

Group HMO Silver 7 OFF

Coverage for: Individual or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-356-2219 or visit www.phs.org. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-356-2219 to request a copy.

Important Questions	Answers	Why This Matters:			
What is the overall deductible?	\$0 /Individual / \$0 /Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .			
Are there services covered before you meet your deductible?	Yes. Preventive care and any benefit where there is no charge (except for HDHPs) are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive care</u> without the <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits.			
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.			
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,700 Individual / \$17,400 Family	The <u>out of pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out of pocket limit</u> until the overall family <u>out of pocket limit</u> has been met.			
What is not included in the out-of-pocket limit?	Premiums, <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out of pocket limit.			
Will you pay less if you use a network provider? Yes. See Engage Network @ https://www.phs.org/directory?network=ENGAGE or call 1-800-356-2219 for a list of participating providers.					
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.			



All $\underline{\text{copayment}}$ and $\underline{\text{coinsurance}}$ costs shown in this chart are after your $\underline{\text{deductible}}$ has been met, if a $\underline{\text{deductible}}$ applies.

	Common		What You Will Pay		Limitations, Exceptions, & Other Important	
	Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$35 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	All other services <u>deductible</u> or <u>coinsurance</u> may apply. There is zero cost sharing for any telehealth service.	
ı		<u>Specialist</u> visit	\$90 <u>copayment</u> /visit <u>deductible</u> does not apply	Not covered	All other services <u>deductible</u> or <u>coinsurance</u> may apply.	
		Preventive care/screening/immunization	No charge <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you h		Diagnostic test (x-ray, blood work)	\$100 copayment x-ray \$50 copayment /visit for blood work deductible does not apply	Not covered	Prior authorization is required or benefits may be denied.	
		Imaging (CT/PET scans, MRIs)	30% deductible does not apply	Not covered		

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Preferred Generic Drugs (Tier 1)	No charge (retail) per 30-day supply deductible does not apply / No charge (mail order) deductible does not apply	No charge (retail) per 30-day supply deductible does not apply / No charge (mail order) deductible does not apply		
If you need drugs to	Non-Preferred Generic Drugs (Tier 2)	\$15 <u>copayment</u> (retail) per 30-day supply <u>deductible</u> does not apply / \$45 <u>copayment</u> (mail order) <u>deductible</u> does not apply	\$15 <u>copayment</u> (retail) per 30-day supply <u>deductible</u> does not apply / \$45 <u>copayment</u> (mail order) <u>deductible</u> does not apply	Max 90-day supply at retail. Tier 4 Self-Administered specialty limited to 30-day supply and Not covered at Mail. Preferred insulin or medically necessary	
treat your illness or condition More information about prescription drug coverage is available at phs.org/formsanddocu	Preferred Brand Drugs (Tier 3)	\$75 copayment (retail) per 30-day supply deductible does not apply / \$225 copayment (mail order) deductible does not apply	\$75 copayment (retail) per 30-day supply deductible does not apply / \$225 copayment (mail order) deductible does not apply	alternative will not exceed \$25 copayment per 30-da supply, after deductible has been met. Prior authorization may be required. Pharmacy Transactions where Manufacturer discount or Copay assistance cards are used will not count towards Deductible or Out of Pocket. Refer to the formulary for a complete listing and coverage details. Prior Authorization may be required.	
ments	Non-preferred drugs (Tier 4)	\$150 copayment (retail) per 30-day supply deductible does not apply / \$450 copayment (mail order) deductible does not apply	\$150 copayment (retail) per 30-day supply deductible does not apply / \$450 copayment (mail order) deductible does not apply		
	Self-Administered Specialty (Tier 5)	30% coinsurance (retail) after deductible is met - Limited to 30-day supply maximum / Not covered (mail order)	Not Covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$1000 <u>copayment</u> <u>deductible</u> does not apply	Not covered	Prior authorization is required or benefits may be denied.	
surgery	Physician/surgeon fees	\$1000 copayment deductible does not apply	Not covered	Prior authorization is required or benefits may be denied.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Emergency room care	\$1000 <u>copayment</u> <u>deductible</u> does not apply	\$1000 <u>copayment</u> <u>deductible</u> does not apply	No charge for anything related to COVID-19 screening, testing, or medical treatment. Balance billing is not allowed for out-of-network care.	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance deductible applies; No charge inter-facility deductible does not apply	30% coinsurance deductible applies; No charge inter-facility deductible does not apply	No charge for anything related to COVID-19 screening, testing, or medical treatment. Balance billing is not allowed for out-of-network care.	
	Urgent care	\$35 <u>copayment</u> <u>deductible</u> does not apply	\$35 <u>copayment</u> <u>deductible</u> does not apply	No charge for anything related to COVID-19 screening, testing, or medical treatment. Balance billing is not allowed for out-of-network care.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$1200 copayment/day up to \$2400 max deductible does not apply	Not covered	Prior authorization is required or benefits may be denied.	
owy	Physician/surgeon fees	No Charge deductible does not apply	Not covered	Prior authorization is required or benefits may be denied.	
If you need mental health, behavioral	Outpatient services	No charge <u>deductible</u> does not apply	Not covered		
health, or substance abuse services	Inpatient services	No charge <u>deductible</u> does not apply	Not covered	Prior authorization is required or benefits may be denied.	
	Office visits	\$300 <u>copayment</u> per pregnancy <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventative services. Prior Authorization is not required for maternity ultrasounds.	
If you are pregnant	Childbirth/delivery professional services	No charge deductible does not apply	Not covered	Prior Authorization is not required for maternity ultrasounds.	
	Childbirth/delivery facility services	\$1200 copayment/day up to \$2400 max deductible does not apply	Not covered	Prior Authorization is not required for maternity ultrasounds.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Home health care	30% <u>coinsurance</u> after <u>deductible</u> has been met	Not covered	Coverage is limited to 100 days/plan year. Prior authorization is required or benefits may be denied.	
	Rehabilitation services	\$35 <u>copayment</u> <u>deductible</u> does not apply	Not covered	Prior authorization is required or benefits may be denied.	
If you need help	Habilitation services	\$35 <u>copayment</u> <u>deductible</u> does not apply	Not covered		
recovering or have other special health needs	Skilled nursing care	\$1200 copayment/day up to \$2400 max deductible does not apply	Not covered	Coverage is limited to 60 days/calendar year. Prior authorization is required or benefits may be denied.	
	Durable medical equipment	50% <u>coinsurance</u> after <u>deductible</u> has been met	Not covered	Prior authorization is required or benefits may be denied.	
	Hospice services	\$1200 copayment/day up to \$2400 max deductible does not apply	Not covered	Prior authorization is required or benefits may be denied.	
	Children's eye exam	No charge deductible does not apply	\$55.00 copayment deductible does not apply	One eye refraction exam associated with post cataract surgery or keratoconus correction per year is covered; additional charges may apply.	
If your child needs dental or eye care	Children's glasses	No charge <u>deductible</u> does not apply	\$40.00 copayment deductible does not apply	Eyeglasses and contact lenses within 12 months following cataract surgery or for the correction of keratoconus is limited to once a year; additional charges may apply	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)

