Presbyterian Health Plan – Wellness Option (Code PS 1/3/2)

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. Please read the FEHB Plan brochure (RI 73-563) that contains the complete terms of this <u>plan</u>. All benefits are subject to the

definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.phs.org, and view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a>. You can call 1-800-356-2219 to request a copy of either document.

Important Questions	Answers	Why This Matters:		
What is the overall deductible?	<b>\$2,000</b> /Self Only <b>\$4,000</b> /Self Plus One <b>\$4,000</b> /Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> .		
Are there services covered before you meet your deductible?	Yes. Preventive Services	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .		
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$8,150</b> /person <b>\$16,300</b> /family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. <b>For family coverage, see instructions for additional applicable language.</b>		
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.		
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.phs.org or call 1-855-780-7737 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.		
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .		





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office	Primary care visit to treat an injury or illness	First 4 visits: \$20 <u>copayment</u> Subsequent visits:  30% <u>coinsurance</u>	Not covered	Visits after the initial 4 visits will be subject to deductible.
or clinic	Specialist visit	\$50 <u>copayment</u>	Not covered	None
	Preventive care/screening/immunization	No charge	Not covered	None
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	First 2 visits: \$25 copayment/test for diagnostic labs tests and \$50 copayment/test for diagnostic basic radiology tests Subsequent visits: 30% coinsurance	Not covered	Visits after the initial 2 visits will be subject to deductible.  No charge for first 2 Maternity Ultrasounds; Subsequent visits: 30% coinsurance deductible applies.
	Imaging (CT/PET scans, MRIs)	30% coinsurance	Not covered	Deductible will apply
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.phs.org/fehb	Generic drugs	\$10 copayment/ prescription (retail) \$20 copayment/ prescription (mail order)	Not covered	Coverage is limited to a 30-day supply up to
	Preferred brand drugs	\$100 copayment/ prescription (retail) \$140 copayment/ prescription (mail order)	Not covered	the maximum dosing recommendation by the manufacturer or FDA maximum recommendation dosage (retail); 90-day supply (mail order)
	Non-preferred brand drugs	\$125 <u>copayment/</u> prescription (retail) \$200 <u>copayment/</u> prescription (mail order)	Not covered	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Specialty drugs	50% coinsurance/ prescription up to a maximum of \$500 (retail)	Not covered	Not available (mail order)	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	Not covered	Prior authorization may be required.	
surgery	Physician/surgeon fees	30% coinsurance	Not covered	Deductible will apply.	
If you need immediate	Emergency room care	First 2 visits: \$300 copayment Subsequent visits: 30% coinsurance	First 2 visits: \$300 copayment Subsequent visits: 30% coinsurance	Waived if admitted into a hospital, then hospital copayment applies. Visits after initial 2 visits will be subject to deductible.	
medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	Prior authorization may be required for interfacility services. Deductible will apply.	
	<u>Urgent care</u>	\$40 <u>copayment</u> /visit	\$40 <u>copayment</u> /visit	None	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	Not covered	Prior authorization may be required.	
stay	Physician/surgeon fees	30% coinsurance	Not covered	Deductible will apply.	
If you need mental health, behavioral health, or substance	Outpatient services	First 4 visits: \$20 <u>copayment</u> Subsequent visits:  30% <u>coinsurance</u>	Not covered	Visits after the initial 4 visits will be subject to deductible.	
abuse services	Inpatient services	30% coinsurance	Not covered	Prior authorization may be required.  Deductible will apply.	
If you are pregnant	Office visits	Prenatal Maternity services: \$0 copayment Postnatal Maternity services: \$40 copayment	Not covered	None	
, ,	Childbirth/delivery professional services	0% coinsurance	Not covered	Prior authorization may be required. Delivery services will be subject to <u>deductible</u> .	
	Childbirth/delivery facility services	0% coinsurance	Not covered	Prior authorization may be required. Delivery services will be subject to <u>deductible</u> .	
If you need help recovering or have	Home health care	30% coinsurance	Not covered	Prior authorization may be required.  Deductible will apply.	

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
other special health needs	Rehabilitation services	First 60 visits per condition: \$20 copayment Subsequent visits: 30% coinsurance	Not covered	Visits after first 60 visits will be subject to deductible.
	Habilitation services	First 4 visits per condition: \$20 copayment Subsequent visits: 30% coinsurance	Not covered	First four visits will be subject to deductible.
	Skilled nursing care	30% coinsurance	Not covered	Coverage is limited up to 60 days/calendar year. Prior authorization may be required.  Deductible will apply.
	Durable medical equipment	30% coinsurance	Not covered	Prior authorization may be required. Hearing aids are covered for school aged children under 21 if still attending high school every 36 months/hearing impaired ear. <u>Deductible</u> will apply.
	Hospice services	30% coinsurance	Not covered	Prior authorization may be required.  Deductible will apply.
If your child needs dental or eye care	Children's eye exam	30% coinsurance	Not covered	Deductible will apply.
If your child needs dental or eye care	Children's glasses Children's dental check-up	Not covered Not covered	Not covered Not covered	None None

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (adult)

Long-term Care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

Routine Eye Care (Adult)

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Routine foot care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture
- Weight loss programs

• Chiropractic care

 Hearing aids (for children under 18-21 years of age is still attending high school)

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at [contact number] or visit <a href="www.opm.gov.insure/health">www.opm.gov.insure/health</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for <u>claims</u> under your <u>plan</u>, you may be able to <u>appeal</u>. For information about your <u>appeal</u> rights please see Section 3, "How you get care," and Section 8 "The disputed <u>claims</u> process," in your FEHB <u>Plan</u> brochure. If you need assistance, you can contact: 505-923-5678 or visit their website at <u>www.phs.org/fehb</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助、请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$2,000
■ Specialist	\$50
Hospital (facility)	30%
Other	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,000	
Copayments	\$10	
Coinsurance	\$2,900	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$4,970	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$2,000
■ Specialist	\$50
■ Hospital (facility)	30%
■ Other	30%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

## In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$1,200
Copayments	\$600
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,820

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$2,000
■ Specialist	\$50
■ Hospital (facility)	30%
■ Other	30%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$2,000
<u>Copayments</u>	\$500
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,500