



Spotlight On:

Plains Regional Medical Center

Cath lab brings life-saving care to Clovis

Home healthcare and hospice care available wherever you call home

New technologies available for radiation oncology

Meet our providers

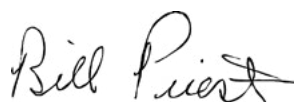
A Message from Bill Priest, Hospital Chief Executive

The staff and I at Plains Regional Medical Center (PRMC) consider it a privilege to provide for the healthcare needs of the communities we serve. Whether in the hospital, one of our clinic locations, our cancer care facility or our rehabilitation services site, we strive to provide great healthcare and exceptional service to all our patients. We thank you for allowing us to care for you and your families.

In this issue of Spotlight on PRMC, you'll find more information about the services we offer and stories about your friends and neighbors who have received care at PRMC. We are proud to offer the community a strong cardiology program, cancer care, surgical services, and a wide array of medical specialties not always seen in rural environments.

If you are currently getting your care at PRMC, we thank you for trusting us with this honor. If you are not receiving your care at PRMC, we ask you to give us a try. We think you will like the care you receive – close to home, neighbor to neighbor, friend to friend.

Sincerely,



Bill Priest
Hospital Chief Executive



Cardiac Emergency Care

Cath lab brings lifesaving care to Clovis

In late February 2025, a patient and resident of Clovis was brought to the emergency department at Plains Regional Medical Center (PRMC) for chest pain.

Michael Mitschke, MD, confirmed the patient was having a serious heart attack and he was brought to the catheterization lab (cath lab) for emergency care. Thanks to the emergency heart care and specialized equipment available at the PRMC cath lab, our cardiac team was able to quickly open up the patient's blocked arteries and stabilize him. The patient was able to make a full recovery. The patient's family appreciated that he was able to receive life-saving care close to home.

This care was made possible thanks to the new cath lab and care for heart emergencies services now available at PRMC.

"This is an important part of care, not only for our patient's lives, but also for their family's lives," said Tammy Phillips, RN. "Healing is much better in your home environment."

Tammy and her cath lab colleagues are excited to be such an integral part of helping Clovis and the surrounding areas with their cardiac care needs.



Rehabilitation Services

A range of therapy services, including cardiac rehab

As part of our commitment to providing a wide range of services, closer to home, PRMC's Rehabilitation Services team offers:

- Physical therapy, which helps patients regain or improve physical function, strength and movement after surgery, an injury, or chronic illness.
- Occupational therapy is similar to physical therapy, but is more focused on helping patients perform daily activities more easily.
- Cardiac and pulmonary rehab, for patients who have had a recent cardiac event or diagnosis, such as a heart attack, heart failure, coronary artery bypass grafting (CABG), or stent placement.
- Speech and language therapy, which helps patients regain or improve their communication skills, speech production, thinking abilities, voice and swallowing, especially after a head or brain injury, neurological disease or other illness.



To learn more about rehab services or schedule an appointment, call (575) 769-7356.

I am so thankful for the girls in rehab. When I first started [cardiac rehab], I was very weak and unbalanced. They have positively and safely pushed me to get stronger and do better with each session. I love that they keep track of each session so we can see the progress.

The atmosphere is conducive to healing and they show their patients the most care and respect. They gave me tips and tricks for things I could do at home to help. I will forever be grateful for the two awesome women who showed so much compassion to me during a really hard time in my life. They were cheerleaders and truly a part of my healthcare team.

- K.T., rehabilitation patient

Home Healthcare and Hospice

Care available wherever you call home

Plains Regional Medical Center's (PRMC) Healthcare at Home team offers a wide range of care services for patients who need home health, hospice care, palliative care or respite care, from the comfort of home. Our team works closely with your primary healthcare provider to monitor your progress and health concerns.

- **Home healthcare** includes medical services provided in the home to treat a chronic health problem or illness, or to help you recover from a surgery, illness or injury.
- **Hospice** provides care that focuses on quality of life and comfort for patients with serious, end-of-life illnesses.
- **Palliative care** focuses on helping people with serious illness or chronic conditions manage their symptoms and improve their quality of life.

The PRMC home healthcare team has been recognized by Strategic Healthcare Programs (SHP) as a "Superior Performer" for achieving an overall patient experience score ranked in the top 20% of all eligible SHP clients in 2024. The annual SHPBest™ award acknowledges home health agencies that consistently provide high quality service to their patients.

For more information about our Healthcare at Home services, please visit phs.org/healthcareathome.

Podiatry

Now offering care for your feet and ankles with a podiatry specialist

Yilma Kebelo, DPM, joined the Clovis medical community at PRMC in December 2024. He provides foot and ankle care, offering thoughtful, individualized treatment for a wide range of conditions. A few common conditions he treats include bunions, pain in the heel, foot or ankle, plantar fasciitis, and sports injuries. Dr. Kebelo offers podiatry care in both Clovis and Tucumcari.

