



## **Contraindications To Living Donor Kidney Donation**

### **Absolute Contraindications for Donation**

- History of kidney disease
- History of diabetes mellitus
- Recurrent kidney stones, or kidney stones present in both kidneys
- Hypertension requiring the use of 2 blood pressure medications
- Current diagnosis of cancer
- Chronic illness that places patient at significant risk to undergo surgery
- Transmissible infectious disease such as hepatitis or HIV
- Failure to demonstrate altruistic motives for donation
- Poorly controlled psychiatric disease or active drug/alcohol abuse
- Current pregnancy
- Obesity
- Age less than 21
- Age less than 26 with family history of Polycystic Kidney Disease (KPD)
- Age 70 or greater
- Blood type incompatibility excluding Kidney Paired Donation (KPD) participants
- Not willing to accept a blood transfusion if needed

### **Relative Contraindications for Donation**

- Age greater than 65
- Persistent presence of blood in urine sample
- High levels of protein in urine sample
- Women with a history of gestational diabetes and less than 10 years from childbirth
- Cardiovascular disease
- History of clotting disorders
- Current tobacco use