

Agile Patency System Patient Preparation



 **PRESBYTERIAN**

IMPORTANT!

Please read these instructions one week prior to your procedure

It will take you several days to prepare for this test. You may also need to stop taking certain medications up to a week in advance. Please read these instructions well in advance of your procedure date. We recommend that you post these instructions in a visible location at home to remind you of the various steps you will need to take.

Date: _____

Time: _____

Provider: _____

Location: _____

**Presbyterian Medical Group
Gastroenterology
(505) 224-7000**

Patient responsibility

- If there are any changes with your insurance(s), please notify our office prior to your procedure date.
- If your insurance requires a referral, it must be current at the time of your procedure, or you may be liable for payment.
- Remember to bring your insurance card(s) with you the day of your procedure.

The day before your patency capsule

- Finish lunch by noon. After lunch **DO NOT EAT ANY SOLID FOODS.**
 - **Drink only clear liquids** for the rest of the day and for dinner. See the list of acceptable clear liquids on the back of this page.
- Continue the liquid diet for the remainder of the day.
- You may take all necessary evening medications.
- **Do not eat or drink anything after 10 p.m.**

On the day of your procedure

- By 6 a.m. the day of your procedure, please take your blood pressure, cardiac and seizure medications.
- Take any necessary morning medications with a small sip of water. You should take all medications at least two hours before your appointment time.
- When you arrive at the clinic, you will sign a consent form for the procedure. The nurse will then have you swallow the capsule with a small cup of water.
- Two hours after swallowing the capsule, you may have clear liquids.
- After four hours, you may have a light snack.
- After six hours, you may resume your normal diet.

CONTINUED ON BACK

☐ **The day after your patency capsule ingestion**

- **Return to the clinic at 2:30 pm the day after you ingest the capsule.** The nurse will use a scanner to verify the capsule has passed out of your system. You will then be scheduled for the Capsule Endoscopy.
- If the scanner indicates that the capsule has not yet been excreted, you will be required to have an X-ray to identify the location of the capsule. You will be given follow-up instructions based on the results of the x-ray.

Clear Liquid Diet

Starting at noon the day before your test, you may only drink or eat items on this list.

- Water
- Coffee (no milk or cream; sugar is permitted.)
- Tea (no milk or cream; sugar is permitted.)
- Carbonated beverages (soft drinks – regular or sugar free.)
- Apple juice
- White grape juice
- Gatorade (no red, purple or orange in color)
- Lemonade (no pulp)
- Limeade (no pulp)
- Clear chicken or beef broth (no meat, vegetables, noodles, rice)
- Bouillon
- Clear consommé
- Snowcones or popsicles (no red, purple or orange in color)
- Hard candy
- Jell-O (no red, purple, or orange in color. We prefer that you have only light colors such as yellow or pink.)
- **ALCOHOL IS NOT PERMITTED!**

Call our office at 224-7000 if you have the following symptoms:

- Abdominal pain
- Nausea
- Vomiting
- Abdominal distention



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