The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage including your plan's Plan document, visit www.phs.org/nmpsia or call toll-free 1-888-275-7737. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call or call Presbyterian Health Care Services (PHS) 505-923-5600 or toll free at 1-888-275-7737 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In-network Preferred Providers per calendar year: \$2,000 /individual; \$4,000 /family. <u>Non-Preferred Providers</u> per calendar year: \$4,000 /individual; \$8,000 /family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , outpatient <u>prescription drugs</u> , <u>emergency</u> <u>room care</u> , dental and the following services performed by <u>in-</u> <u>network preferred providers</u> : office visits, outpatient x-ray or lab tests, imaging, vision, telehealth, allergy shots, insulin pump supplies, glucose meter, <u>urgent care</u> facility, <u>rehabilitation</u> <u>services</u> , and tobacco counseling are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$50/individual, \$150/family per year for either the High Option or Low Option Dental <u>plans</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	In-network Preferred Provider per calendar year: \$4,100 /person; \$8,200 /family. Non-Preferred Provider per calendar year: \$9,500 /person; \$19,000 /family. The <u>out-of-pocket limit</u> on outpatient drugs is the most you pay for covered generic, preferred brand, non-preferred brand & essential health benefit <u>specialty drugs</u> from <u>in-network</u> retail & mail order locations per calendar year and is \$3,000 /person; \$6,000 /family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	For the Medical <u>Plan</u> : <u>Premiums</u> , <u>balance billing</u> charges, health care this <u>plan</u> doesn't cover, a penalty for failure to obtain <u>preauthorization</u> , outpatient retail/mail order drug expenses (which have a separate <u>out-of-pocket limit</u>), certain non- essential specialty pharmacy drugs, and <u>out-of-network</u> <u>deductibles</u> , <u>copayments</u> and <u>coinsurance</u> except an ER visit in cases of an emergency. Outpatient retail/mail order <u>prescription</u> (<u>Rx</u>) drug expenses accumulate to a separate Rx <u>out-of-pocket</u> <u>limit</u> .	Even though you pay these expenses, they don't count toward the <u>out-of-</u> <u>pocket limit</u> .

Important Questions	Answers	Why This Matters:
	Yes. For a list of in-network Preferred providers within the state	This plan uses a provider network. You will pay less if you use a provider in
	of New Mexico through Presbyterian Healthcare Services	the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u>
Will you pay less	(PHS), see <u>www.phs.org/nmpsia</u> or call Presbyterian at 505-	provider, and you might receive a bill from a provider for the difference
if you use a	923-5600 or toll-free at 1-888-275-7737.	between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be
network provider?	For a list of Preferred providers outside of New Mexico through	aware, your network provider might use an out-of-network provider for some
	MultiPlan/PHCS network, see www.multiplan.com or call 505-	services (such as lab work). Check with your provider before you get
	923-5600 or toll free at 1-888-275-7737.	services.
Do you need a <u>referral</u>	No.	You can see the specialist you choose without a referral
to see a <u>specialist</u> ?		You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Preferred Provider (You will pay the least)	<u>Out-of-Network</u> <u>Non-Preferred Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information*
	Primary care visit to treat an injury or illness	\$30 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	50% <u>coinsurance</u> .	In-network telehealth video visits: No charge. <u>Deductible</u> does not apply. 25% <u>coinsurance</u> after <u>deductible</u> for <u>in-network</u> office surgery including casts, splints, and dressings.
lf you visit a health care	<u>Specialist</u> visit	\$60 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	50% coinsurance.	25% <u>coinsurance</u> after <u>deductible</u> for <u>in-network</u> office surgery including casts, splints, and dressings.
provider's office or clinic	<u>Preventive</u> <u>care/screening</u> / immunization	No charge . <u>Deductible</u> does not apply.	50% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Plan covers preventive services and supplies required by the Health Reform law. Details at: <u>https://www.healthcare.gov/what-are-my-preventive-care- benefits/</u> . Age and frequency guidelines apply to covered preventive care. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.