Dr. Kebelo and his family relocated from California, where he provided podiatry care in private practice since 2021. Originally from Ethiopia, Dr. Kebelo completed his medical training at the Jimma University School of Medicine before moving to the United States. He completed his residency at Geisinger Community Medical Center in Scranton, Pennsylvania and later earned his doctoral degree in podiatric medicine at the Temple University School of Podiatric Medicine in Philadelphia. Dr. Kebelo is board certified in podiatry and board qualified in foot and ankle surgery. He has completed advanced training and workshops in podiatry care. His broad clinical background and commitment to compassionate care continue to shape his approach to medicine.

If you are experiencing any issues related to your feet or ankles, you can schedule an appointment by calling (575) 769-7577, option 1.



Radiation Oncology

New technologies available for radiation oncology

The radiation oncologists at Plains Regional Medical Center specialize in the treatment of cancer using radiation to kill cancer cells, shrink tumors, and provide relief of certain cancer-related symptoms.

We are happy to offer radiation therapy using advanced technology to the Clovis community. This includes

radiation treatments customized to each patient's tumor and anatomy, helping increase effectiveness and minimize side effects.



New therapies include:

- Image guided (IGRT) and intensity modulated radiation treatment (IMRT)
- A new Elekta Versa linear accelerator that was installed in 2024
- Stereotactic ablative radiation therapy, which offers curative cancer treatment in as few as 3-5 sessions

Our dedicated providers and care team work to provide you and your family with compassionate and modern cancer care close to home.

Clovis, New Mexico, is a small town but has a great Cancer Center! You are always greeted with a smile when you go in! Kim always has a smile on her pretty face when you see her! The nurses are the greatest nurses; they are compassionate and caring. They treat the patients with respect and care! I was diagnosed with AML in June 2023 and had 21 chemo sessions! The nurses make sure you are OK before you go home! The doctors are great also; they know how to treat you! They treat you with respect also! I could go on and on, but won't. EVERYONE there is great!

- A.G., cancer patient

Behavioral Health

Providing a wide range of behavioral health services

Our experienced and compassionate providers, Beba Perez-Rodriguez, PsyD, and Danielle Davey, DO, are available for your mental and emotional health needs.

Beba Perez-Rodriguez, PsyD, is a licensed psychologist who provides counseling services for people ages four and up. She offers both individual and group therapy, with a warm and supportive approach tailored to each patient's needs. Ms. Perez-Rodriguez is passionate about helping individuals and families navigate life's challenges through evidence-based therapy in person, at our clinic. Whether your child is facing emotional or behavioral difficulties, or you're seeking support for yourself, Ms. Perez-Rodriguez is here to help with compassionate care and clinical expertise.

Dr. Davey is a board certified psychiatrist who provides care for adults ages 18 and older. She offers complete psychiatric evaluations, medication management, and supportive care to help patients improve their mental health and well-being. Dr. Davey sees patients through home-based telemedicine, offering flexibility and convenience for those with busy schedules or mobility challenges. If you need help managing anxiety, depression, or other mental health concerns, Dr. Davey is committed to working with you to create a personalized and effective treatment plan.

To schedule an appointment, please call (575) 769-7577, option 1.



Women's Care

Delivering more than babies

First-time mom Blanca Bermea and her husband Freddy live in Farwell, Texas, less than 10 miles from Plains Regional Medical Center (PRMC). Initially, Blanca was planning to give birth to their baby at a hospital in Lubbock, but started her prenatal care near her workplace here in Clovis. She appreciated the team approach to her care and the flexibility of her prenatal appointments being scheduled around her workday.

"Because of the outstanding service we received, we decided to stay in Clovis for the delivery," said Blanca. "We really enjoyed everyone there, from the receptionists, medical assistants and nurses, to the OB/GYN providers. The hospitalists were also very good."

Blanca emphasized the warm, family-oriented environment. "Everyone was always very friendly – the entire staff became part of our journey, remembering me and seeing my pregnancy progress between visits. The OB/GYN team gets to know you, spends time with you, and gets familiar with you through the whole journey – they made me feel welcome and special. Even after my baby was born, the staff were excited to see her and meet her."

Allie Sophia was born May 13, 2025. Her parents are amazed at how time has flown by since her birth. "Since I gave birth, I keep recommending PRMC. I really had a very good experience with all the care I received," Blanca said. "When I was admitted to the hospital to have my baby, I was a little scared - that was my first time ever being admitted to the hospital!" She shared that the professionalism and communication of the staff really helped her feel comfortable. "During shift change, I really liked how the staff communicated with each other to give updates on my care. It made me feel very safe and comfortable."

Freddy was by Blanca's side throughout their hospital stay. He was nervous, but like Blanca, everyone made him feel welcome. "He was my main supporter when I was in pain, needed help with anything, and he could ask the nurses for anything we needed." Freddy was able to stay overnight in the labor room with Blanca, a nice perk for a first-time mom, unsure when baby would arrive.

Blanca and Freddy are grateful for the care their family receives at PRMC, noting that service and medical attention is always on point.



