor.

**#3126**  
5.1 oz.

**\$4.75**



**Colgate® Toothpaste**

With mini breath strips. Cool mint.

**#5564**  
3 pack,  
6 oz. each

**\$8.25**



**Sparkle Fresh™ Fluoride Toothpaste**

Formulated with fluoride, which may help to protect against tooth decay.

**#8799**  
2.7 oz.

**\$2.95**



**Aim™ Mint Gel**

May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities.

**#5066**  
5.5 oz.

**\$1.00**

# Personal care



**Sensodyne® Sensitive Gum and Enamel Toothpaste**  
Fluoride toothpaste for sensitive teeth.  
Mint flavor.

**#3611** **\$7.50**  
3.4 oz.



**Sensodyne® Pronamel® Fresh Breath Enamel Toothpaste**  
For sensitive teeth. Fresh wave flavor.

**#5688** **\$12.95**  
2 pack  
4 oz. each



**Sensitive Toothpaste**  
Compares to Sensodyne®. Fluoride anti-cavity toothpaste for sensitive teeth.

**#5095** **\$3.85**  
4.3 oz.



**Biotene® Fluoride Toothpaste**  
Reduces bacteria and dry mouth symptoms.

**#5132** **\$7.10**  
4.3 oz.



**Biotene® Dry Mouth Oral Rinse**  
Moisturizes mouth tissue, soothes dry mouth and strengthens teeth.  
Mint flavor.

**#5106** **\$7.05**  
16 fl. oz.



**Crest® Pro-Health Mouthwash**  
Anti-bacterial. Alcohol-free. Reduces plaque, helps prevent gingivitis and freshens bad breath.

**#5971** **\$7.45**  
50.7 fl. oz.



**Colgate® Sonic Toothbrush**  
Sonic action with rubber polisher with cheek and tongue cleaner. Soft bristles. One AA battery included.

**#5020** **\$7.35**  
1 each,  
quantity  
limit 3



**Colgate® Sonic Replacement Heads**  
Two replacement heads for Colgate® Sonic Toothbrush —  
Product code #5020.

**#5021** **\$10.40**  
2  
replacement  
heads



**Oral-B® CrossAction All-In-One Manual Toothbrush**  
Soft bristles.

**#7621** **\$12.65**  
4 count



**Complete Clean Toothbrush — Soft**  
Toothbrush has massaging bristles and tongue cleaner. Color may vary.

**#5009** **\$3.15**  
2 count



Go online now to shop all catalog items, plus many more.



**Complete Clean  
Toothbrush — Medium**  
Toothbrush has massaging bristles and tongue cleaner. Color may vary.

**#5031** **\$3.15**  
2 count



**Interplak® Battery Operated  
Water Jet**  
Help maintain healthier teeth and gums. Water jet includes: 2 jet tips.

**#5126** **\$27.85**  
1 each,  
quantity  
limit 3



**Interplak® Battery Operated Water  
Jet Replacement Tips**  
The 5-pack replacement tips include: jet tip, brush heads, gum massager and sub gingival tip. For use with Interplak® Battery Operated Water Jet - Product code #5126.

**#5086** **\$12.95**  
5  
replacement  
tips



**Dental Floss — Waxed Mint**  
May help reduce decay by removing material from between teeth and under gums.

**#2145** **\$4.10**  
2 pack  
100 yards  
each



**Mint Flossers**  
May help reduce plaque buildup and the risk of gingivitis. Easy to use, shred-resistant and raised grips for better control. Mint flavor.

