



Priority Area 2: Healthy Lifestyle

Determined to connect individuals and families to tools, skills, and confidence they need to live a healthy lifestyle.

Federal & State Population Level Goals	PHS Goals	Level of Influence	Community Health Strategy	Community Health Programs & Tactics	Key Objective	Key Performance Measures
Improve quality of life for people living with or at risk for chronic disease How we measure progress: Mortality – diabetes and heart disease	Improve prevention and self-management of chronic disease How we measure progress: Diabetes Bundle Preventive Care – Annual Wellness Visits, Well Child Visits	Individual/Family	Healthy lifestyle opportunities that support the prevention and management of chronic disease	Diabetes Prevention & Self-Management Education and Support	Increase individual knowledge, skills and self-efficacy related to cooking skills, healthy nutrition practices and chronic disease self-management	Pre & post enrollment A1c Pre & post enrollment BP # of Medicare/Medicaid members enrolled and completed # of billable visits # of program participants; demographics
				Diabetes Prevention & Self-Management Education and Support		
				Family Healthy Weight Program		
				Healthy Eating and Active Living Classes	Increase individual knowledge, skills, access, and self-efficacy related to ways to be physically active and manage stress	# of participants in classes, demographics # of HEAL classes, type # of Referrals/ Enrollments
				Wellness Connection Center		
	Prevent communicable disease	Individual	Promote Vaccination	Community Vaccination Clinics	Provide free and accessible vaccination opportunities	# vaccinations administered
				Workforce Immunization		# workforce vaccinated