		What You Will Pay		
Common Medical Event	Services You May Need	<u>In-Network Preferred Provider</u> (You will pay the least)	<u>Out-of-Network</u> <u>Non-Preferred Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information*
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	<u>Deductible</u> does not apply. Office/freestanding test : You pay the lesser of \$35 <u>copayment</u> per day or the <u>Plan's allowed amount</u> and no charge for the test interpretation fee. Outpatient hospital test : You pay the lesser of \$70 <u>copayment</u> per day or the <u>Plan's allowed amount</u> and no charge for the test interpretation fee.	50% coinsurance.	Coumadin lab (Prothrombin time test): \$10
	Imaging (CT/PET scans, MRIs)	You pay the lesser of \$700 <u>copayment</u> per day or 25% of the <u>Plan's allowed</u> <u>amount</u> and no charge for the test interpretation fee. <u>Deductible</u> does not apply.	50% coinsurance.	 <u>Preauthorization</u> of imaging tests is required to avoid a financial penalty No charge for breast imaging
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at CVS Caremark at www.caremark.c om or call 1-877-787-0652.	Generic drugs	Retail Pharmacy for 30-day supply: \$10 copayment/prescription. Mail Order and 90-day Retail for a 90- day supply: \$22 copayment/prescription. Deductible does not apply. No charge for FDA-approved generic contraceptives.	You pay 100%. <u>Plan</u> reimburses no more than it would have paid had you used an <u>In-Network</u> Retail pharmacy. <u>Deductible</u> does not apply.	 More information about <u>prescription drug coverage</u> is available at CVS Caremark at <u>www.caremark.com</u> or call 1-877-787-0652. No coverage for prescription medication that has an over-the-counter (OTC) equivalent (unless mandated by law to be covered). If you purchase a brand drug when generic drug is available, you pay the brand drug <u>cost sharing</u> plus the difference in cost between the brand drug and the generic drug. If the cost of the drug is less than the <u>copayment</u>, you pay just the drug cost. Some prescriptions are subject to <u>preauthorization</u>, quantity limits or step therapy requirements. Retail and Mail order drugs accumulate to the Outpatient Drug <u>Out-of-Pocket Limit</u> noted on page 1. No charge for drugs used to treat behavioral health (BH) conditions.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Preferred Provider (You will pay the least)	<u>Out-of-Network</u> <u>Non-Preferred Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information*
	Preferred brand drugs	Retail Pharmacy for 30-day supply: 30% coinsurance with minimum \$30 & maximum \$60 per prescription; Mail Order and 90-day Retail for 90- day supply: \$60 copayment/prescription. Deductible does not apply. No charge for FDA- approved brand name contraceptives if a generic is medically inappropriate.	You pay 100%. <u>Plan</u> reimburses no more than it would have paid had you used an <u>In-Network</u> Retail pharmacy. <u>Deductible</u> does not apply.	 No coverage for prescription medication that has an over-the-counter (OTC) equivalent (unless mandated by law to be covered). If you purchase a brand drug when generic drug is available, you pay the brand drug <u>cost sharing</u> plus the difference in cost between the brand drug and the generic drug. If the cost of the drug is less than the <u>copayment</u>, you pay inst the drug cost
If you need drugs to treat your illness or condition More information about	Non-preferred brand drugs	Retail Pharmacy for 30-day supply: 70% <u>coinsurance;</u> Mail Order and 90-day Retail for 90-day supply: 70% <u>coinsurance</u> . <u>Deductible</u> does not apply.	You pay 100%. <u>Plan</u> reimburses no more than it would have paid had you used an <u>In-Network</u> Retail pharmacy. <u>Deductible</u> does not apply.	 pay just the drug cost. Some prescriptions are subject to <u>preauthorization</u>, quantity limits or step therapy requirements. Retail and Mail order drugs accumulate to the Outpatient Drug <u>Out-of-Pocket Limit</u> noted on page 1. No charge for drugs used to treat BH conditions.