**#4878** **\$3.05**  
90 count



**BrushPicks**  
Safely removes food debris. May help stimulate gums.

**#4806** **\$6.55**  
275 count



**Polident® Denture Cleanser**  
Three minute anti-bacterial daily cleanser.

**#3165** **\$14.95**  
240 count



**Denture Cleanser**  
Compares to Efferdent®.

**#4973** **\$3.30**  
90 tablets



**Super Poligrip® Denture Adhesive**  
Super strong all-day hold. Zinc free. Original.





**#4984** **\$5.30**  
2.4 oz.



**Fixodent® Original Denture  
Adhesive Cream**  
Strong all-day hold and seals food out.


**#5987** **\$14.95**  
2.4 oz.  
3 pack

# Personal care

	<b>Denture Adhesive</b> Compares to Fixodent® Original. Zinc free.	<b>#5177</b> 2 oz.	<b>\$2.80</b>
	<b>Denture Brush</b> Tough nylon bristles and oversized secure-grip handle. Colors may vary.	<b>#4968</b> 1 each	<b>\$2.95</b>
	<b>Carmex® Medicated Lip Balm</b> Helps to soothe and protect dry, chapped lips.	<b>#7553</b> 3 pack	<b>\$3.55</b>
	<b>Moisture Lip Balm SPF 15</b> Compares to ChapStick®. May help seal in moisture to soothe and protect dry lips.	<b>#5059</b> 0.15 oz.	<b>\$1.95</b>

## Skin and sun care

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	<b>Remedy® Intensive Skin Therapy Skin Repair Cream</b> Helps protect and relieve dryness, chapped or cracked skin. Orange vanilla scent.		
	2 oz. tube	<b>#9156</b>	<b>\$4.25</b>
	4 oz. tube	<b>#6595</b>	<b>\$6.25</b>
	32 oz. pump	<b>#3597</b>	<b>\$16.50</b>
	<b>Remedy® Nourishing Skin Cream</b> May help skin's natural moisture and soothe irritated skin. Paraben-free. Vanilla scent.	<b>#1181</b> 16 oz. pump	<b>\$11.95</b>
	<b>Remedy® Intensive Skin Therapy Envliaderm™ Hydrating Serum</b> Contains alpha hydroxy acid and amino acids to help nourish and repair extremely dry skin. Helpful on heels and lower limbs.	<b>#1465</b> 4 oz.	<b>\$10.95</b>
	<b>Gold Bond® Rough &amp; Bumpy Skin Daily Therapy Cream</b> Specially formulated for rough and bumpy skin. Fragrance-free.	<b>#5292</b> 8 oz.	<b>\$12.65</b>



Go online now to shop all catalog items, plus many more.



**Remedy® Intensive Skin Therapy Hydraguard-D 26% Silicone Cream**

**#2132**

**\$8.95**

4 oz.

Nourishing moisture barrier cream with 12.5% dimethicone. May help protect and relieve symptoms of dry, cracked skin.



**Gold Bond® Diabetics' Dry Skin Relief Lotion — Fragrance-free**

**#5461**

**\$10.65**

13 oz.

Hypoallergenic lotion to help hydrate and soothe diabetics' dry skin.



**Vein Healing Cream**

**#5632**

**\$14.00**

4 oz.

May help diminish the appearance of varicose veins, spider veins and broken capillaries.



**Aveeno® Soothing Bath Treatment with Natural Colloidal Oatmeal**

**#5211**

**\$8.10**

8 packets

Temporarily protects skin and relieves itchiness while also gently cleansing and moisturizing skin. Fragrance-free.



**Soothing Oatmeal Bath Treatment**

**#3700**

**\$7.10**

8 packets

Compares to Aveeno®. May provide relief from poison ivy, oak, sumac, insect bites, rashes and eczema.



**Remedy® Antifungal Powder**

**#5588**

**\$7.95**

3 oz.

Helps treat irritations from common fungal infections like athlete's foot, jock itch, and ringworm. Talc-free.



**Remedy® Phytoplex Antifungal Ointment**

**#5541**

**\$9.95**

2.5 oz.

May help relieve itching, cracking, scaling and discomfort of fungal infections. Contains 2% miconazole nitrate.



