

Proctosigmoidoscopy Preparation



 **PRESBYTERIAN**

IMPORTANT!

Please read these instructions one week prior to your procedure

Please read these instructions well in advance of your procedure date. We recommend that you post these instructions in a visible location at home to remind you of the various steps you will need to take.

We require that you contact us at least 72-hours before your scheduled test if you wish to cancel your test.

Call our office at 224-7000 if you have the following symptoms after your procedure:

- Nausea
- Vomiting
- Fever
- Chills
- Bleeding
- Abdominal pain

**Presbyterian Medical Group
Gastroenterology**

(505) 224-7000

Patient responsibility

- If there are any changes with your insurance(s), please notify our office prior to your procedure date.
- If your insurance requires a referral, it must be current at the time of your procedure, or you may be liable for payment.
- Remember to bring your insurance card(s) with you the day of your procedure.

Please notify our office if you are taking any blood thinners such as Coumadin or Plavix

Purchases

- You need to purchase two Fleet enemas, available over-the-counter. You **DO NOT** need a prescription.

On the day of your Proctosigmoidoscopy

- Nothing to eat or drink after midnight.
- By 6 a.m. the day of your procedure, please take your blood pressure, cardiac and seizure medications.
- Give yourself the first enema **two hours** prior to the appointment time at _____.
- Give yourself the second enema **one hour** prior to the appointment time at _____.

Date: _____

Time: _____

Provider: _____

Location: _____