

CENTRAL NEW MEXICO IMPACT REPORT 2020



At-a-Glance

Presbyterian's central delivery system offers a range of services throughout the Albuquerque and Rio Rancho area, all focused on improving quality and enhancing the patient experience.

**TOTAL COMMUNITY BENEFIT
NEARLY \$80 MILLION**

TOGETHER WE ARE BUILDING A CULTURE OF HEALTH

Presbyterian Hospital, Presbyterian Kaseman Hospital, Presbyterian Rust Medical Center and Presbyterian Community Health worked with the Bernalillo, Sandoval, Torrance and Valencia Counties' health councils to complete a Community Health Assessment (CHA) and a Community Health Implementation Plan (CHIP) for 2020-2022.

This report summarizes the progress to date on the four community-informed priorities below. For questions contact Leigh Caswell at lcaswell@phs.org.



Priority Area 1: BEHAVIORAL HEALTH

Presbyterian's behavioral health initiatives work to address mental health and substance use to include prevention and treatment.

136 providers trained and certified in X Waiver to prescribe suboxone by the end of 2020

117 people trained in Mental Health First Aid

In Torrance and Valencia Counties, **895** medication disposal bags and boxes were distributed, in Torrance **220** people were trained in behavioral health and substance use anti-stigma training, and **1,750** people were reached through mental health awareness and suicide prevention activities.

Peer Support Specialists engaged with:

- **842** patients at Presbyterian Hospital
- **489** patients at Presbyterian Kaseman Hospital
- **348** patients at Presbyterian Rust Medical Center
- **50** Neonatal Intensive Care Unit (NICU) family participants



Priority Area 2: SOCIAL DETERMINANTS OF HEALTH

At Presbyterian, we recognize that improving the health of our community means addressing their needs beyond the hospital or clinic. Priority initiatives aim to address unmet social needs through connecting individuals to community resources.



10 Community Health Workers embedded within clinics and emergency departments. The **Central NM Accountable Health Communities Program** assists Medicaid and Medicare beneficiaries to access free or low-cost resources to address health-related social needs.

\$7,262 Social Determinants of Health Patient Flex Funds used to support patients with needs not met through other service agencies/funds

\$24,750,000 provided in financial assistance to Central New Mexico patients receiving medical care

\$8,000 given to support the **Mission: Families Initiative**



9,390 patients served at the **Food Farmacy**

- **148** free Uber rides to and from the Food Farmacy

\$10,000 provided to the **Rio Grande Food Project** Weekly Emergency Food Distribution & Urban Garden

- **929,981** pounds of food distributed
- **6** new direct-to-client food box distribution partners. These boxes support families impacted by interpersonal violence, young people, recently housed but previously homeless residents, at-risk and homebound individuals, and the South Valley immigrant community.

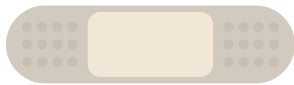
300 Torrance County senior citizens engaged in the Senior Education program - EBT, Fresh Produce, Double-up Food Bucks

62 local farmers supported through local, healthy food purchased for programs



Priority Area 3: ACCESS TO CARE

Presbyterian's Access to Care initiatives increase individuals' ability to manage their health and navigate health and social care.



Community Flu Shots

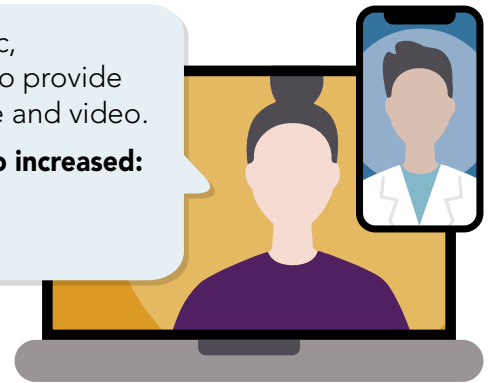
1,229 flu shots at **11** events in areas of Albuquerque with barriers to access to care and with low vaccination rates.

In response to the COVID-19 pandemic, Presbyterian used new infrastructures to provide care to **469,637** patients via telephone and video.

Use of existing telehealth platforms also increased:

PHS Online Visits **increased by 94%**
PHP Video Visits **increased by 74%**

675 Presbyterian staff members trained in **Transgender 101**
As of December 2020



Priority Area 4: HEALTHY EATING AND ACTIVE LIVING (HEAL)

Presbyterian's healthy eating and active living initiatives aim to prevent and manage chronic disease through improving access to local healthy food, health education and opportunities for physical activity.



Free Healthy Meals for Kids

3,644 served at Presbyterian Hospital
876 served at Presbyterian Kaseman Hospital
8,308 served at Presbyterian Rust Medical Center



Healthy Living Classes

4,618 participants **325** classes
Community Health hosts classes that support four key healthcare priorities.
In March 2020, the classes were rapidly moved to an online platform. Because of this, we were able to reach even more people throughout New Mexico.

The meal program was modified to a grab-and-go curbside service due to COVID-19.

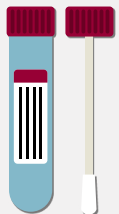
- 400** "10x10" booklets to first through fourth graders in Sandoval County
- 58** patient counseling and education sessions through the Diabetes ReCharge class on diabetes management with a registered dietitian
- 23** front yard edible and healing gardens created for community access to increase food security in the International District
- 16** soil toxin tests and remediation in community gardens
- 47** Home Health Aides received specialized nutrition and food preparation curriculum through the Harvest to Health/Connectando Cosesechas con la Salud program as of December 2020

Responding to Community Needs during the COVID-19 Pandemic

COVID-19 Testing Sites
8 sites in **7** counties. **132,000+** tests completed

COVID-19 Mobile Testing Sites
34,322 tests completed at **22** sites including pueblos, long-term care facilities, fire stations, tribal casinos, Indian Health Services clinics

- \$200,000** given in support to the Roadrunner Food Bank COVID-19 relief fund
- \$7,154** given to the International District Food Distribution COVID-19 relief
- \$2,500** provided in support for local farmers and vendors who fulfilled online and car pickup orders at the 2020 Rail Yards Market ABQ
- 100** face masks donated to the Transgender Resource Center of NM
- 480** facemasks donated to To'hajiilee Pueblo students and families
- 50** purses filled with supplies donated to the Rio Rancho Rotary Club for women facing difficult situations



*In addition to Community Benefit funding, these programs and initiatives are funded in part by Presbyterian Healthcare Foundation; US Department of Agriculture; New Mexico Early Childhood Education & Care Department and the New Mexico Department of Health; Centers for Medicare & Medicaid Services; Centers for Disease Control and Prevention