**Neutrogena® Age Shield® Face SPF 70**

**#5914**

**\$9.60**

3 fl. oz.

Broad spectrum and oil-free. Water-resistant. Also contains skin conditioners to hydrate skin.

# Personal care



<b>Coppertone® Sport Sunscreen Spray SPF 50 — Twin Pack</b>	<b>#5463</b>	<b>\$15.00</b>
Broad spectrum SPF 50. Water and sweat resistant for up to 80 minutes.	5.5 oz.	
	2 pack	



<b>Sunscreen Lotion — SPF 30</b>	<b>#5695</b>	<b>\$4.75</b>
Compares to Coppertone®. UVA/UVB protection. Water-resistant.	8 oz.	



<b>Sunscreen Lotion — SPF 50</b>	<b>#5697</b>	<b>\$5.20</b>
Compares to Coppertone®. UVA/UVB protection. Water-resistant.	8 oz.	



<b>Remedy® Mineral Sunscreen Stick SPF 50</b>	<b>#5326</b>	<b>\$9.95</b>
UVA and UVB protection. Water-resistant. Contains 20% zinc oxide.	0.5 oz.	



<b>Sunburn Relief</b>	<b>#5882</b>	<b>\$4.70</b>
Aloe and lidocaine gel may help cool, soothe and relieve sunburn pain.	8 oz.	



<b>Aloe Vera Gel</b>	<b>#5707</b>	<b>\$4.25</b>
May help soothe and cool skin.	16 oz.	



<b>Clearasil® Ultra Rapid Action Pads for Acne</b>	<b>#2375</b>	<b>\$8.50</b>
Exfoliating pad may help reduce pimple size and redness. Contains salicylic acid 2%.	90 count	



<b>Neutrogena® Oil-Free Salicylic Acid Acne Fighting Face Wash</b>	<b>#2892</b>	<b>\$8.75</b>
Oil-free acne face wash with salicylic acid medication to help treat breakouts. Contains 2% salicylic acid.	9.1 fl. oz.	



<b>Neutrogena® Rapid Clear 2-in-1 Fight &amp; Fade Acne Toner</b>	<b>#2843</b>	<b>\$9.75</b>
May help reduce pimple size, swelling and redness within 8 hours. Increases surface cell exfoliation to help fade the look of post-acne marks.	8 fl. oz.	



Go online now to shop all catalog items, plus many more.



**Clean & Clear® Advantage Acne Spot Treatment**

Contains 2% salicylic acid. Topical treatment. Oil-free. Works to reduce the size, redness and swelling of pimples.

**#2498**  
0.75 fl. oz.

**\$8.50**



**Acne Treatment Cream**

Salicylic acid 2%.

**#2684**  
1 oz.

**\$5.25**

## Sleeping and snoring

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**Vicks® ZzzQuil™ Nighttime Sleep-Aid**

Diphenhydramine HCl 25 mg.

**#3218\*\***  
48  
LiquiCaps™

**\$14.00**



**VitaJoy® Melatonin 5 mg**

Strawberry flavor.

**#9612**  
120  
gummies

**\$13.35**



**Nature's Bounty® Melatonin 3 mg Quick Dissolve Tabs**

Quick dissolve. May help promote sleep.

**#2323\*\***  
120 count

**\$8.10**



**CPAP Pillow with Memory Foam**

May help provide comfortable and effective use of CPAP breathing equipment while sleeping. 20"x12"x5".

**#1865**  
1 each,  
quantity  
limit 3

**\$49.60**

## Vitamins and supplements

### Vitamins and supplements

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**Sentry Multivitamin**

One-a-day formula with essential vitamins and minerals.

**#5775**  
130 tablets

**\$6.35**

# Vitamins and supplements



**Centrum® Silver® Adults 50+ Multivitamin.**  
Multivitamin/multimineral supplement to help support full body wellness.

80 count	<b>#5703**</b>	<b>\$10.00</b>
125 count	<b>#5719</b>	<b>\$12.95</b>



**Sentry Senior 50+ Multivitamin**  
Compares to Centrum® Silver®. Multivitamin and multimineral supplement for mature adults.

