

Intel Connected Care

Weight Management Program for Weight Loss Medications



Great News! Your Connected Care benefits now include coverage for GLP-1 medications when prescribed for weight loss. Participation in a weight management program will be required to obtain the medication.

Here's what you need to know to get started on your journey:

- If you want to start taking a weight loss medication (GLP-1) you will need to talk to your primary care provider. These medications require a prescription, and your provider can help determine if taking a medication is right for you.
Note: *The GLP-1 medication covered under the Presbyterian formulary for Connected Care members is Wegovy® (semaglutide).*
- To qualify for the medication, you must meet specific requirements:
 - The required medical indication (i.e., BMI >30 kg/m², or 27 kg/m² in the presence of at least one weight-related comorbid condition). Your provider will need to submit a prior authorization to the health plan for review and approval.
 - Enrollment in the weight management program offered by Presbyterian.
 - Maintaining engagement in the program.
- After receiving a prescription, you **must** enroll in the weight management program **before** attempting to pick up your prescription from the pharmacy or through mail-order. Please verify that the prior authorization submitted by your provider has been approved.

ENROLLMENT IS EASY!

Simply log in to your myPRES account and click on **Health and Wellness** at the top. Then click on **Access Your Health Assessment** and follow the prompts. You will be directed to the Wellness portal. There, you can click on the Transform widget on the main page. Complete the survey and connect with a Transform health coach.

Presbyterian has partnered with Transform Weight Loss to help members achieve and maintain their weight loss goals. Transform's weight management program includes evidence-based lesson plans. This will promote self-efficacy and lasting change with holistic topics that cover weight management, physical activity, healthy eating and emotional and mental resilience. You will receive 12 monthly coaching sessions with unlimited asynchronous messaging. You will also receive a scale and activity tracker to help track your progress.

If you have additional questions, please contact Intel Connected Care Customer Service at Presbyterian by calling (505) 923-8000 or 1-855-780-7737, Monday - Friday, 7 a.m. to 6 p.m.

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Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expression. If you need language assistance, services are available at no cost. Call (505) 923-5420, 1-855-592-7737 (TTY: 711).

ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baq akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jjik'eh, éí ná hóló, kojji' hódíłłnih (505) 923-5420, 1-855-592-7737 (TTY: 711).

For more information, visit <https://www.phs.org/nondiscrimination>.