



Clickotine[®]

A Digital Therapeutics™ Program for Smoking Cessation

Health and wellness or prevention information.

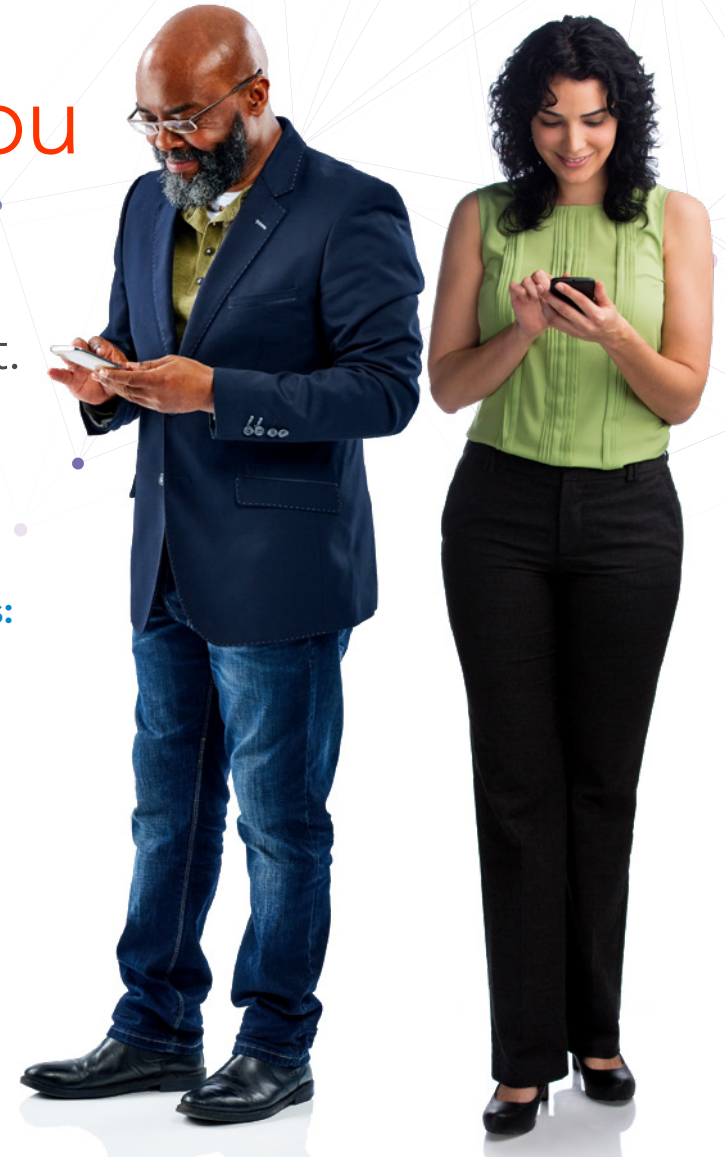
A smartphone app to help you quit smoking for good!

Presbyterian Health Plan offers Clickotine[®] at no cost.



It's never too late to quit.
Clickotine[®] is an easy-to-use app that offers:

- Features to beat cravings and withdrawal
- Social support
- One-on-one coaching
- Quit plans
- Medication reminders



Presbyterian complies with civil rights laws and does not discriminate on the basis of protected status including but not limited to race, color, national origin, age, disability, or sexual orientation or gender expression. If you need language assistance, services are available at no cost. Call (505) 923-5420, 1-855-592-7737 (TTY: 711). ATENCIÓN: Si usted prefiere hablar en español, están a su disposición servicios gratuitos de ayuda lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711). Dǫ́ baa akó nínizin: Dǫ́ saad bee yáníftli'go Diné Bizaad, saad bee áká'ánída'áwo'déǫ', t'áá jiiik'eh, éí ná hólo, koiij' hódíílnih (505) 923-5420, 1-855-592-7737 (TTY: 711). For more information, visit <https://www.phs.org/pages/nondiscrimination.aspx>.



Your health is important to us!

At Presbyterian Health Plan, you have access to services and programs to help you stay healthy.

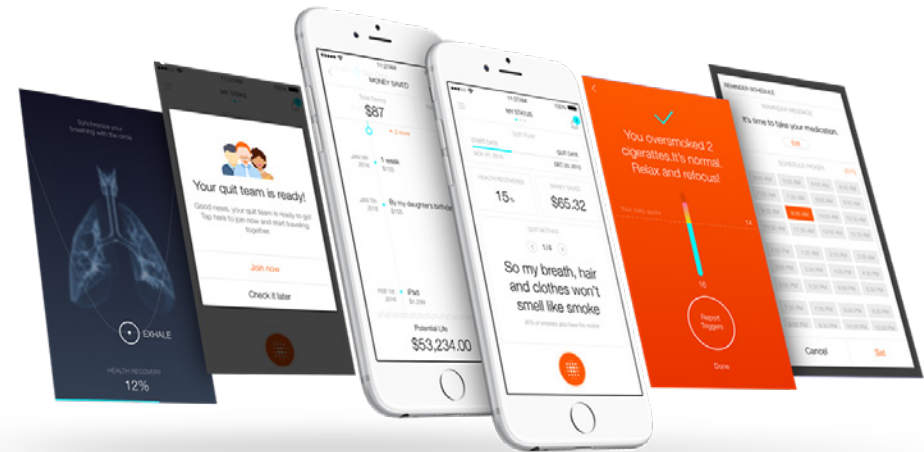
Benefits to quitting:

- Feel better
- Reduce health risks
- Control stress
- Sleep better
- Get fit
- Save money

Ready to get started?

1. Go to clktx.com/join and enter access ID code:
4FAE18 (Medicaid)
D73844 (Medicare)
731C73 (Commercial)
2. You will receive an email with your secure member code and a link to download the app.
3. Use the link to create an account.

You are on your way to quit smoking.



Presbyterian Health Plan, Inc.
Presbyterian Insurance Company, Inc.



Such services are funded in part with the State of New Mexico.

Presbyterian exists to improve the health of the patients, members, and communities we serve.

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