<b>#5144</b>	<b>\$8.40</b>
100 tablets	



**VitaJoy® Multivitamin**  
Assorted fruit flavors.

<b>#2378</b>	<b>\$10.55</b>
120 gummies	



**Multivitamin Gummies**  
Raspberry flavor.

<b>#8623</b>	<b>\$6.65</b>
60 gummies	



**PreserVision® AREDS 2 Formula Eye Vitamin and Mineral Supplement**  
May help reduce the risk of AMD progression.

<b>#2631</b>	<b>\$34.20</b>
120 softgels	



**Nature's Bounty® Acidophilus Probiotic**  
May help support digestive and immune systems.

<b>#2326**</b>	<b>\$12.95</b>
120 count	



**Probiotic**  
Compares to Florastor®. Saccharomyces boulardii 250 mg. Helps maintain intestinal health.

<b>#6822</b>	<b>\$21.15</b>
50 capsules	



**Vitamin A 10,000 IU**  
May help promote a healthy immune system.

<b>#6932</b>	<b>\$5.65</b>
110 softgels	



**Vitamin B-6 100 mg**  
May help promote brain, eye and nervous system health.

<b>#5612</b>	<b>\$4.45</b>
100 tablets	



**Vitamin B-12 500 mcg**  
May help contribute to a healthy nervous system.

<b>#5627**</b>	<b>\$4.20</b>
100 tablets	



Go online now to shop all catalog items, plus many more.



**Vitamin C 500 mg  
Chewable Tablets**

May provide antioxidant support and immune function support. Orange flavor.

**#5550\*\*** **\$8.45**  
110 tablets



**VitaJoy® Daily D 2000 IU**

Peach flavor.

**#4852** **\$12.00**  
120  
gummies



**Vitamin D3 1000 IU**

May help support bone, joint and immune health.

**#5609\*\*** **\$5.15**  
100 tablets



**Vitamin D3 2000 IU**

May help improve bone strength and assist in immune system health.

**#5725\*\*** **\$6.60**  
250 tablets



**Vitamin E 200 IU**

May help support heart, immune system and other organ health.

**#2977** **\$3.65**  
100 softgels



**VitaJoy® Biotin 5000 mcg**

May help promote healthy skin, hair and nails. Strawberry flavor.

**#5223** **\$15.85**  
120  
gummies



**Biotin 500 mcg**

May help promote healthy skin, hair and nails.

**#5634** **\$3.55**  
60 tablets



**Calcium 600 mg with Vitamin D3  
800 IU**

Compares to Caltrate® 600 + D. May help promote strong bones and teeth.

**#5811\*\*** **\$14.55**  
300 tablets



**Calcium Chews 650 mg with  
Vitamins D & K**

Vitamin D may help boost calcium absorption. Resealable tub. Compares to Viactiv®. Chocolate flavor.

**#6935** **\$10.65**  
60 chews



**Chromium Picolinate 200 mcg**

May help promote blood sugar health.

**#5863\*\*** **\$5.95**  
100 tablets



**Nature's Bounty® CoQ-10 200 mg**

May help support cardiovascular health. 60 gummies

**#2872** **\$15.40**

# Vitamins and supplements



## Coenzyme Q-10 100 mg

Coenzyme Q-10 may help promote heart health.

#5820

30 softgels

\$7.35



## Ferrous Sulfate 325 mg (Iron 65 mg)

May help promote red blood cell formation. Iron may also be important for proper muscle function and energy production. Contains Calcium 20 mg.

#2948

100 tablets

\$3.95



## Iron 27 mg

May help promote red blood cell formation. Iron may also be important for proper muscle function and energy production.

