

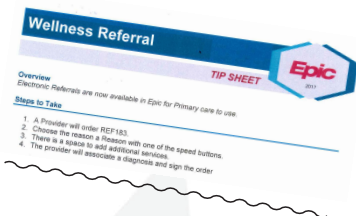
Refer Your Patients with Chronic Disease



Refer patients to the **Healthy Here Wellness Referral Center** where they can be enrolled in **FREE** programs available right in their community.

- Adults and children who have a chronic disease – especially prediabetes, diabetes, hypertension, high cholesterol or obesity – may be referred to the **Healthy Here Wellness Referral Center**.
- **No insurance or documentation is required.**
- Anyone from your care team may refer to the **Healthy Here Wellness Referral Center**.
- Referring a patient is as simple as filling out a Referral Order in **EPIC**.

Type in "Wellness" or Referral Order #183



- Once the referral is received, the **Healthy Here Wellness Referral Center** will contact your patient to register them for free, fun and healthy programs such as healthy cooking classes, food access, physical activity opportunities and chronic disease self-management classes.
- **Providers will be kept informed** about patient participation via a report that is sent to the referring clinic. This report will inform the provider about the patient's registration, completion, satisfaction and if they've been scheduled for anything else.

What **Activities** are available?

- **Chronic Disease Self-Management Classes**
(Spanish classes available)
- **Healthy Here Mobile Farmers' Market** (Seasonal)
- **Cooking for Health**
(Bilingual classes; childcare available)
- **Let's Cook!**
(Family fun activity; Spanish classes available)
- **Presbyterian Health Plex**
(Warm Water Aerobics, fun classes, activities, and state-of-the-art exercise equipment)
- **Running Medicine** (Family fun activity)
- Walking Groups
- Walking Trails
- And MORE!

Rewards and Prizes Given to Patients who Participate!

Class activities are subject to change.

Made possible with funding from the Centers for Disease Control & Prevention.



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