

Feb. 27, 2025

Subject: Presbyterian Will Update its Medical Policy Manual and Prior Authorization Guide April 1, 2025

Presbyterian Health Plan, Inc. and Presbyterian Insurance Company, Inc. (Presbyterian) are updating the Medical Policy Manual and Prior Authorization Guide. **Effective April 1, 2025**, Presbyterian will add and/or modify the following procedures in the Medical Policy Manual and Prior Authorization Guide:

- ****Retired****Breast Ultrasound
- ****Retired****Cholecystectomy
- Cancer Clinical Trials Routine Patient Care Costs - Coverage for Medicaid
- Durable Medical Equipment, Miscellaneous
- Durable Medical Equipment: Respiratory Devices
- Durable Medical Equipment: Orthotics and Prosthetics
- Durable Medical Equipment: Positive Airway Pressure (PAP) and Oral Appliances for Treatment of Obstructive Sleep Apnea
- ****Retired**** Extracorporeal Shock Wave Therapy (ESWT) for Musculoskeletal Disorders
- Gender Affirming Treatment and Surgery (Adults, 18 years of age and older)
- Gender Affirming Treatment for Children and Adolescents (Ages 17 and under)
- ****Retired****Implantable Cardioverter Defibrillator (ICD)
- Investigative & New Technology Assessment List (Non-Covered Services)
- ****Retired****Minimally Invasive Lumbar Decompression (mild)/Percutaneous Image-Guided Lumbar Decompression (PILD)
- Outpatient (in Facility) Observation
- ****Retired****Percutaneous Coronary Interventions
- ****Retired****Plasma Exchange: Therapeutic Apheresis
- Restorative, Reconstructive, Cosmetic Surgery and Treatment
- Investigative & New Technology Assessment List (Non-Covered Services)
- Transcranial Magnetic Stimulation (TMS) for Treatment-Resistant Depression
- ****Retired****Transcranial Magnetic Stimulation (TMS) for Treatment-Resistant Depression for Commercial
- Transplants, Organ

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Presbyterian exists to ensure all of the patients, members and communities we serve can achieve their best health.

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- ****Retired**** Water Vapor Thermal Therapy for LUTS/BPH (REZum® System)

For specific information about the updates to each of the above procedures, providers may review Presbyterian's Prior Authorization Guide & Medical Policy Manual Summary of Updates at https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=PEL_00957317.

The following resources are available to providers to verify whether a prior authorization is required:

- **Medical Policy Manual:** www.phs.org/providers/resources/medical-policy-manual
- **Provider Portal Prior Authorization Tool:** www.phs.org/mypres
- **Prior Authorization Check Tool:** <https://prescoverage.phs.org/ac/>
- **Prior Authorization Guide:** www.phs.org/providers/authorizations

Providers must submit prior authorization requests as the resources above indicate.

For guidance on how to navigate the prior authorization tools on the provider portal, providers can view the myPRES Prior Authorization User Manual at www.phs.org/providermanual. If providers have any questions or need assistance, then they should contact their Provider Network Operations relationship executive.

As always, thank you for continuing to partner with us to improve the health and wellness of the patients, members and communities we serve.

Provider Network Operations



Hours: Monday through Friday, 8 a.m. to 5 p.m.



Phone: (505) 923-5757 or 1-888-923-5757 (toll-free)

Contact Guide: www.phs.org/ContactGuide



Mailing address: P.O. Box 27489, Albuquerque, NM 87125

Location: 9521 San Mateo Blvd NE, Albuquerque, NM 87113