

Intel Connected Care

GLP-1 Medications: Frequently Asked Questions



What are GLP-1 medications?

Also known as Glucagon-like Peptide-1 receptor agonists (GLP-1RAs), are a class of drugs used to treat Type 2 diabetes and obesity.

Why will I be required to participate in a weight management program?

This program was created by the group to provide access to the GLP-1 drug Wegovy® (semaglutide). With that, we know the importance of having a support system. When you are prescribed a GLP-1 drug, you'll be required to enroll in the weight management program, so you have access to the tools to succeed and ensure support throughout your journey. The evidence-based digital therapeutic behavior change program for obese and overweight adults combines integrated hardware, health behavior tracking, evidence-based curriculum and multimodal health coaching. This will create healthier habits around physical activity, eating patterns, and more to lose weight and keep it off the healthy way.

How do I enroll in the weight management program?

You can access the weight management program, called Transform, by logging in to your wellness platform. Log in to your myPRES account and click Health and Wellness at the top. Find the Wellness at Work link and follow the prompts. Once you have logged in to Wellness at Work, you can click on the Transform widget on the main page.

Who do I contact if I have any issues accessing Wellness at Work to register for the weight management program?

For support, you can contact Personify Health Customer Service by calling **1-888-671-9395** or email **support@personifyhealth.com**. If you have other questions, you can contact Intel Connected Care Customer Service at Presbyterian by calling **(505) 923-8000** or **1-855-780-7737**, Monday - Friday, 8 a.m. to 6 p.m.

I've enrolled in the program but the authorization for my medication is still not approved.

What do I need to do?

Enrollment information is updated daily. Please allow at least 24 business hours for the information to be updated in our system. You can contact our customer service team (the number on the back of your Presbyterian member ID card) to check the status.

How long is the program and can I opt out if I change my mind?

To obtain the weight loss medication, you will be asked to commit to the program for 12 months. If you opt out or choose not to continue, then you will no longer be eligible to obtain the medications.

Can I continue getting the medication after the completion of the program?

Yes, but the goal is to eventually discontinue the use of GLP-1 medications. You should consult with your coach and your primary care provider to determine when it would be necessary to discontinue.

What GLP-1 medications are covered?

There are many weight loss drugs on the market. Presbyterian covers the drug Wegovy® (semaglutide). Please ensure that you talk to your provider. Prescriptions for any other weight loss drug will not be covered. Weight loss drugs will be covered at the Non-Preferred Drug Tier.

Are there additional costs associated with the program or the medications?

As a Connected Care member, the weight management program is available to you at no additional cost so long as you qualify. The prescription for your medication will be covered under your health insurance and is classified as a Non-Preferred Drug. Your copayment or out-of-pocket responsibility will be determined by the pharmacy benefit structure on the plan you are enrolled in.

Can my spouse or dependent child participate in the program and receive the weight loss medication?

Yes, if they are covered as a dependent on your Connected Care plan. Weight loss medications are only available to members over the age of 18. Each participant must enroll separately.

I am already taking a GLP-1 medication to manage my diabetes or other health condition. Do I still need to enroll in the weight management program?

No. If the medication you are taking has already been approved for Diabetes Management you do not need to enroll.

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Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expression. If you need language assistance, services are available at no cost. Call (505) 923-5420, 1-855-592-7737 (TTY: 711).

ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yánítti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, kojí' hódílnih (505) 923-5420, 1-855-592-7737 (TTY: 711).

For more information, visit <https://www.phs.org/nondiscrimination>.