prescription drug coverage is available at www.caremark.c om or call 1-877-787-0652.	Specialty drugs	For up to a 30-day supply, you pay a \$55 <u>copayment</u> /prescription (for generic), \$80 <u>copayment</u> /prescription (for preferred) and \$130 <u>copayment</u> /prescription (for non- preferred). <u>Deductible</u> does not apply. No charge for certain non-essential <u>specialty drugs</u> on the PrudentRx <u>Specialty Drug</u> List if you enroll in the program. If the <u>specialty drug</u> is not included on the <u>Specialty Drug</u> List, you will pay 30% <u>coinsurance</u> . If you opt out of PrudentRx, you will pay 30% <u>coinsurance</u> . To enroll, contact PrudentRx at 1-800-578-4403.	You pay 100%. <u>Plan</u> reimburses no more than it would have paid had you used an <u>In-Network</u> Retail pharmacy. <u>Deductible</u> does not apply.	 <u>Specialty drugs</u> require <u>preauthorization</u> by calling CVS Specialty Pharmacy at 1-866-387-2573. For most <u>specialty drugs</u>, the contracted <u>specialty drug</u> mail-order pharmacy is required. These drugs must be filled via the CVS Specialty Pharmacy. Call 1-866-387-2573. <u>Specialty drugs</u> that are essential health benefits and obtained from <u>in-network</u> retail and mail order locations accumulate to the Outpatient Drug <u>Out-of-Pocket Limit</u> noted on page 1. Certain <u>specialty drugs</u> are filled through the PrudentRx program and exclusively dispensed by CVS Specialty Pharmacy. The PrudentRx <u>Specialty Drug</u> list is available at 1-800-578-4403. Non-essential health benefit specialty pharmacy drugs under the PrudentRx program do not accumulate to the Outpatient Drug <u>Out- of-Pocket Limit</u>. No charge for drugs used to treat BH conditions.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Preferred Provider (You will pay the least)	Out-of-Network Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information*
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	25% coinsurance.	50% coinsurance.	Preauthorization of outpatient surgery is required to avoid a financial penalty.
surgery	Physician/surgeon fees	25% coinsurance.	50% coinsurance.	<u>Preauthorization</u> of outpatient surgery is required to avoid a financial penalty.
If you need	Emergency room care	\$450 copayment/visit after deductible.	\$450 copayment/visit after deductible.	Physician/ <u>provider</u> 's professional fees may be billed separately.
If you need immediate medical attention	Emergency medical transportation	25% coinsurance.	25% coinsurance.	<u>Preauthorization</u> required for inter-facility ambulance transport to avoid a financial penalty. If approved, there is no charge.
attention	Urgent care	\$60 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	50% coinsurance.	The <u>copayment</u> includes all services and supplies such as x-ray, lab, and physician fees.
lf you have a	Facility fee (e.g., hospital room)	25% coinsurance.	50% coinsurance.	Elective hospital admission requires <u>preauthorization</u> to avoid a financial penalty.
hospital stay	Physician/ surgeon fees	25% coinsurance.	50% coinsurance.	Elective hospital admission requires <u>preauthorization</u> to avoid a financial penalty.
lf you need mental health,	Outpatient services	Office visit: No charge. Other Outpatient: No charge.	50% coinsurance.	Elective partial <u>hospitalization</u> , day treatment, hospital admission and residential treatment center admission
behavioral health, or substance abuse services	Inpatient services	No charge.	50% coinsurance.	requires <u>preauthorization</u> to avoid non-payment. <u>Plan</u> covers services related to the diagnosis and treatment of Autism Spectrum Disorder (ASD) regardless of age.
	Office visits	No charge for <u>preventive services</u> required by the Health Reform law related to prenatal care for all females. <u>Deductible</u> does not apply. All other services 25 % <u>coinsurance</u> .	50% coinsurance.	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Ultrasound payable as a <u>diagnostic test</u> .
lf you are pregnant	Childbirth delivery professional services	25% coinsurance.	50% coinsurance.	Ultrasound payable as a <u>diagnostic test</u> . <u>Preauthorization</u> required to avoid a financial penalty, if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C- section.
	Childbirth delivery facility services	25% coinsurance.	50% coinsurance.	Preauthorization required to avoid a financial penalty, if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section.