#8504

100 tablets

\$4.85



## Flax Seed Oil 1000 mg

Good source of Omega-3 fatty acids. May help promote a healthy heart and immune system.

#5853\*\*

60 softgels

\$3.85



## Folic Acid 400 mcg

May help promote heart and cardiovascular wellness.

#3016

100 tablets

\$2.70



## Glucosamine 750 mg and Chondroitin 600 mg

Two tablets daily equal 1500 mg glucosamine and 1200 mg chondroitin. May help rebuild cartilage and lubricate joints.

#8513

100 tablets

\$20.75



## Nature's Bounty® Krill Oil 500 mg

May help support heart, brain and joint health.

#2005

30 softgels

\$12.25



## L-Lysine 500 mg

Amino acid that may promote immune strength.

#5651

100 tablets

\$5.20



## Magnesium Oxide 400 mg

May help relieve heartburn, sour stomach or acid indigestion.

#2657

120 tablets

\$6.30



Go online now to shop all catalog items, plus many more.



### Omega-3 Fish Oil 1000 mg

May help support heart, joint and brain health. Contains EPA and DHA fatty acids.

**#5866\*\***  
90 softgels

**\$9.20**

## Diabetes OTC

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### Diabetes Glucose Gel

May help raise low blood sugar. Fruit punch flavor.

**#2838\*\***  
6 packets,  
1.1 oz. each

**\$17.90**



### Diabetes Glucose Tablets

May help raise low blood sugar. Chewable. Orange flavor.

**#2960\*\***  
50 tablets

**\$4.85**

## Home health care

### Bathroom safety

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### Shower Safety Benches

Height adjustable with an aluminum frame. No tools needed, some assembly required. Seat height adjustable from 16" to 21". Seat width is 15.5" and width from side to side is 18.5". Weight capacity: 350 lbs. One-year limited warranty.

1 each,  
quantity  
limit 2

With Back  
Without Back

**#2304**  
**#2320**

**\$44.00**  
**\$37.00**



### Tub and Stair Safety Treads

Waterproof and non-slip treads stick to almost any surface: tubs, stairs, stools and more. Mildew resistant, easy to clean. Color: white.

**#2298**  
8 count,  
quantity  
limit 10

**\$4.00**

# Home health care



**Handheld Shower — Deluxe**  
Three massaging options.

**#1322**  
1 each,  
quantity  
limit 2

**\$17.40**



**Bath Mat**  
Textured rubber top provides a safe grip for your feet. 13.4"x29".

**#2345**  
1 mat,  
quantity  
limit 2

**\$16.35**



**Raised Toilet Seat**  
Seat sits on standard toilet bowl and raises height by 5". Weight capacity: 250 lbs. Recommended for use with toilet safety rails.

**#2359**  
1 each,  
quantity  
limit 2

**\$25.20**



**Foldable Toilet Safety Rails**  
For secure support. Adjustable height from 26" to 31" accommodates standard or elevated toilet seats. Side arms adjust from 18" to 24" wide. Weight capacity: 250 lbs.

**#2386**  
1 each,  
quantity  
limit 2

**\$42.20**

## Braces and supports

.....



**Arthritis Gloves**  
May help relieve arthritis hand pain and swelling. Provides mild compression. Cotton lycra. Measure across the knuckles to size.

**#4635**  
1 pair

**\$6.60**

Size	S	M	L
Knuckles	Up to 3.125"	Up to 3.5"	Up to 4"



**Carpal Tunnel Glove**  
May help prevent and relieve carpal tunnel syndrome, increase comfort and circulation, and ensure ergonomically correct wrist position. Measure across knuckles to size. Fits either hand.

**#4689**  
1 each

**\$19.20**

Size	S	M	L
Knuckles	Up to 3.25"	Up to 3.75"	Up to 4.25"



Go online now to shop all catalog items, plus many more.



