



## Filling your prescriptions with home delivery

Get started  
with medication  
home delivery.







Simple.  
Convenient.  
And it may save  
you money, too.

### How it works.

- 1** Order a up to a three-month supply of your maintenance medication — ones you take regularly — by mail, phone or online.
- 2** OptumRx® fills your order, mails it to you then lets you know when to expect your delivery.
- 3** Your medication arrives within 7 to 10 days of placing the order.

### The benefits of home delivery.

-  Save a trip to the pharmacy.
-  You may pay less for up to a 90-day supply of your maintenance medication.
-  No charge for standard shipping.
-  Phone, text<sup>1</sup> and email reminders help you remember every dose and every refill.

### Choose from four easy ways:

#### Online.

Visit [optumrx.com/mycatarmaranrx](http://optumrx.com/mycatarmaranrx) and select **Get started** or use the OptumRx app.

#### Phone.

Call OptumRx at 1-866-528-5829, TTY 711.

#### Mail.

Complete the attached order form and mail it to **OptumRx P.O. Box 509075 San Diego, CA 92150.**

#### Fax/ePrescribe.

Ask your doctor to call OptumRx for instructions on how to fax your prescription. Or your doctor can send an electronic prescription to OptumRx.

### Manage your medication home delivery on the go.

Order and track your prescriptions online or with our app.



## NEW PRESCRIPTION MAIL-IN ORDER FORM

### Formulario de Pedido por Correo para Nuevas Recetas

**1 Member and physician information — please use black or blue ink. One form per member.**  
**Información sobre el miembro y el médico — use tinta negra o azul. Un formulario por miembro.**

Member ID Number   <i>Número de Identificación del Miembro</i>		
(Additional coverage, if applicable   <i>Cobertura adicional, si corresponde</i> ) Secondary Member ID Number   <i>N.º de Identificación del Miembro Secundario</i>		
Last Name   <i>Apellido</i>	First Name   <i>Nombre</i>	MI   <i>Inicial 2.do Nombre</i>
Delivery Address   <i>Dirección de Entrega</i>		Apt. #   <i>N.º de Apto.</i>
City   <i>Ciudad</i>	State   <i>Estado</i>	ZIP   <i>Código Postal</i>
Phone Number with Area Code   <i>Número de Teléfono con Código de Área</i>		
Date of Birth (mm/dd/yyyy)   <i>Fecha de Nacimiento (mm/dd/aaaa)</i>	Gender   <i>Sexo</i> <input type="radio"/> M <input type="radio"/> F	Email   <i>Correo Electrónico</i>
Physician Name   <i>Nombre del Médico</i>		
Physician Phone Number with Area Code   <i>Número de Teléfono del Médico con Código de Área</i>		

**2 Health history | *Historial médico***

<b>Medication Allergies   <i>Alergias a Medicamentos:</i></b> <input type="radio"/> None known   <i>Ninguna conocida</i> <input type="radio"/> Amoxil/Ampicillin   <i>Amoxicilina/Ampicilina</i> <input type="radio"/> Aspirin   <i>Aspirina</i> <input type="radio"/> Cephalosporins   <i>Cefalosporinas</i> <input type="radio"/> Codeine   <i>Codeína</i> <input type="radio"/> Others   <i>Otros:</i> _____	<input type="radio"/> Erythromycin   <i>Eritromicina</i> <input type="radio"/> NSAIDs   <i>NSAID</i> <input type="radio"/> Penicillin   <i>Penicilina</i> <input type="radio"/> Quinolones   <i>Quinolonas</i> <input type="radio"/> Sulfa   <i>Sulfamidas</i> <input type="radio"/> Tetracyclines   <i>Tetraciclinas</i>
<b>Health Conditions   <i>Condiciones de Salud:</i></b> <input type="radio"/> None known   <i>Ninguna conocida</i> <input type="radio"/> Arthritis   <i>Artritis</i> <input type="radio"/> Asthma   <i>Asma</i> <input type="radio"/> Cancer   <i>Cáncer</i> <input type="radio"/> Diabetes   <i>Diabetes</i> <input type="radio"/> Others   <i>Otros:</i> _____	<input type="radio"/> Glaucoma   <i>Glaucoma</i> <input type="radio"/> Heart condition   <i>Condición cardíaca</i> <input type="radio"/> High blood pressure   <i>Presión arterial alta</i> <input type="radio"/> High cholesterol   <i>Colesterol alto</i> <input type="radio"/> Osteoporosis   <i>Osteoporosis</i> <input type="radio"/> Thyroid Disease   <i>Enfermedad de la glándula tiroide</i>

**Over-the-counter/herbal medications taken regularly | *Medicamentos a base de hierbas/de venta sin receta que toma regularmente:***

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**Why pay more?**  
You may save with home delivery.



Visit  
[optumrx.com/mycatamaranrx](http://optumrx.com/mycatamaranrx)



Or call OptumRx at  
1-866-528-5829, TTY 711,  
24 hours a day, 7 days  
a week

<sup>1</sup> OptumRx provides this service at no additional cost. Standard message and data rates charged by your carrier may apply.



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