Our OB/GYN clinic will be moving!

We are expanding our obstetrics and gynecology (OB/GYN) space for our community. Construction is currently underway, and we expect to open at our new location in October.

Current address: 2200 W. 21st St., Clovis, NM 88101

New address: 2421 W. 21st St., Suite A, Clovis, NM 88101

If you have any questions, please call **(575) 769-7577**

PRMC OPEN HOUSE

YOU ARE INVITED

Come meet our care teams and tour new spaces for OB/GYN and MRI (radiology). *Light refreshments will be served.*

October 24, 2025

Noon - 5:00 P.M.

NEW OB/GYN LOCATION

Presbyterian Medical Group

2421 W. 21st St., Suite A
Clovis, NM 88101

NEW MRI SPACE

Plains Regional Medical Center

2100 Martin Luther King Jr. Blvd.
Clovis, NM 88101



Like us on Facebook!

Plains Regional Medical Center is now on Facebook! Give us a follow to stay up to date on things happening in and around our hospital campus including new services offered, weather alerts, events and important health information.

Provider Listings

Behavioral Health



Danielle Davey, DO



Beba Perez-Rodriguez,
Psy-D

NOT
PICTURED

Charles Bailey, MD

Cardiology



Michelle Dean, CNP



Michael Mitschke, MD

Family Medicine



Kristin Benavidez, CNP

Family Medicine



Amber Lott, CNP



Michelle Oetjens, CNP



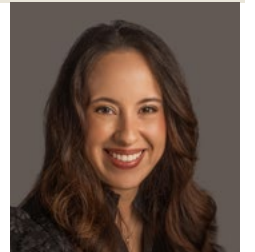
Natasha Beachum, MD



Stacey Chavez, CNP



Shala Caudill, CNP



Samantha Ramos, CNP

Family Medicine Skin Care

Gastroenterology



Firouzeh Kasaie, CNP

General Surgery



Christy Boen, CNS



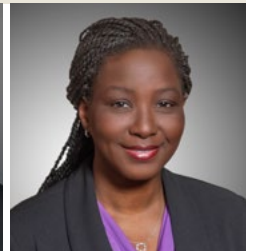
Jeffrey Durgin, MD



Tony Haley, MD



Raul Lugo, MD



Shawn Watts, MD

Hematology/Oncology



Benjamin Downie, MD



Britni Montague, PhC



Ambrosia Simmons, MD



Donna Thibodeau, MD

Infusion Services



Charla Dunn, PA-C

Nephrology



Parikshit Thakur Hameer,
MD, FASN, FNKF

OB/GYN



Natasha Beachum, MD



Lillian Browning, CNP



Sandra Eastling, CNM



Timothy Harkins, MD



Cristi Lubera, CNM

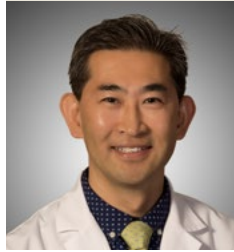


Reese McGee, CNP

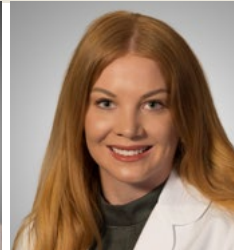
OB/GYN



Brenda Pereda, MD



Horim Choi, MD



Chelsey Jorde, CNP



Lorena Kroeger, CNP



Titus Plomaritis Jr., MD



Adora Anudu, MD

Orthopedics

Pediatrics

Pediatrics



Leopoldo Cabrera, MD



Kathryn Winters, MD
Pediatric Hospitalist

Podiatry



Yilma Kebelo, DPM

Pulmonology



Arnel Bobadilla, MD

Same Day Care Clinic



Aha Hagan, CNP



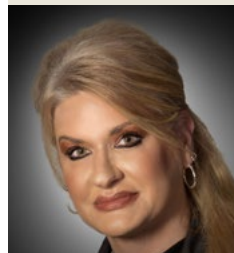
Brittnee Sharp, CNP

Same Day Care Clinic



Mark Standley, PA-C

Urology



Stacey Chavez, CNP



Richard Tushman, MD

Join us on Tuesdays for Doc Talks!

Come meet our providers, learn more about what services we offer, and have the opportunity to ask questions about primary care and specialty care offerings.

All Doc Talks are 5:30 p.m.- 6:30 p.m. in the Cannon Room at Plains Regional Medical Center, located at 2100 Martin Luther King Jr. Blvd., in Clovis.

All events are free and open to the public. Light refreshments will be provided.

If you have questions or need more information about these events, please contact Sabrina Garcia at (575) 769-6492 or sgarcia50@phs.org.

2025 DOC TALK SCHEDULE

- September 9
- October 14
- November 11

Schedule subject to change.

Plains Regional Medical Center
2100 N. Martin Luther King Jr. Blvd.
Clovis, NM 88101

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Presbyterian Medical Group is a department of Plains Regional Medical Center.
Some services may use independent community healthcare providers.

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Plains Regional Medical Center