* For more information visit <u>https://nmpsia.com/comparisonChart.html</u>

What You Will Pay				
Common Medical Event	Services You May Need	In-Network Preferred Provider (You will pay the least)	<u>Out-of-Network</u> <u>Non-Preferred Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information*
	Home health care	25% coinsurance.	50% coinsurance.	<u>Non-preferred provider</u> max benefit 120 visits/calendar year. <u>Preauthorization</u> of <u>home health care</u> is required to avoid a financial penalty.
lf you need	Rehabilitation services	\$30 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	50% coinsurance.	<u>Preauthorization</u> of <u>rehabilitation services</u> is required to avoid a financial penalty. <u>Plan</u> covers services related to the diagnosis and treatment of Autism Spectrum Disorder (ASD) regardless of age.
help recovering	<u>Habilitation</u> services	Not covered.	Not covered.	You must pay 100% of these expenses, even in-network.
or have other special health needs	Skilled nursing care	25% coinsurance.	50% coinsurance.	Preauthorization of an admission is required to avoid a financial penalty. Maximum benefit 60 days/calendar year.
110005	<u>Durable medical</u> equipment	25% <u>coinsurance</u> . No charge for breastfeeding pump & supplies, supplies for insulin pump, and glucose meter.	50% coinsurance.	<u>Durable medical equipment</u> over \$1,000 requires <u>preauthorization</u> to avoid a financial penalty. Prosthetics and/or orthotics are not subject to financial penalties or greater restrictions than other medical services.
	Hospice services	25% coinsurance.	50% coinsurance.	Respite care max benefit is 10 days for each 6-month benefit period; 2 periods per lifetime. <u>Preauthorization</u> required to avoid a financial penalty.
	Children's eye exam	\$10 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	Not covered.	These vision expenses are available if you elect a separate Vision plan.
If your child needs dental or eye care	Children's glasses	\$15 <u>copayment</u> /eyeglasses. <u>Deductible</u> does not apply.	Not covered.	These vision expenses are available if you elect a separate Vision <u>plan</u> . Some types of lenses may be eligible for higher <u>out-of-network provider</u> reimbursement.
	Children's dental check-up	No charge . Dental <u>deductible</u> does not apply.	Your <u>coinsurance</u> varies on the dental <u>plan</u> option you elect. <u>Deductible</u> does not apply.	Medical <u>deductible</u> does not apply. These dental expenses are available if you elect a separate Dental <u>plan</u> .

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check y	our policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)
Cosmetic surgery <u>Habilitation services</u>	 Long-term care Non-emergency care when traveling outside the U.S. Private-duty nursing Routine foot care
Other Covered Services (Limitations may apply to these	services. This isn't a complete list. Please see your <u>plan</u> document.)
 Acupuncture (acupuncture and massage therapy combined maximum benefit is 30 visits/calendar year.) Bariatric surgery Chiropractic care (30 visits/calendar year). Dental care (Adult) (Child) when you elect a separate Dental <u>plan</u> 	 Hearing aids: Under 21 years: No charge up to \$2,200/ear thereafter you pay 90% <u>coinsurance</u> in any 36-month period; Age 21 and older: No charge up to \$500 thereafter you pay 90% <u>coinsurance</u> in any 36- month period. Infertility treatment (limited to testing to determine the cause of infertility). No other services covered. Routine eye care (Adult) (Child) when you elect a separate Vision <u>plan</u> Weight loss programs (when provided by a Physician, licensed nutritionist, or registered dietitian).

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the: **Medical Plan Claims Administrator (Presbyterian Healthcare Services (PHS)), at 505-923-5600 or toll free at 1-888-275-7737** or visit <u>www.phs.org/nmpsia</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. You may also contact the NM Office of the Superintendent of Insurance Managed Health Care Bureau at 1-855-427-5674 or by email at <u>mhcb.grievance@osi.nm.gov</u>. This website lists states with a Consumer Assistance Program: <u>https://www.cms.gov/cciio/resources/consumer-assistance-grants/</u>.

Does this plan provide Minimum Essential Coverage? Yes. Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes. If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services: Spanish (Español): Para obtener asistencia en Español, llame al 1-888-275-7737. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-275-7737.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	
(9 months of in-network pre-natal care an	nd
a hospital delivery)	

The plan's overall deductible	\$2,000
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like: <u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

	Total Example Cost	\$12,700
h	n this example, Peg would pay:	
	<u>Cost sharing</u>	
	Deductibles	\$2,000
	<u>Copayments</u>	\$160
	Coinsurance	\$1,950
	What isn't covered	
	Limits or exclusions	\$20
	The total Peg would pay is	\$4,130

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a
well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$2,000
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$830	
<u>Coinsurance</u>	\$780	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$1,610	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$2,000
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other coinsurance	25%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
Total Example Cost	\$2,800

In this example, Mia would pay:

(ngf)

Cost sharing		
Deductibles	\$2,000	
<u>Copayments</u>	\$300	
Coinsurance	\$70	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,370	