- Long-Term Care
- Non-Emergency Care When Traveling Outside the U.S.
- Private-Duty Nursing
 - Routine Foot Care * Only covered when medically necessary for diabetes. See GSA for details.

 Dental check up (Child) - Coverage is available in the Insurance market and can be purchased as a stand-alone product.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion Services (excepted and non-excepted)
- Chiropractic Care (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Routine Eye Care (Adult) limited to one eye exam per year only

- Acupuncture (20 visits per calendar year unless for rehabilitative or habilitative svc)
- Hearing Aids

Weight Loss Programs

Bariatric Surgery

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>appeal</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standard, you may be eligible for a premium tax credits to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-356-2219.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-356-2219.

如果需要中文的帮助,请拨打这个号码 1-800-356-2219.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-356-2219.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

Peg is Having a Baby



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Managing Joe's type 2 Diabetes

(9 months of in-network pre-natal care and a hospital delivery)		(a year of routine in-network care of a well- controlled condition)		(in-network emergency room visit and follow up care)	
The plan's overall deductibleSpecialistHospital (Facility)Other	\$0 \$90 1200% 1200%	The plan's overall deductibleSpecialistHospital (Facility)Other	\$0 \$90 1200% 1200%	The plan's overall deductibleSpecialistHospital (Facility)Other	\$0 \$90 1200% 1200%
This EXAMPLE event includes services li Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood visits (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700.00	Total Example Cost	\$5,600.00	Total Example Cost	\$2,800.00
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0.00	Deductibles	\$0.00	Deductibles	\$0.00
Copayments	\$3,400.00	Copayments	\$1,000.00	Copayments	\$1,300.00
Coinsurance	\$0.00	Coinsurance	\$200.00	Coinsurance	\$100.00
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60.00	Limits or exclusions	\$20.00	Limits or exclusions	\$0.00
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The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Mia's Simple Fracture