Priority Area 1: BEHAVIORAL HEALTH

"Promotion of mental health, resilience and wellbeing; the treatment of mental and substance use disorders; and the support of those who experience and/or are in recovery from these conditions, along with their families and communities." – *Substance Abuse and Mental Health Administration (SAMHSA)*

Long-Term Goal	Short-Term and Medium-Term Goals	Level of Influence		Strategy	Programs	Key Objective	Key Performance Measures
All New Mexicans have access to behavioral health services to improve overall well-being. Outcome: Decrease in deaths of despair	Improve prevention and treatment of unhealthy substance use including tobacco, alcohol and illicit drugs for youth and adults. Outcome: Decrease in youth and adult substance use.	Institutional		Paraprofessional workforce expansion (S1)	Clinical and Community Linkages	Increase the capacity for paraprofessionals (e.g., Peer Support Specialists) to thrive and provide care for more patients.	Number of new Peer Support Specialists hired
		Individual		Support and collaborate with care teams implementing evidence-based interventions for substance use disorder (SUD) and behavioral health conditions (S3)	Presbyterian Peer Support	Connect patients experiencing drug use to recovery resources and follow up.	Number of encounters by a peer
					Partnerships for Success 2020	Train providers and other care teams on harm reduction and polysubstance use.	Number of trainings conducted, number of people attending trainings
		Individual		Support positive youth development to build increased resiliency and reduce toxic stress (S5)	Mentoring	Provide a professional work environment of learning for high school and college students to gain real-world work experience.	Number of students participating in mentoring activities
	Increase access to behavioral health services and reduce stigma associated with accessing those services for youth and adults. Outcome: Decrease in prevalence of frequent mental distress (adults) and sadness and hopelessness (youth).	Community		Increase access and awareness of available behavioral health services through education and anti-stigma messaging campaigns (S2)	Partnerships for Success 2020	Through social, earned, and paid media, increase awareness of polysubstance use, related harms, and treatment and prevention resources.	Number of provider guides distributed, number of people exposed to messaging
		Community		Provide workforce and community training, presentations, and educational opportunities (S4)	Mental Health First Aid; Addressing Trauma, Racism and Bias in Care Pathways; Aces Are Not Your Destiny; and other related Health Equity Trainings	Increase community response to mental health emergency while reducing mental health stigma.	Number of trainings conducted, number of people trained
		Institutional	Organizational infrastructure and policy	Create or join cross-functional/departmental workgroups to redesign and refine policies to increase access and equity		Identify organizational policies that pose barriers to access and equity for behavioral health care.	
		Cross-Cutting		Capacity building and partnerships	Community-Based Organization/ Coalition Support and Alignment Community Health Assessment and Improvement Plans	Partner with county/tribal health councils, service organizations, and coalitions to increase behavioral health opportunities prioritized by each community.	Total funding provided, number of priority initiatives, number of community members reached/ participating

Presbyterian Healthcare Services | Community Health Implementation Goals and Outcome Measures