### Thumb Brace

For arthritis and tendinitis. Keeps thumb in neutral position. Fits right or left hand. Latex-free. Made with neoprene, nylon and elastic.

**#4629**

**\$6.90**

1 each



### Curad® Elastic Pull-Over

#### Wrist Support

May help support a weak or injured wrist. Fits either hand. Latex-free. Measure around wrist to size.

**#4630**

**\$9.95**

1 each

Size	S	M	L	XL
Wrist	5"–6"	6"–7"	7"–8"	8.5"–10"



### Curad® Elastic Pull-Over

For mild strains and sprains. Breathable compression with Microban® antimicrobial protection. One size fits most. Color may vary.

**#4903**

**\$9.75**

1 each



### Curad® Elastic Pull-Over

#### Knee Support

Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size.

**#4602**

**\$9.95**

1 each

Size	S	M	L	XL	XXL
Knee	14"–16"	16"–18"	18"–20"	20"–22"	22"–24"



### Curad® Knee Support with Patella Pad

May help with tendinitis and weak or arthritic knees. Breathable with Microban® protection. Adjustable. Fits 12"-21" when measured around leg above knee.

**#4801**

**\$20.35**

1 each



### Curad® Infrared Pull-Over

Ankle Support  
Elastic. Targeted compression may help reduce swelling. Can be worn on left or right ankle. Measure around heel and instep.

**#4716**

**\$14.75**

1 each

Size	S/M	L/XL
Heel/instep	9"-13"	13"-17"

# Home health care



**Curad® Back Support with Dual Pulley System**

**#4623**  
1 each

**\$16.75**

Provides added support for the lower back and abdomen. Low profile design allows support to fit comfortably under clothing.

Size	S/M	L/XL	XXL
Waist	28"-36"	37"-44"	45"-50"

## Canes



**Cane with Offset Handle**

1 each

Aluminum cane with soft cushion handle and wrist strap. Adjustable height from 29" to 38". Weight capacity: 300 lbs.

Color: Black

**#1995**  
**\$10.25**

Color: Chrome

**#1954**  
**\$10.25**

Color: Bronze

**#1974**  
**\$10.25**



**Large Base Quad Cane**

**#1928<sup>†</sup>**  
1 each

**\$29.95**

Includes 4-point base. Handle height adjusts in one-inch increments from 29" to 38". Weight capacity: 500 lbs.



**Small Base Quad Cane**

**#1950<sup>†</sup>**  
1 each

**\$19.95**

Stable 4-point base. Weight capacity: 300 lbs. Height adjusts from 29" to 38".



**Folding Cane**

**#1901<sup>†</sup>**  
1 each

**\$21.25**

Contoured grip handle. Folds for travel or storage. Non-slip rubber tip. Adjustable height from 32" to 36". Weight capacity: 250 lbs.



**Cane for Vision Impaired**

**#2324<sup>†</sup>**  
1 each

**\$15.65**

Lightweight construction. Includes elastic strap and 2 reflective strips. Length is 14" folded and 49" extended. Color: white. Non-weight bearing.



Go online now to shop all catalog items, plus many more.

## Daily living aids

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### Sharps Container

Disposable container designed for the collection of sharps waste. Safe for home garbage.

**#3845**

1 quart

**\$3.55**



### Electric Heating Pad

Includes auto shut off. Size: 12"x24"

**#1716**

1 each,  
quantity  
limit 2

**\$22.00**



### Shoulder and Neck Heated Pad Wrap

May soothe and relax muscles.  
Machine washable micro-plush cover.  
3 heat level settings and auto turn-off.

**#7845**

1 each,  
quantity  
limit 2

**\$36.00**



### Nightlight

Auto on/off by the light sensor inside the lamp, low power consumption, long lifetime (50,000 hours) and UL certified.

**#5945**

2 pack,  
quantity  
limit 5

**\$6.50**



### Pill Box — 7 Day

Classic pill box with translucent plastic (1x per day).

