

# Agile Patency System Patient Preparation



 **PRESBYTERIAN**

## **IMPORTANT!**

**Please read these instructions one week prior to your procedure**

It will take you several days to prepare for this test. You may also need to stop taking certain medications up to a week in advance. We recommend that you post these instructions in a visible location at home to remind you of the various steps you will need to take.

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Provider:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Presbyterian Medical Group  
Gastroenterology**

**(505) 224-7000**

## **Patient responsibility**

- If there are any changes with your insurance(s), please notify our office prior to your procedure date.
- If your insurance requires a referral, it must be current at the time of your procedure, or you may be liable for payment.
- Remember to bring your insurance card(s) with you the day of your procedure.

### **The day before your patency capsule**

- Finish lunch by noon. After lunch **DO NOT EAT ANY SOLID FOODS.**
  - **Drink only clear liquids** for the rest of the day and for dinner. See the list of acceptable clear liquids on the back of this page.
- Continue the liquid diet for the remainder of the day.
- You may take all necessary evening medications.
- **Do not eat or drink anything after 10 p.m.**

### **On the day of your procedure**

- By 6 a.m. the day of your procedure, please take your blood pressure, cardiac and seizure medications.
- Take any necessary morning medications with a small sip of water. You should take all medications at least two hours before your appointment time.
- When you arrive at the clinic, you will sign a consent form for the procedure. The nurse will then have you swallow the capsule with a small cup of water.
- Two hours after swallowing the capsule, you may have clear liquids.
- After four hours, you may have a light snack.
- After six hours, you may resume your normal diet.

CONTINUED ON BACK

## **The day after your patency capsule ingestion**

- Complete a x-ray at any location from the list given to you between the hours of 1 p.m. and 2 p.m., to identify the location of the capsule. You do not need an appointment.

The Clinic will contact you with follow up instructions based on the results.

## **Clear Liquid Diet**

Starting at noon the day before your test, you may only drink or eat items on this list.

- Water
- Coffee (no milk or cream; sugar is permitted)
- Tea (no milk or cream; sugar is permitted)
- Carbonated beverages (soft drinks – regular or sugar free)
- Apple juice
- White grape juice
- Gatorade (no red, purple or orange in color)
- Lemonade (no pulp)
- Limeade (no pulp)
- Clear chicken or beef broth (no meat, vegetables, noodles, rice)
- Bouillon
- Clear consommé
- Snowcones or popsicles (no red, purple or orange in color)
- Hard candy
- Jell-O (no red, purple, or orange in color. We prefer that you have only light colors such as yellow or pink.)
- **ALCOHOL IS NOT PERMITTED!**

**Call our office at  
(505) 224-7000 if you have  
the following symptoms:**

- Abdominal pain
- Nausea
- Vomiting
- Abdominal distention



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