



## Transplant Services - Evaluation Testing

### Health Maintenance Screening

Current preventative health testing is a required part of the evaluation process. It is highly recommended that your health screenings are up to date, or you begin to schedule and complete the screenings that are appropriate for your age and gender. These tests will need to be arranged with your Primary Care Provider (PCP).

- **Colonoscopy** – This is required testing for patients 45 years and older. You will be required to have an up-to-date test and results. Please arrange this testing with your PCP. You can also schedule this visit by contacting [Presbyterian Gastroenterology](#).
- **Pap smear** – This is a GYN exam for all women. You will be required to have an up-to-date screening and results.
- **Mammogram** – This is a breast exam, required for all women over the age of 40. You will be required to have an up-to-date exam and results. You can obtain a referral from your PCP or schedule this screening by contacting [X-Ray Associates of New Mexico](#).
- **Dental Exam** – Many patients will require clearance from their dentist to help determine the health of teeth and gums.

**Other Testing and Appointments.** These are some of the tests you will be asked to complete to be considered as a transplant candidate. This will be arranged by the transplant team.

- **Chest X-ray** – This is a picture of your lungs.
- **CT of Abdomen and Pelvis** – This is a special picture of your lower abdomen and pelvis. If it's determined that you need this test, the transplant team will help schedule this visit for you.
- **Lab Draws** – Potential recipients will have a blood draw at their initial evaluation. The labs drawn are not the exact same labs drawn in dialysis. The labs include your blood typing, HLA typing, and testing for transmissible diseases.
- **Cardiac evaluation** – A cardiac evaluation is required for all candidates and will include an EKG, echo, stress test, and appointment with provider for clearance. The transplant team will help schedule this visit for you. You can visit the [Presbyterian Cardiology](#) page for more information on cardiac testing.
- **Other testing or physician visits** – If it is determined that you need to see other medical specialists based on your health history, the transplant team will inform you and help schedule these visits for you.