**#5058**

1 each

**\$2.35**



### Pill Box — Easy Open

EZ Push Button AM/PM pill box (2x per day).

**#1532**

1 each

**\$5.35**



### Pill Splitter and Crusher

Pill splitter and crusher with built-in storage for medication.

**#8462**

1 each

**\$6.95**



### Digital Food Scale

Capacity: 11 lbs. Battery operated.

**#3743**

1 each,  
quantity  
limit 2

**\$15.80**



### Air Purifier

Three speeds. Effective for rooms up to 250 sq. ft.

**#8335**

1 each

**\$118.85**

# Home health care



**Air Purifier Replacement Filter**  
For use with #8335 Air Purifier.

**#8179**      **\$31.75**  
1 each



**Air Purifier and Desktop Fan Combo**  
Three speeds. Efficiently cleans your indoor air by removing pollutants.

**#8268**      **\$37.05**  
1 each



**Cool Mist Humidifier**  
Filter-free and contains an antimicrobial water tank. Adjustable mist dial. Can be used in medium-sized rooms. Unit stops automatically when water runs out. Built-in LED nightlight. Three-year limited warranty. Color and style may vary.

**#3163**      **\$52.75**  
1 each,  
quantity  
limit 2



**Warm Mist Humidifier with Steam Inhaler**  
Removable 0.5 gallon tank runs quiet up to 8 hours, effectively humidifies rooms up to 250 sq. ft. Humidifier converts to personal steam inhaler. Color may vary.

**#2165**      **\$58.00**  
1 each,  
quantity  
limit 2



**Warm Mist Steam Inhaler Pads**  
Non-medicated vapor pads provide soothing relief for congestion. Contains eucalyptus oil, menthol, peppermint oil, and spearmint oil. Use with product #2165 Warm Mist Humidifier.

**# 2113**      **\$13.25**  
12 each  
per pack,  
quantity  
limit 2



**Medical Bracelet**  
Highly polished, hypoallergenic stainless steel with medical alert symbol. Engraving is on back of bracelet. Bracelet is 7.5" in length.

1 each

Diabetic	<b>#1768</b>	<b>\$20.00</b>
Heart Patient	<b>#8189</b>	<b>\$20.00</b>
Seizure Disorder	<b>#6251</b>	<b>\$20.00</b>



Go online now to shop all catalog items, plus many more.

## Home tests and monitoring

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### **BinaxNOW Covid-19 Antigen Self Test**

**#3131**  
2 tests

**\$22.50**

Two tests per box. Includes: test cards, nasal swabs, reagent bottles and an easy-to-follow instruction booklet. See results in 15 minutes.



### **Talking Digital Floor Scale**

**#5629\*\*\*\***  
1 each,  
quantity  
limit 2

**\$28.95**

Speaks in English, Spanish, Greek, German or Croatian. Platform size: 12.2"x12.2". 440 lb. capacity.



### **Digital Floor Scale**

**#5571\*\*\*\***  
1 each,  
quantity  
limit 2

**\$14.50**

Sturdy floor scale with glass top surface. 330 lb. capacity. Batteries included.



### **Talking Ear and Forehead Thermometer**

**#5600**  
1 each,  
quantity  
limit 2

**\$20.20**

Speaks in 6 languages. May provide results in 2 seconds. Includes 2 AAA batteries.



### **Large Display Digital Thermometer**

**#6851**  
1 each,  
quantity  
limit 2

**\$10.50**

Digital oral thermometer with large, easy-to-read LCD display. Batteries included. One-year limited warranty.



### **Fingertip Pulse Oximeter**

**#5533**  
1 each,  
quantity  
limit 2

**\$41.10**

Measures the oxygen level in your blood stream and your pulse rate. Two AAA batteries included. One-year limited warranty.



