

# Have you been diagnosed?

- **Diabetes**
- **High Blood Pressure**
- **High Cholesterol**
- **Other Chronic Conditions**



The **Wellness Referral Center** offers **FREE** programs that can help you!

**Rewards and Prizes for those who participate!**

- **No insurance needed**
- **All ages**
- **English and Spanish**
- **It's easy and FREE!**

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 **PRESBYTERIAN**  
Community Health



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**Ask your provider today!**

