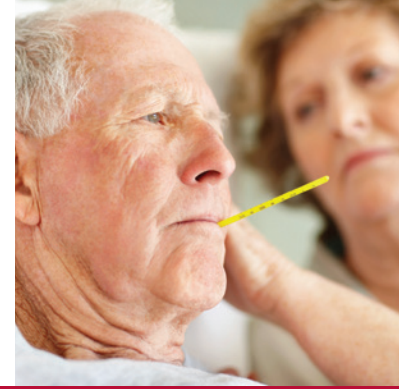


# Watch for These Important Symptoms

Please **CALL (505) 559-6100 IMMEDIATELY** if you experience any of these symptoms.



**PRESBYTERIAN**  
Cancer Care

## **CALL (505) 559-6100 with important symptoms**

An oncologist is available 24 hours a day, 7 days a week.

Expect to speak with a cancer care provider within 30 minutes.

If you do not receive a response at (505) 559-6100, call (505) 857-3700 or 1-888-549-7683.

**DO NOT USE MyChart** to communicate your important symptoms.

## **Advance Healthcare Directives**

You have the right to give instructions about your own healthcare if you become unable to make decisions for yourself.

Presbyterian Healthcare Services believes that your medical care should reflect your wishes as much as possible. **We strongly encourage you to discuss your choices with your healthcare provider(s) and your family.**

**Follow these steps to let others know your healthcare preferences.**

- 1 Select a Healthcare Decision Maker**
- 2 Express your wishes and values**
- 3 Share your preferences by completing an Advance Healthcare Directives form**

You can download a form from [www.phs.org/patientrights](http://www.phs.org/patientrights)

For more information about cancer, cancer treatments, or advance directives please visit [www.phs.org/cancer](http://www.phs.org/cancer)

- **Fever over 100.5°F, shaking chills, or sweats that soak your clothes or bed**
- **Difficulty breathing (shortness of breath) at rest or with activity**
- **Severe cough or cough with green, yellow, or bloody mucus**
- **Diarrhea or constipation**
  - Diarrhea that is frequent, loose, watery, or explosive
  - Diarrhea that does not go away after taking medication
  - Diarrhea or any bowel movement (stool) that occurs more than four times in 24 hours
  - Stools that are black or bloody
  - Constipation for three or more days
- **Nausea or throwing up that is not helped by medication**
  - Throwing up (vomit) that is black or bloody
- **If you have had little or nothing to eat or drink for 24 hours**
  - Sores or pain in mouth that make it hard to eat or drink
- **Pain or bleeding**
  - Pain, redness, heat or swelling around your special IV (Port-a-Cath or PICC Line)
  - Pain, redness, heat, or swelling in an arm(s) or leg(s)
  - Painful or frequent urination or blood in urine
  - Pain not controlled by medications
  - Bleeding that lasts more than 10 minutes
  - Large bruises without a known cause
- **Medications**
  - If you are confused about your prescriptions, please call us at (505) 559-6100
  - Please talk with your provider about the use of alcohol, tobacco, drugs, vitamins, or herbs while receiving cancer treatment