### **Standard Blood Pressure Monitor**

**#5419**  
1 each,  
quantity  
limit 2

**\$31.00**

Large digital screen. Cuff fits arms 8.6"–11.75". Four AA batteries included. One-year limited warranty.



### **Evencare® G2 Glucose Test Strips**

**#2677\*\***  
50 test  
strips

**\$8.50**

Blood glucose testing strips. For use with Item #2231 — Evencare® G2 Blood Glucose Meter.

# Home health care



<b>Evencare® G2 Blood Glucose Meter</b>	<b>#2231</b>	<b>\$16.00</b>
Option to test on forearm, palm or fingertips. Voice assistance to guide through the process with results in 6 seconds. For use with Item #2677 — Evencare® G2 Glucose Test Strips.	1 each	



<b>No Touch Thermometer</b>	<b>#5451</b>	<b>\$33.75</b>
Uses infrared technology to quickly measure temperature. Backlit LCD display will glow red or green based on the fever indication. Lithium battery included.	1 each, quantity limit 2	



<b>Wrist Blood Pressure Monitor</b>	<b>#5490**</b>	<b>\$21.05</b>
Memory capabilities and digital screen. Fits wrist size 5.3"—8.5". Two AAA batteries included. One-year limited warranty.	1 each, quantity limit 2	



<b>Heart Rate Monitor Watch</b>	<b>#5605</b>	<b>\$21.30</b>
Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features. Fits wrist size 6"—9".	1 each, quantity limit 2	



<b>Heart Rate Monitor Watch</b>	<b>#2261</b>	<b>\$21.30</b>
Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features. Fits wrist size 4.5"—7.5".	1 each, quantity limit 2	

\* Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your health care provider before ordering.

\*\* Members may order these item(s) after consulting with their doctor who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements. It's important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

\*\*\* In certain circumstances some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your healthcare provider before ordering.

## Notes

You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any other questions to ask on your next call.

[illegible]

## Notes

[illegible]

## **Things to note when shopping online or through this catalog:**

- There is a \$35 minimum order when shopping online or through the catalog. There is no minimum order when shopping retail stores.
- You must use your OTC card for all purchases.
- You don't pay for taxes or shipping when ordering through the catalog or online. Taxes apply at retail stores.
- Once your order is processed, standard delivery takes between two to four business days, but may vary based on demand.
- Unused funds cannot be redeemed for cash.
- If your account balance doesn't cover your total, you can still order. A personal credit or debit card is accepted for phone or online orders.
- Products may have quantity limits.
- Prices are subject to change.
- If your product is not in stock, an item of similar or greater value may be shipped in its place.

## **Return policy**

We don't allow returns or exchanges. Please call us at **1-866-757-2043**, TTY **711** within 30 calendar days of placing your order if:

- You haven't received your order.
- You received a defective or damaged item.



This over-the-counter (OTC) benefit is part of your Presbyterian Dual Plus (HMO D-SNP) plan. Optum Personal Care Benefits will deliver right to your home.

## Questions? We're here to help.

Call **1-866-757-2043**, TTY **711**

8 a.m.–8 p.m. local time, seven days a week: October–March

8 a.m.–8 p.m. local time, Monday–Friday: April–September

Based on a Model of Care review, Presbyterian Dual Plus (HMO D-SNP) has been approved by the National Committee for Quality Assurance (NCQA) to operate a Special Needs Plan (SNP) through 2025.

Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expressions. If you need language assistance, services are available at no cost. Call **1-505-923-5420**, **1-855-592-7737** (TTY: **711**).

ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al **1-505-923-5420**, **1-855-592-7737** (TTY: **711**).

Díí baa akó nínizin: Díí saad bee yánilti'go Diné Bizaad, saad bee áká'ánida'áwo'deę', t'áá jiik'eh, éí ná hólo, kójjí' hódíílnih **1-505-923-5420**, **1-855-592-7737** (TTY: **711**).

For more information, visit <https://www.phs.org/pages/nondiscrimination.aspx>.

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