



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-979-6778 or visit www.phs.org. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-866-979-6778 to request a copy.

Important Questions	Answers	Why This Matters:
<u>What is the overall deductible?</u>	In-network: \$3,400 Individual / \$6,800 Family Out-of-network: \$5,000 Individual / \$10,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
<u>Are there services covered before you meet your deductible?</u>	Yes. <u>Preventive care</u> is covered before you meet your <u>Deductible</u> .	This <u>plan</u> covers some items & services even if you haven't met the <u>deductible</u> amount. But a <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits .
<u>Are there other <u>deductibles</u> for specific services?</u>	No.	You don't have to meet <u>deductibles</u> for specific services.
<u>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</u>	In-network: \$5,000 Individual / \$10,000 Family Out-of-network: \$6,350 Individual / \$12,700 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.
<u>What is not included in the <u>out-of-pocket limit</u>?</u>	Premiums, <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out of pocket limit</u> .
<u>Will you pay less if you use a <u>network provider</u>?</u>	Yes. See https://www2.phs.org/providers?directory_type=php&insurance_plans=aso-hmo-aso-ppo-aso-hdhp or call 1-866-979-6778 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out of network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>for some services</u> (such as lab work). Check with your <u>provider</u> before you get services.
<u>Do you need a <u>referral</u> to see a <u>specialist</u>?</u>	No.	You can see the <u>specialist</u> you choose without a referral.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	30% <u>coinsurance</u> after <u>deductible</u> is met	50% <u>coinsurance</u> after <u>deductible</u> is met	Video Visits for In Network are 0% <u>coinsurance</u> after <u>deductible</u> is met. Telehealth 30% <u>coinsurance</u> after <u>deductible</u> is met.
	<u>Specialist</u> visit	30% <u>coinsurance</u> after <u>deductible</u> is met	50% <u>coinsurance</u> after <u>deductible</u> is met	Video Visits for In Network are 0% <u>coinsurance</u> after <u>deductible</u> is met. Telehealth 30% <u>coinsurance</u> after <u>deductible</u> is met.
	<u>Preventive</u> care/screening/immunization	No charge	50% <u>coinsurance</u> after <u>deductible</u> is met	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% <u>coinsurance</u> after <u>deductible</u> is met	50% <u>coinsurance</u> after <u>deductible</u> is met	Prior authorization may be required or benefits may be denied.
	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u> after <u>deductible</u> is met	50% <u>coinsurance</u> after <u>deductible</u> is met	
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at https://client.formularynavigator.com/Search.aspx?siteCode=0322075909	Generic drugs (Tier 1)	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: 30% <u>coinsurance</u> after <u>deductible</u> is met	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: Not covered	Covers up to a 30-day supply (retail)/90-day supply (mail order). You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a preauthorization requirement or may result in a higher cost. If you use a non-network pharmacy (including a mail order pharmacy), you may be responsible for any amount over the allowed amount. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your plan. Not all drugs are covered.
	Preferred brand drugs (Tier 2)	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: 30% <u>coinsurance</u> after <u>deductible</u> is met	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: Not covered	You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in addition to any applicable copay and/or coinsurance may be applied. Specialty Drugs limited to a 30-day supply
	Non-preferred drugs (Tier 3)	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: 30% <u>coinsurance</u> after <u>deductible</u> is met	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: Not covered	
	Self-Administered Specialty (Tier 4)	Retail: 30% <u>coinsurance</u> after <u>deductible</u> is met Mail: Not Available	Not covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior Authorization may be required or benefits may be denied.
	Physician/surgeon fees	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior Authorization may be required or benefits may be denied.
If you need immediate medical attention	Emergency room care	30% coinsurance after deductible is met	30% coinsurance after deductible is met	-----None-----
	Emergency medical transportation	30% coinsurance after deductible is met	30% coinsurance after deductible is met	-----None-----
	Urgent care	30% coinsurance after deductible is met	30% coinsurance after deductible is met	-----None-----
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior Authorization may be required or benefits may be denied.
	Physician/surgeon fees	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior Authorization may be required or benefits may be denied.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	-----None-----
	Inpatient services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior Authorization may be required or benefits may be denied.
If you are pregnant	Office visits	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Cost sharing does not apply for preventative services. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
	Childbirth/delivery professional services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied. Prior Authorization is not required for gynecological or obstetrical ultrasounds.
	Childbirth/delivery facility services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied. Prior Authorization is not required for gynecological or obstetrical ultrasounds.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied.
	Rehabilitation services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied.
	Habilitation services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	-----None-----
	Skilled nursing care	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Coverage is limited up to 60 days per calendar year. Prior authorization may be required or benefits may be denied.
	Durable medical equipment	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied.
	Hospice services	30% coinsurance after deductible is met	50% coinsurance after deductible is met	Prior authorization may be required or benefits may be denied.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	-----None-----
	Children's glasses	Not covered	Not covered	-----None-----
	Children's dental check-up	Not covered	Not covered	-----None-----

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)		
<ul style="list-style-type: none">• Cosmetic Surgery• Dental Care• Glasses	<ul style="list-style-type: none">• Infertility• Long-Term Care• Non-Emergency care when travelling outside the US	<ul style="list-style-type: none">• Private duty nursing• Routine eye care• Routine foot care – (Except as covered for Diabetes)• Weight loss Program
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)		
<ul style="list-style-type: none">• Acupuncture (20 maximum visits per calendar year)• Bariatric Surgery	<ul style="list-style-type: none">• Chiropractic Care (20 maximum visits per calendar year)	<ul style="list-style-type: none">• Hearing aids – Every 36 months per hearing impaired ear for school-aged children under 18 years old (or under 21 years of age if still attending high school)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, you may contact the Office of the Superintendent of Insurance Managed Health Care Bureau at 1-855-427-5674 or by email at mhcb.grievance@state.nm.us.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the [Marketplace](#).

Language Access Services:

Para obtener asistencia en Español, llame al 1-866-979-6778.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-979-6778.

如果需要中文的帮助, 请拨打这个号码 1-866-979-6778.

Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-866-979-6778.

Learn more about Presbyterian's Notice of Nondiscrimination, go to www.phs.org/nondiscrimination.aspx.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$3,400
Specialist	30%
Hospital (Facility)	30%
Other	30%

This EXAMPLE event includes services like: Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$3,400
Copayments	\$0
Coinsurance	\$1,160

What isn't covered

Limits or exclusions	\$150
The total Peg would pay is	\$4,710

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$3,400
Specialist	30%
Hospital (Facility)	30%
Other	30%

This EXAMPLE event includes services like: Primary care physician office visits (*including disease education*) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$3,400
Copayments	\$0
Coinsurance	\$560

What isn't covered

Limits or exclusions	\$80
The total Joe would pay is	\$4,040

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$3,400
Specialist	30%
Hospital (Facility)	30%
Other	30%

This EXAMPLE event includes services like: Emergency room care (*including medical supplies*) Diagnostic test (*x-ray*) Durable medical equipment (*crutches*) Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0

What isn't covered

Limits or exclusions	\$0
The total Mia would pay is	\$2,800

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.