

LINCOLN COUNTY IMPACT REPORT 2020



TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Lincoln County Medical Center (LCMC) and Presbyterian Community Health worked with the Lincoln County Health Council to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. For questions contact Todd Oberheu at toberheu@phs.org or Meredith Root-Bowman at mrootbowm@phs.org.

At-a-Glance

Lincoln County Medical Center offers a range of services focused on improving quality, enhancing the patient experience, and providing care close to home for Lincoln County residents.

TOTAL COMMUNITY BENEFIT
\$4,438,798



Priority Area 1: BEHAVIORAL HEALTH

Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

12 providers received medication assisted treatment training through a New Mexico Department of Health grant for substance use support services

68 inmates were educated through Lincoln County Detention Center's mental health and substance use educational programs

103 school staff, local church members and community members participated in Question, Persuade, Respond (QPR) suicide-prevention training

228 students, parents and educators were reached about the harmful effects of vaping

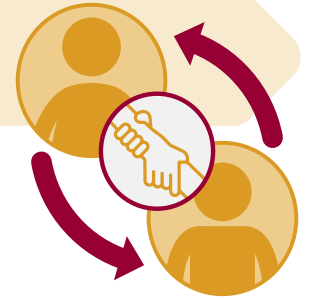
409 community members received counseling, case management and crisis assistance via telehealth through the Lincoln County Community Assistance Program

497 students participated in the Signs of Suicide (SOS) program

578 students, parents and educators learned about the harmful effects of unhealthy substances

937 drug deactivation kits were distributed

\$60,000 was awarded to support new initiatives and telehealth services in the LCMC emergency department



Priority Area 2: SOCIAL DETERMINANTS OF HEALTH

At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.

100 backpacks with food and recipes were distributed through the **Mescalero Backpack Program** and **Food 4 Kids**

\$6,672 in funding from LCMC for **Ruidoso Parks and Recreation**, scholarships to **The University of New Mexico, New Mexico State University**, youth sports programs, and **Warrior Pride** high school boosters





Priority Area 3: ACCESS TO CARE

Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.

- 500** flu shots given in Ruidoso, Mescalero, Capitan and Carrizozo
- 111** emergency department deferrals due to access to counseling service
- 14,000** health and wellness guides mailed to residents

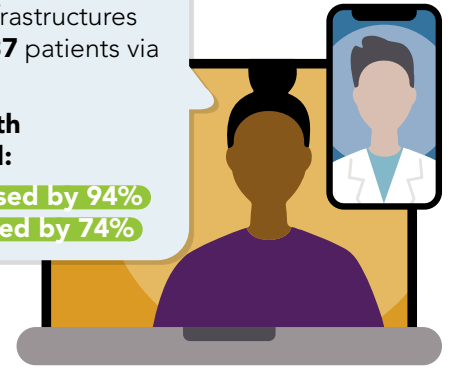
New Services at LCMC in 2020

Nuclear medicine, expanded cardiology services, in-house MRI services, total joint (shoulder/knee) replacement surgery, all private rooms

In response to the COVID-19 pandemic, Presbyterian used new infrastructures to provide care to **469,637** patients via telephone and video.

Use of existing telehealth platforms also increased:

- PHS Online Visits **increased by 94%**
- PHP Video Visits **increased by 74%**



Priority Area 4: HEALTHY EATING AND ACTIVE LIVING (HEAL)

Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.



LCMC received a grant to work with a local educational co-op to produce breakfast, lunch and snack for an early head start program



33 people participated in a fitness challenge and recipe demonstrations



272 students, parents, educators and community members walked in the **Suicide Prevention Glow Walk**

Responding to Community Needs during the COVID-19 Pandemic

Lincoln County Medical Center worked with the Village of Ruidoso and other government entities to provide public education and promotion of COVID-19 safe practices.

The medical center stood up the first COVID-19 testing site in Lincoln County and provided approximately **50** COVID-19 tests per week in Ruidoso, Capitan and Carrizozo.

Lincoln County Assistance Program licensed counselors provided **434** pandemic mental health wellness checks to the community.

