

Have you been diagnosed?

- **Diabetes**
- **High Blood Pressure**
- **High Cholesterol**
- **Other Chronic Conditions**



The **Wellness Referral Center** offers **FREE** programs that can help you!

Rewards and Prizes for those who participate!

- **No insurance needed**
- **All ages**
- **English and Spanish**
- **It's easy and FREE!**

Made possible with funding from the Centers for Disease Control & Prevention, Presbyterian Healthcare Services Community Health and the Presbyterian Healthcare Foundation.

 **PRESBYTERIAN**
Community Health



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Ask your provider today!

