

Jan. 15, 2018

Subject: National Imaging Associates Inc. Updated Magellan Healthcare's Clinical Guidelines

Presbyterian Health Plan, Inc. and Presbyterian Insurance Company, Inc. (Presbyterian) are committed to keeping providers informed about any changes that may affect their practice. We would like to notify providers of Magellan Healthcare's 2018 Clinical Guideline changes.

National Imaging Associates Inc. (NIA), an affiliate of Magellan Health, completed its annual clinical guideline review, which involves an extensive clinical evaluation by a team of physician reviewers, physician specialists and Magellan Healthcare medical directors. Though all guidelines were reviewed, we are only providing those that were revised. These guideline changes were supported by literature reviews and practice experience and were approved by NIA's chief medical officer, chief executive officer and Clinical Guidelines Taskforce.

The following list highlights the guideline changes that are effective January 2018:

- Global change to applicable guidelines: A follow-up study may be needed to help evaluate a patient's progress after treatment, procedure, intervention or surgery. Documentation requires a medical reason that clearly indicates why additional imaging is needed for the type and area(s) requested. This was moved from the "Additional Information" section and will be included as an approvable indication.
- **Positron emission tomography (PET) scan guideline:** Clinical indications were added to cover an oncological Gallium 68 Dotatate PET/CT scan.
- Cardiac guidelines [Cardiac computerized tomography (CT) scan, cardiac magnetic
 resonance imaging (MRI) procedure, echocardiography stress test, transthoracic
 echocardiogram (TTE) exam, transesophageal echo (TEE) test]: Clinical indications added
 to several cardiac guidelines to address valvular heart disease, supported by JU Doherty et al,
 ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for
 Multimodality Imaging in Valvular Heart Disease, JACC, 2017.

As of Dec. 4, 2017, providers can preview the complete set of 2018 advanced imaging clinical guidelines on the RadMD website. To access the document:

- Visit the home page, <u>www.RadMD.com</u>.
- Click on the "Solutions" tab from main menu bar.
- Select "Advanced Imaging" from the drop down list.

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Presbyterian exists to improve the health of the patients, members, and communities we serve.

Click on the link for "Preview of NIA's 2018 Standard Guidelines" listed under the "Document" section.

Note: Providers do not need to sign in to view the guidelines.

NIA will update all clinical guidelines by Jan. 2, 2018. Providers can continue to view all current guidelines through their RadMD account.

If you have any questions, please use the information below to contact your Provider Network Management relationship executive. Thank you for partnering with us to improve the health of the patients, members and communities we serve.

Provider Network Management



Hours: Monday through Friday, 8 a.m. to 5 p.m.



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